Campus victims of sexual violence

Male and females are subjects of sexual crime. Between the ages of 18 and 25, one in four women and one in eight men are likely to be victims of sexual crimes.

According to The Center for Public Integrity, fewer than 1 in 20 completed and attempted rapes against college women are reported.

Candy Stallings, Executive Director of the San Bernardino County Sexual Assault Services (CSAS) described in an e-mail why the victims are more inclined to keep quiet about their trauma as opposed to talking to someone about it.

“People are afraid of being blamed because of the stigma and societal norms that have been indoctrinated in us,” said Stallings.

The SBAS responds to reports of sexual assault 35 to 40 times a month. This has been a national issue, and many students are starting to take legal action.

According to Alfajero, current students and alumni at Occidental College, a private university in Los Angeles along with high profile attorney Gloria Allred, threatened the University with a civil lawsuit with accusations that the university had mishandled previous sexual assault and rape cases.

“The person who raped me had been found responsible for raping three women, continued on pg. 4

Troubled San Bernardino seeks new leaders

By MARION GIL
Staff Writer

San Bernardino held its general elections on Tuesday, Nov. 5. The major position up for election was mayor of San Bernardino while other certain parts of the city also had elections on who would be elected for ward members.

The consequences of bankruptcy, rising crime rates, costly pension obligations, and overall lowered morale are the issues facing each candidate.

All the candidates had an idea on what the top priority of elected officials should be.

For example, in an interview with sanbernardino.citybankruptcy.com, mayoral candidate Karmel Roe explained that the top priority of San Bernardino should be to focus on the rising homeless population and claims it is the “root of our growing financial insolvency at city hall and in the business community.”

Meanwhile another mayoral candidate, Dreymond Crawford, in an interview with sanbernardino.citybankruptcy.com explained the top priority of San Bernardino.

Continued on pg. 4

CSUSB police get shooter simulator

By TORYLLYN QUALLS
Staff Writer

CSUSB police have purchased an active-shooter simulator with funds donated by the University’s Associated Students Incorporated (ASI).

The $40,000 simulator was purchased in response to the Dec. 2012 campus shooting. The simulator is a computer software that is projected onto a wall-sized screen.

The simulator has the ability to allow six officers to be involved in a single simulation at one time. There are six different simulations programmed into the software.

Student Marcus Vega said, “The simulator seems comparable to the Call of Duty video game series, but I can see how officers get real-life training because the ‘bad guys’ in their program react just as they would in real life.”

The simulator copies real life scenarios that the on-campus officers need to be trained and prepared.

Several different weapons, from hand guns to pepper spray, can be simulated in each scenario, and it is up to the officer to choose which weapon should be used.

The program is designed to teach officers when to fire and when no to fire.

CSUSB Police Chief Jimmie Brown told the Daily Bulletin, “I want the community to know our officers are trained to handle certain situations.”

Student Mary Murillo said, “It makes me feel more comfortable at school knowing that the on-campus police department has taken these extra training measures to ensure student safety at school.”

The simulator is manufactured by Ti Training which specializes in custom shooting simulators.

“Having the simulator will make officers even more prepared for a real shooting”

Jimmie Brown
CSUSB Police Chief

Ti Training also offers a “training room” program within the simulator.

The “training room” is an interactive classroom which “enables the instructor to interact with a group of students and solicit real time feedback through the keypad interface,” according to the Ti Training’s website.

The keypads, similar to the “clickers” used in some University classrooms, allow the officers to submit answers by remote control.

Another form of the active-shooter simulator is also being used at The Artemis Defense Institute, in Lake Forest, which the Institute claims, “is the only virtual defense facility in Southern California.”

According to The Sun, The Artemis Defense Institute has trained, “21 police and sheriff’s departments in Southern California.”

The public can try out the simulator at the Artemis Defense Institute for a $50 fee.

According to the Daily Bulletin, University police already hold active-shooter training using Airsoft guns around campus.

“Having the simulator will make officers even more prepared for a real shooting,” said Brown.

Brown told the Daily Bulletin that he plans to make the simulator available for other small law enforcement agencies in the San Bernardino area, which would include community colleges, other universities, and school police for kindergarten through high school.

CSUSB police have taken extra effort by training their officers using this shooter simulator software with the hope of keeping our campus and the rest of the San Bernardino community safe. Campus CSUSB police did comment for this article.

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Victims of sexual violence are more likely to keep quiet about their trauma as opposed to talking to someone about it.

Gallery of sexual violence

Healthy food choices in the commons.

Veteran’s Success Center celebrates U.S. marines.

CSUSB police get shooter simulator.

Alumnus Alyssa Flores is new asst. softball coach!
The coalition of congressmen have introduced anti-government surveillance legislation.

This is in response to months of reports on the National Security Agency’s unlawful spying on citizens, according to a press release from the Young Americans For Liberty (YAL).

“YAL seeks to identify, educate, train and mobilize students on the ideals of individual liberty and the U.S. Constitution,” as stated on their press release.

The purpose of this legislation (USA Freedom Act) would be to reform the USA Patriot Act of 2001.

The Patriot Act was constructed and passed in the wake of September 11, 2001. The original intent was to strengthen the country’s security on the domestic level.

It was also intended to provide more power to law enforcement agencies in order to seek out and stop terrorists.

The Patriot Act has been controversial from day one and many feel that it infringes on the civil liberties of U.S. citizens while others believe that essentially gives the government too much power.

More specifically it is the right to privacy and the freedom from unreasonable searches and seizures.

This is protected under the fourth Amendment of the United States Constitution that concerns critics.

Another concern are the rights of due process and a trial by jury, protected by the fifth and sixth Amendments.

Critics feel that these amendments are infringed because witnesses and suspects of terrorism can be detained without lawyer access, hearings or any formal charges.

On the other side, supporters feel it has been vital to many terrorist investigations since its implementation.

One main argument for supporters is that there has not been one terrorist attack on U.S. soil since September 11, 2001.

In fact, according to the National Security Agency (NSA), dozens of terrorist plots have been stopped due to powers given by the Patriot Act.

The Patriot Act was supposed to expire in 2011, but was given a four-year extension when President Barack Obama signed the Patriot Sunsets Extension Act of 2011.

The extension only applied to three provisions of the initial act: Searches of business records, roving wiretaps, and conducting surveillance on individuals.

These extensions are not related to terrorist groups who are suspected of terrorist-related activities.

The new legislation was authored by Senator Patrick Leahy, Democrat, and House of Representatives member James Sensenbrenner, Republican, who were both original supporters when the Patriot Act was first adopted.

It is actually the second attempt to reform the Patriot Act, as earlier this year another amendment failed to pass in July by only 12 votes.

Continued on Pg. 4
News

New law will ban lead ammo in 2019

By CLARISSA TOLL

Staff Writer

Lead ammunition will be illegal in 2019. Governor Jerry Brown signed Assembly Bill 711 into law on Oct. 11, making California the first state to outlaw lead bullets for hunting purposes.

The legislation was pushed by the Humane Society of the United States and will be put into effect due to continued lead poisoning found in California wildlife.

The LA Zoo is currently treating 21 California Condors for malnutrition and having a disease that stops the stomach from moving food, according to Zoo officials in a recent press release.

Scientists believe these are symptoms from the birds' ingesting lead pellets. According to a press release from the Center of Biological Diversity, “Nationwide, millions of non-target birds and other wildlife are poisoned each year from scavenging carcasses containing lead-bullet fragments, eating lead-poisoned prey, or ingesting spent lead-shot pellets, mistaking them for food or grit."

The Center of Biological Diversity states that 130 species of wildlife contracted lead poisoning due to used lead ammunition.

Dr. Nicole Bournias-Vardiadis of the CSUSB Biology department explains that wildlife who ingest this lead contamination can suffer from health issues such as heart and liver failure, and muscle wasting.

Although the state mandate will not come into effect until Jul. 1, 2019, California Fish and Game are to begin processing and promoting the legislation as early as 2015. Many firearm associations and organizations are protesting AB 711 because of the havoc they believe it will cause on hunting.

“Alternative ammunition made with brass can be classified as armor piercing ammunition that is illegal to make, sell or possess unless the federal Bureau of Alcohol, Tobacco, Firearms and Explosives (ATF) grants special permission,” stated the National Shooting Sports Foundation.

“As the Humane Society of the United States knows, ATF refuses to grant manufacturers the needed waivers to produce and provide alternative ammunition. This is one key reason why every major hunting organization in California and nationwide understand that an enacted AB 711 would amount to ban on hunting,” added NSSF.

Although strong voices oppose the bill, many humane organizations call for continued support and recognition. The ASPCA urged their audience to thank the governor for passing the mandate to protect the “vulnerable wildlife.”

Hunters and gun owners also are speaking out on the issue. Bronson Benzien, a local college student who uses 200-500 lead ammunition rounds for target shooting per month stated, “I am not surprised by this new mandate. California has been vigorously passing anti-gun laws left and right over the past 12 months.”

“Of course there are ulterior motives behind the bill. California wants to reduce the amount of gun-owning citizens in the state and therefore continues to pass absurd bills that do not protect anyone or anything and only put burdens on gun owning citizens,” added Benzien.

The six-year span in between signing and implementation of legislation is due to the necessary time needed for manufactures and programs to adhere to the new regulations, such as, expounding on the definition of armor piercing ammunition to better inform producers and consumers of the alternative products.

Further details on Assembly Bill 711 can be found at leginfo.legislature.ca.gov.

Revolutionary 3-D printer: Cool yet dangerous

By YARA DEL RIO-DOMINGUEZ

Staff Writer

3-D printing is rapidly growing among many businesses throughout California, many of which include the medical device industry and aerospace companies.

CSUSB professor Kurt Collins said, “Many companies now are opting to use software such as Sketchup and Autopad to prototype their design for a cheaper price.”

Many of these companies have gotten rid of their draft boards and converted using 3-D printers to produce their own blueprints first hand.

The process of making a 3-D object is somewhat simple, the printer extrudes a specific type of plastic, and it has to be a substrate that will melt making a solid model of any virtually an shape from a digital model.

Companies are investing in 3-D printers to make rapid prototyping as it costs much less to print out a prototype in 3-D using plastic than sending a prototype out and having it made out of metal at a higher cost.

3-D printers have expanded from the professional industry to the homes of graphic designers for the low price of $1,200.

Student Ariana Pickens said, “It’s pretty cool to be able to have your own 3-D printer, you can have one in any color and make whatever you want from iPhone cases to cups and bowls for your kitchen.”

The website cu-bify.com states 3-D printers customers can buy and sell back finished prototypes as well as templates for others to use.

Student Arturo Llamas said, “As a graphic designer 3-D printers help me express myself, having access to a 3-D printer here on campus puts me over the edge after I graduate because not many students have access to these kinds of printers as do we here on campus.”

3-D printers are not recommended to the average person, due to the expensive price and/or lack of knowledge of using the 3-D printer.

“An average person who doesn’t know what potential you can use a 3-D printer, will not see it as a necessity to own,” said Llamas.

CSUSB student Murad Kakish said, “If I had the money and knew how to use it I would definitely buy one to make my own household items I wouldn’t have to waste money on things like silverware.”

There is a limitless amount of things to print with a 3-D printer, in most recent news many people raised concern for the potential for 3-D printing weaponry.

“The amount of things you can do with this kind of printer is limitless, there are videos on YouTube of a 3-D printed assault rifle actually shooting rounds,” said Kakish.

CNN reporter Laura Smith-Spark said, “Instructions for printing a 3-D handgun were shared online and were downloaded more than 100,000 times before they were removed.”

There is still debate on the restrictions the public should have or should not have on what they can produce and print.
CCBriefs:
By BRENDA SERVIN
Staff Writer
Nov. 5: China’s pollution destroys surveillance

The United States lost its vote at the United Nations Organization for Education, Science and Culture (UNESCO) on Nov. 8, according to The New York Times.

“The person who raped me had been found responsible for raping three women, yet he will be allowed to come back to Oxy in the fall,” said student Carly Mee said in a news conference led by Alfred.

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Opinions

Commons provides healthier food options

By MARIA PERRY
Staff Writer

Limited food options at CSUSB should make students think twice about what kind of nourishment they need to be consuming.

The two main on-campus food locations are the Student Union and the Commons. I think the Commons provides more healthier food option than the Student Union.

While it may still serve a lot of greasy food, the Commons at least gives people the choice between eating healthy or eating junk food. The food is prepared right after you order, making it fresher.

The Student Union has mostly fast food places while the Commons has different stations where students can get food.

In our hectic and often rushed schedules, we tend to go for what is fast and affordable. We tend to buy food that we find most satisfying, in taste, quality and desire. Sometimes we are influenced by where our friends tend to congregate.

When asked how he decides where to eat, student Luis Muñoz said, “In the Student Union because I like that they have more of a variety of food. The Commons just becomes too crowded and I don’t know that many people in the Commons, while I know more people in the Student Union.”

When asked whether the Commons or the Student Union had healthier food options, said Muñoz, “I would definitely have to say the Commons. They have more access to vegetables and fruits while the Student Union has more greasy Junk food.”

Student Eloy Carlin uses a different method when it comes to choosing where to eat.

“I don’t really look at the healthiness, I just look at the quality of the food. If it tastes good, I eat it,” said Carlin.

Julian Srutz, when asked about which is healthier was indifferent to both locations.

“The Commons because everything is freshly made,” said Srutz.

“In reality, it’s all fast food here, minus the fruit stand outside.”

The Student Union still has healthy options such as Subversions, a sandwich place, and the Coyote Market, a snack store which allows the students a little more choice. Although it still has mostly junk food.

These places give the students more freedom in deciding what they eat and how their food is prepared.

Only downside about the Commons is a large number of people wait in line, sometimes it takes a while for your order to be taken and food prepared.

While one venue may be healthier than the other, they both still need some improvements.

When asked for more diverse food places such as authentic Mexican, Chinese, or Vietnamese food. Most of the people I interviewed also agreed with more diverse food places such as authentic Mexican, Chinese, or Vietnamese food.

At the end of the day it all comes down to our eating decisions and what we put into our bodies, even though the school provides us with limited options, they have not limited our ability to choose.

Limited food options at CSUSB should make students think twice about what kind of nourishment they need to be consuming.

While one venue may be healthier than the other, they both still need some improvements. Limited food options at CSUSB should make students think twice about what kind of nourishment they need to be consuming.

Finding a good place to study for finals this quarter can be the difference between a passing or failing grade.

I love the upstairs of the Student Union to study.

It may seem loud and full of people in the main downstairs rooms and food areas, but the building is full of little corners to escape.

A good encouragement for studying in the student union for me is food and refreshments are never too far away. Which doesn’t require pulling yourself away from study mode to get a Starbucks or a bite to eat.

For me, the John M. Pfau Library is way too excluded to focus.

Every little noise I made seemed like a catastrophic avalanche.

Unzipping my backpack, plugging in my laptop and drinking water all seemed loud and annoying to the three other students around me.

While the Library has its attractive cubbyholes to study in, so does the student union.

At the end of every hallway in both the downstairs and upstairs, there are couches, tables, chairs, plugs and varying levels of quietness.

Whenever someone comes to these spaces and disrupts the quiet by talking, I politely ask them to respect the space and if they are going to talk there are other places to go on the main floor.

I think students blow off the student union as a good place to study because of this problem.

If you can speak up when needed and find good corners the Student Union it can be the best place to study.

While I enjoy studying at the Student Union others named it the worst place to study on campus by three other students.

Students Mauricio Ayala Flores, Catharina Danh, and Christina Carino laughed when I told them people study in the Student Union.

“That’s crazy!” Said Carino. “I really need to be on my own when I study; even people walking by can be too distracting. All those little study areas in the third through fifth floor of the Pfau Library is the best place on campus to study.”

“SMSU is the worst because there is too many people in there,” said Flores, agreeing with Carino.

Mauricio Ayala Flores likes to study at the fifth floor of the library for, “its quiet cubbies and large windows that have an awesome view.”

Riley Booras likes to study in the Student Union but for different reasons than I. He studies on the main floor.

Booras also recommended the Cross Cultural Center to study if you are studying for a test. “It’s quiet and its not too crowded,” said Booras.

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Catherine Danh, said she likes to keep her relaxing space and her work space in two spheres, and she’s able to do that in the upper floors of the Pfau Library.

I save myself the headache and hunger when I study in the student union.

Though it’s not a good fit for everyone’s study habits, it’s worth a try to see if studying in a new place is the jump start you needed to get ahead.

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Public security needs to carry weapons

Recent tragedy at LAX shooting calls need for guards to be armed

By ANDY QUINTANA

Staff Writer

Those who are designated to protect the public should be armed.

The recent incident at LAX that left one dead and several injured has now gotten people to think about having armed security agents.

The fact is that most hired security guards are there to protect you but most are completely unprepared for the unknown.

"I think that for the well being of the people, security should be given the means to protect the people from any unfortunate event," said student Adam Ghossein.

"But I think before we arm security guards with a gun, they should be properly trained and licensed."

It is not enough for security guards to be able to carry a firearm; they have to be prepared for any possible scenario.

According to the Wall Street Journal, when the Transportation Security Administration (TSA) was created in 2001, armed agents were posted at major U.S. airports. Since then, agents were moved away from security checkpoints because it was seen as an 'ineffective use of resources.'

"I feel that some of the security guards should have the proper training in knowing how and when to use a weapon."

Student Kevin Schaefer specifies that any law enforcement employee should obtain a "basic level of training in order to carry and use a handgun."

"I think people would feel safer if a security officer had a gun," said Schaefer. "But then there's always the risk that the same gun can be used against them."

Some students have expressed that arming security guards would only lead to more problems and headaches, especially if the guards in question have not had proper training.

"As a son of someone who works in the TSA, I feel that issuing a weapon to all security officers would not be ideal," said student Erwin Griños. "Maybe having certain armed officers present at check points could reduce risks, but issuing one to every guard could make people uncomfortable."

"I don't believe security guards should be armed because I do not feel they have the proper training to be equipped with a weapon," said student Wendy Padron. "I personally wouldn't feel safer because it might make an even bigger disaster."

When I walk through LAX security check line I would feel more at peace knowing that there is a trained officer within a close radius of me.

Student Joy Dittermore agrees that all security guards should be armed and ready to defend the general public at a moment's notice.

"Yes, I think all security guards should be armed," said Dittermore. "Because you never know what's going to happen and you need to make sure you're protected."

The incident at LAX was something none of us saw coming, and unfortunately, we cannot truly be ready if it does happen again.

Our security has to be on top of its game, because we are depending on them to be.

We want to be able to breathe a little easier whenever we are using public facilities, like LAX.

A change must be made so that public places can one again be safe.
CSUSB celebrated the 238th birthday of the Marine Corps on Nov. 1, where the Veterans Success Center co-ordinator Marci Daniels and student and Marine Reuben Porales organized an event honoring the Marines Corps. The Marine Corps was established on Nov. 10, 1775 and has since distinguished itself as one of the most prestigious military fighting organizations in modern history.

At this time every year, Marines are called together to celebrate the accomplishments of the past as well as honor those who have served in the past. Daniels said, “The traditions of all branches are very important to us.” She continued, “It’s what makes us unique.”

The atmosphere of the event was filled with both solemn respect and inspirational optimism looking ahead to the future for all Marines.

Customary to every Marine Corps birthday celebration, is the message from the Commandant. This year a video was featured honoring the many Marines who have served, reflecting over their time spent with their fellow Marines in battle.

Another tradition of the Marine Corps birthday celebration is the cutting of the cake and presentation of the first and second piece. The first piece is presented to the guest of honor and the second piece is given to the oldest member in attendance, then passed to the youngest member signifying the passing of knowledge and experience from the older generation to the younger.

The event also honored many of those who passed away in service not just in the Marine Corps but in the other armed forces as well. The most significant way this was represented was with the table of the fallen. A table reserved to honor those who had died in service to the military.

Daniels, a military veteran, found the dedication to all five branches very touching. She said, “Having all five branches represented and having the table of the fallen where we can all recognize each other is very special to me.”

CSUSB proudly hosts many events honoring various branches of military services.

This Veteran’s Day on Nov. 11, there will be a float representing Veterans in the Redlands Parade.

On Nov. 12 the Student Recreational and Fitness Center will host a lunch for Veterans, and there are also plans in the works to honor the Veterans with an appreciation night during a basketball game.

The many people who fight for our country deserve to be honored and respected, events like the Marine Corps birthday is a special way of doing it.
Features
Tuesday, November 12, 2013

Jazz ensemble has students Bopping ‘n Hopping

By SUNG WI
Staff Writer

Jazz music rocked the Santos Manuel Student Union on Nov. 5, as the annual event known as Bop n’ Hop. The event was held by Dr. Robert Knop, CSUSB Jazz and Samba director.

The music was conducted by Dr. Knop, kicking off the musical set with vocalist Denise Tillman.

After a few songs, Dr. Knop brought up vocalist Denise Tillman who received great applause from the audience for her performance. Music was swinging and the party had begun.

“I just love jazz,” said attendee Kenneth Ross as he tapped his foot to the music. “I also like dancing to Jazz. I wish I would’ve arrived earlier!”

After the last song, “Sing, Sing, Sing” by Louis Prima, visitors applauded in ovation and left the hall humming and swaying.

Dr. Knop commented afterward about the event, describing why there was such a huge turnout.

“They like jazz because they like to feel the rhythm, and the performance of Jazz improvises. People tap and snap while listening jazz.”

He said that he held the event because he wanted to provide students with swing music in jazz form.

CSUSB Jazz Ensemble welcomes all students of all majors who are interested in performing with them.

If you are interested in joining the ensemble, contact Dr. Knop via e-mail rknop@csusb.edu or by calling (909) 537-5463.

More upcoming music events will be promoted on their CSUSB music Facebook page and also on the music department web page at music.csusb.edu.

Hungry students should head over to Highland bar

By COURTNEY MATA
Staff Writer

Craving some good food, but don’t want to have to take out another student loan to afford it?

Students on a budget should check out Sports Watch Bar and Grill (SWBG) located in Highland for some tasty yet decently priced food.

The restaurant is located 12 miles from campus off the 210 freeway and I think it is worth the drive.

With over 50 HD television sets on different channels, sport enthusiasts won’t miss a single play. There’s even a TV in the restroom too!

When it opened in 2011, SWBG wanted its main focus to be about sports; so when you first enter the bar, you are surrounded by sports memorabilia and TV screens filled with sporting events.

Every wall is lined with sports memorabilia, with everything from cool sports equipment to actual signed balls, jerseys, gloves and anything else you’d want to see at a sports bar.

They play all the big games and also like to hold many raffles during the games.

The SWBG was created with the help of San Manuel and is located next to the Hampton Inn. Guests at the Hampton Inn are allowed a free shuttle to the casino and back.

It’s a guaranteed designated driver!

The bar encourages safe driving habits by offering the designated driver free fountain drinks or coffee beverages.

On Fridays and Saturdays the bar either has a live band or a DJ to entertain the guests, unless there is a major sporting event going on then the event gets priority.

On a recent trip to SWBG, another student and I were very pleased with our experience. The general manager even gave us a tour of the restaurant!

The restaurant offers many affordable specials for guests throughout the week.

The lunch special I had was $7.77 and I have no complaints about the food. It was both fresh and delicious.

The special included a choice of sandwich or burger with french fries, a variety of salads, fettucecina allfredo or a teriyaki chicken bowl.

The lunch special is Monday through Friday from 11 a.m. to 4 p.m.

The SWBG has happy hour Monday through Wednesday, 3 p.m. to 6 p.m., Saturday from 1 p.m. to 5 p.m. and Friday from 3 p.m. to 7 p.m. It includes 69 cent wings and other drink specials.

Lastly, every third Thursday of the month SWBG hosts what they call “Thirsty Thursday,” where all Hangar 24 craft beers are only $1 to $1.50.

The average price for a meal was about $10 on the menu, which I think is a fair price.

The restaurant also has a moderately sized banquet room that can be reserved for meetings, private parties or special occasions.

Sports, food and drinks aside, SWBG said that they like to support the community by hosting fundraisers for schools around the area.

This is a great way to experience a good time, good food, great drinks all while helping raise money for local schools.

If you are craving some yummy food at a reasonable price, then you should grab a friend and head over to Sports Watch Bar and Grill.

Sports Watch Bar and Grill’s Big Smokey Burger is topped with BBQ sauce, yellow cheddar and beer battered onion rings.
**Climate change is the reason for wildfire season**

**By KENNETH YOUNG**
Staff Writer

From San Bernardino to Sydney, wildfires are common in dry climates, but is climate change a contributing factor? There have been a number of brush fire incidents within San Bernardino County, including the Old Fire which occurred 10 years ago in the San Bernardino Mountains. Australia also experiences this problem as well, and in an article posted by ausopinion.com, Staff Writer Ed Butler makes the claim that climate change can be seen as a contributing factor.

“Rising temperatures means more days of extreme brush fire weather,” Butler wrote. “More brush fire weather means more brush fires.”

These claims were made amidst Australia’s hottest October in history, where brush fires swept through Sydney’s western suburbs. Despite the evidence used to support his claims, not everyone accepts the link between climate change and the increase of brush fires. One of the biggest climate change skeptics is the recently elected leader of Australia. According to the Huffington Post, Australian Prime Minister Tony Abbott denied the link between climate change and brush fires, stating that it is “complete hogwash.”

In regards to the recent fires in Sydney, Abbott attributed them to the dry climate experienced throughout Australia’s summer season. “These fires are not a function of climate change they’re just a function of life in Australia,” Abbott said.

Wildfires are caused by hot, dry conditions. “Brush fires have always happened in Australia,” Butler stated. “Climate change is making them worse.”

Whether you believe in climate change being a contributor or not, the question is: What can be done to prevent them?

By stating that wildfires are simply a part of life in Australia, I believe that Abbot is conceding that there are no measures that can be taken in order to stop them, that they are simply inevitable. Furthermore, Australia isn’t alone in having conditions which brush fires can escalate.

Recently, San Bernardino County has had its own problems. California Republician Assemblyman and hopeful governor Tim Donnelly has previously echoed similar sentiments to Abbott.

According to SFGate, Donnelly dismissed California’s climate change law as a “joke killer.” Despite there is a tiny, tiny minority of environmental extremists who have taken control of California and they’re pushing what is a religion on me, and on every business owner in this state, and you know what, I thought we had a separation of church and state,” he said in council meeting recorded on YouTube.

However, climate change may be making more of an impact than people give it credit for. According to ABC7, almost 400 firefighters tried to contain the fire, which burnt 200 acres on Sept. 24. On Oct. 27, the San Bernardino Sun newspaper reported that a man from Redlands, who was missing for five days, was found in Coldwater Canyon. It was reported that he created a fire in order to stay warm; but it soon escalated and burned an area of 20 by 30 feet. This prove that fires can easily get out of hand.

These incidents, both in Australia and America, all happened within a period of two months. While this could be written off as a seasonal problem, it is important to note that Australia and America have opposite seasons. I believe climate change needs to be further examined by political leaders so that wildfires can be further prevented in the future, despite their personal beliefs.

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**Hurry! Get your holiday head start and Save now for that perfect gift**

**By BRITTANY CROW**
Staff Writer

A stress-free holiday season starts with a budget and with only a few weeks away, it’s time to start thinking about the season of giving!
The upcoming holidays will have your savings in a bind if you don’t start budgeting to catch those great sales! If you have participated in Black Friday, you know you must prepare for it mentally. But where do you start when it comes to budgeting?

Here are some tips that can help you prepare for the madness!

Student Sara Sells shared her budgeting strategies for the holidays and how she prepares.

Sells explains that she gets a little stressed about finances during the holiday season.

“I try to be proactive and start putting some money aside in September or October so I don’t freak out completely,” said Sells.

Putting aside a few months before the holiday season is a great way to help you budget and will prevent you from splurging all at once. Sells suggests students to do some comparison shopping to make sure they find the best deals on everything they need.

Another key to review your expenses before going out shopping; it’s the best way to help you avoid holiday debt.

Student Brittany Lopez mentioned that she puts a large sum of money away into a different account, and doesn’t touch the account until it’s time for her to start shopping.

I stopped by the accounting department on campus and asked Professor Ghulam Sarwar a few questions regarding saving and budgeting for the holidays.

Sarwar recommended starting a financial plan ahead of time.

He usually shops in store because online-line shopping can add a lot of taxes at the end of your order.

Sarwar feels everyone should be disciplined when it comes to shopping, meaning to not go out with a group of friends to do your holiday shopping because you can find yourself spending more than you had hoped.

Try setting aside time to write down what you need to buy before going shopping.

When you have a list of things that you need to purchase for and you plan out what you want to purchase for each of them, your shopping will go smoother. Student Meagan Hudson expresses that during the holiday season she does a lot of window shopping until it comes time to start purchasing gifts.

Hudson’s idea of budgeting during the holiday season is going at the last minute, something that others try to avoid at all costs.

This allows her to better keep track of what money is coming out of her spending account.

Budgeting every expense during the holiday and being watchful of your account is: What can be done to prevent them?

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**By DONTE MELDER**
Staff Writer

Microsoft and Sony are once again slated to go head to head in the release of their new gaming systems the Xbox One and PlayStation Four. The release of these gaming systems call upon a gamer’s allegiance to these two brands.

If you’re considering investing in either of these consoles upon release, let me give you the inside scoop on them.

The gaming systems have a lot in common and thanks to modifications in the policies, there are now positive similarities to the prior Xbox 360 and PlayStation Three.

The Xbox One was originally supposed to come with a completely new digital rights management policy in which gamers were required to connect to the internet once every 24 hours. Microsoft required connection to an online server to enable offline game-play.

Gamers saw this as a negative because internet servers have been known to crash and this would leave them unable to play during these times.

Feedback from Microsoft’s faithful buyers however got Microsoft to go back to the original Xbox 360 policy which allows gamers to play offline.

Sony and Microsoft have chosen to charge for multi-player this time around but Microsoft will lock applications into its Xbox live subscription. Video content such as Hulu Plus, MLB TV and Netflix will not require a subscription to PlayStation Plus.

Consoles will have similar graphics because they both use the same advanced micro devices. Both companies have chosen to use a usual set up which links together both the central processing unit and the graphic processing unit into one complete unit.

Microsoft and Sony have chosen to keep their controllers relatively the same. The PlayStation Four Dual Shock controller is slightly bigger because of the touchpad added to this year’s edition. Consoles have changed their appearance with PlayStation creating a more sleek look. The PlayStation Four is set to release Nov. 15 in the United States and the Xbox One is set to release Nov. 22 everywhere.

The cost for the PlayStation Four will be $399 excluding the PlayStation Four Eye camera, which will cost an additional $59. The Xbox One is set to release at a cost of $499 with the 1080p Kinect camera coming standard.

Sony is banking on beating Microsoft’s sales because they are releasing their product earlier than theirs.

But Microsoft believes that the hype generated by a later single release date will help trump Sony’s sales. Both consoles have very faithful followers and most students are sticking by their choice of brands.

Student Jordan Burris plans on sticking with the Xbox even though the price has risen. He believes that both are the same as far as graphics, but he prefers Xbox online play.

Student Stephanie Villana has a preference for the PlayStation Four because she likes the games that release specifically to the PlayStation.

These game system titans have squared off before. The question is: Who will win this round of game console rivalry?
Indie band sold out show

By MARY MORENO Staff Writer

Finishing their fall tour in Southern California, the indie band Desaparecidos headlined the sold out show in Glasshouse in Pomona and the Henry Fonda theater in Hollywood.

The band is fronted by indie musician Conor Oberst from the band Bright Eyes and supported by Landon Hedges on bass guitar, Matt Baum on drums, Denver Dalley on guitar and Ian McElroy on the keyboards.

Their music is heavily laced with social and political themes which transcend the catchy guitar riffs.

Many fans figured that they would never have the opportunity to see a live performance because they were on hiatus for eight years, but they’re in luck.

They have only released one full length album Read Music, Speak Spanish which is over 11 years-old but their fan base is cult like.

According to Oberst, Desaparecidos originally reunited to raise money for the American Civil Liberties Union (ACLU) in a benefit gig at Omaha’s Concert for Equality in July 2010.

He attributes the fundraiser to helping get the gang back together and demonstrating that there was a need for socially conscious music.

Adoring fans lined up around noon in front of the venue in hopes of getting a coveted spot on the barrier between the stage and the rest of the audience.

For many it was the first time experiencing Desaparecidos live, the excitement was in the air. The Torrence based band, Joyce Manor opened the show with their angst driven pop-punk sound.

Within in the first two minutes of their set the crowd began to jump and scream along. Soon, there were crowd surfers and waves of people being tossed back and forth to the music.

By the time that Desaparecidos entered the stage the first few rows of people were drenched in sweat and elated to see the men of the hour.

The crowd surfing from Joyce Manor’s set carried over and doubled.

A large group of men who may or may not have been associated formed a mosh pit which engulfed the front part of the stage.

The set had high energy. Musically Desaparecidos was tight knit between each song Oberst chimed in with wonderful sociopolitical commentary.

He encouraged the audience to not be apathetic and to fight for what they thought was right.

Finishing the set with an encore, which included a cover of “Spanish Bombs” by the Clash.

Desaparecidos closed out the tour on Nov. 4, at the Henry Fonda.

Joyce Manor opened and changed up their set from the previous night adding a new song to the set. The crowd was much more mellow than the previous night and many came in fashionable late.

Oberst joined Joyce Manor on stage and sang a portion of their song “Constant Headache,” adding to the mounting anticipation from the audience.

When the curtains rose for Desaparecidos the crowd stood in awe a glance down the front row and all you could see were teeth gritted.

The music hit hard and fast, there were beautiful moments when the singing from the audience overpowered the vocals on the speakers.

Everyone was mesmerized by the music and empowered by the earnest lyrics.

The excitement of the night did not die out when the curtains closed.
Stars join forces to stop diabetes

By ABIGAIL TEJADA & ALYSSA GRADIAS
A&E Editor & Staff Writer

The American Diabetes Association hosted the annual Step Out Walk to stop diabetes on Nov. 2.

More than 4,000 local walkers attended, including the wonderful siblings Jillian Rose and Robbie Tucker who have worked closely with ADA ever since their older brother was diagnosed with Type 1 diabetes.

November is Diabetes awareness month and currently there are nearly 26 million Americans who have diabetes.

In efforts to raise awareness stars gathered up at the Step Out Walk for the ADA.

Stars from the MTV hit show “Awkward” made an appearance such as Jillian Rose, Kelly Sry, and Wesam Keesh. Robbie Tucker from “See Dad Run” appeared as well did child star from TV show “Paradise”, Xolo Maridueña and Benjamin Stockham from About a Boy also appeared.

Along with Katrina Parker from season two of “The Voice”.

Each star expressed their excitement for participating in this walk and gave some insight on their current and upcoming projects.

Coyote Chronicle: What motivated you to get involved with the ADA and to participate in this walk?

Katrina: “I think all of us have family members or friends that are affected by diabetes so I feel like this is a universal cause and it’s something that with education can be managed and caught early on.”

Kelly: “I really wanted to support Jillian and my mom just got diagnosed with diabetes so it’s really important to me to come out here and show support.”

Xolo: “One, is that I really want to help kids with diabetes and I think it is really important. And two, I really like walking and exercising so it’s like two in one.”

Ben: “Diabetes and stuff like that are a really big problem and I want to do the best I can to make sure it’s not a problem anymore.”

Wesam: “A lot of my family members have diabetes so I wanted to come out here and bring awareness.”

Robbie: “Well me and my sister we do it every year and we do it for my brother, he has diabetes.”

Jillian: “My older brother was diagnosed with diabetes when he was 18, so my whole family got involved with the ADA and participate in the walk every year.”

CC: How can other people be aware of diabetes and how can they help?

Katarina: “I think the biggest thing is obviously events like this. I think a lot of people mistakenly think it’s some disease for older individuals. It can happen to anybody and helping bring awareness by knowledge of it can help.”

Kelly: “Well now a days it’s all about social media. Tweet something, hashtag something. It gets around pretty quick.”

Xolo: “I think what a lot of people do is tweeting and instgramming, I think that’s what the cool kids are doing and that’s how I came to promote it.”

Ben: “Diabetes is a huge problem so you have to do the best you can to make sure it’s not a problem.”

Wesam: “A little bit of knowledge can go a long way. People can do a global search to see how many people are affected. Maintaining a healthy lifestyle is a huge help.”

Robbie: “Just keep doing this and get this walk out there and advertisement through TV or billboards.”

Jillian: “Educating yourself, going to events like the ADA, and even donating a dollar to the organization can be a big help. There are so many different ways you can help and anything is appreciated.”

CC: What other charities/organizations are you involved with?

Katarina: “I’m a huge fan of the LA conservancy, obviously it’s not as moving or touching as this but they deal with trying to conserve and keep places from getting torn down, they try to preserve the history of Los Angeles. I’m also a fan of Race for the Rescue which helps rescued animals. I like anything that has to do with helping people and animals.”

Xolo: “Right now, Keep a Child Alive for the AIDS foundation and I just did stuff with them. It’s something fun and for a good cause.”

Wesam: “Yeah, Stand for the Silent, it’s an anti-bullying campaign and I did the AIDS walk as well.”

Robbie: “We just do this walk every year.”

Jillian: “I work a lot with DoSomething.org, which is a non-profit organization that gets young people involved with things that they are passionate about, it helps them find a way to get involved.”

CC: Career wise, what other projects are you working on?

Katarina: “I released an album in September so with that it’s really about performing anywhere to try and get the album out there. I’m doing a show in December and it’s an acoustic show. I also have a couple Christmas songs coming out as well.”

Kelly: “Awkward is great. The cast is really close, we hangout and go out together. I also have a new show coming out called Betas, it’s on Amazon.”

Xolo: “I love working on Parenthood. The cast is amazing and it’s so humbling to be on that show.”

Ben: “My movie just came out recently called Country Christmas and I have a TV show coming out in December called About a Boy.”

Wesam: “I’m lucky to be working on Awkward right now. The cast and everyone is great. One of the best shows I’ve ever worked on.”

Robbie: “I do have stuff I’m working on but I can’t say too much about it.”

Jillian: “I’m actually shooting the last 16 episodes of our third season of Awkward, which airs on MTV at 10:30 p.m. I am also going to be doing a guest appearance on the Disney show called Jessie, so I start shooting that this coming week.”

Jillian also expressed how she is working on an independent film that will be showing in next year’s film festival.

CC: What actors would you love to work with in the future?

Katarina: “I still want to sing with my Voice friends like Chris Mann, he’s like sky rocketed and doing his thing, and I also want to do one with Jamar. And one day my dream will come true and I’ll sing on stage with Dolly Parton, she’s my soul sister!”

Xolo: “I think Robert Downey Jr. or Kevin Spacey.”

Ben: “Leonardo DiCaprio, he’s like my role model.”

Wesam: “I love Pacino, Robert Dinero. I have man crushes on Tom Hardy, Ryan Gosling, maybe do an action thing with them.”

Robbie: “I’ve always wanted to work with my sister and we did a show a couple years ago.”

Jillian: “I would love to work with Jennifer Aniston. ‘Friends’ is the reason I started getting into comedy so working with her would be a dream come true.”

All guests were genuinely sweet off screen and truly seemed to care about the cause.

If you would like to get more involved with the American Diabetes Association visit diabetes.org to find out how.
"Formics." a war against the alien race known as the Ender Wiggin, hypothesizes the future of warfare is depicted through a young boy simulating battles against the Formics.

Donna Tartt’s, “The Goldfinch,” is wonderful literature with narrative composed with energy and power. Tartt creates unforgettable characters which allows readers to capture their individual mysteries.

The story begins with a young boy Theo Decker, who survived an accident that killed his mother. Clinging on to his mother’s love his life begins to spiral into guilt and burden. He observes a painting that captivates his dreams, past, future and fate that’s in-方可tual mystery.


Book lover Diane Prokop said, “This sprawling book explores the themes of love and loss, with its fascinating inner-workings and depth of the art world.”

Readers who enjoy Anna Dickens’ literature, will find themselves also enjoying the beautiful novels written by Tartt.

In Stephen King’s new captivating novel “Doctor Sleep” returns Don Torrance from “The Shining.”

He meets a young 12-year-old girl Abra Stone and becomes mesmerized by her.

Janet Maslin from The New York Times stated, “Mr. King’s earlier books were full of phantoms and demons, but he grew more adept at rooting his dark thoughts and toughest struggles in reality.”

Donald Hillard stated, “I waited with anticipation for Dr. Sleep.”

“I reread ‘The Shining’ to reacquaint myself with the world of Danny Torrance and the Overlook Hotel,” continued Hillard.

This thrilling novel is recommended to the devoted readers of King.

“The Goldfinch” by Donna Tartt, “Doctor Sleep” by Stephen King, “Sycamore Row” by John Grisham, “Bellman & Black” by and “Night Film” by Marisha Pessi are the top five for the must-read books. Go grab your cup of hot tea and read up Cayestad!

**Top five must read books**

By **DAWNNIKA LOPEZ** Staff Writer

As you cuddle up in bed with your cup of hot chocolate, here are a few books you can get lost in during some chilly nights.

Some of the most enjoyable scenes are those of the children working on strategy in the “Battle Room” and the final tests that simulate battles against the Formics.

It pushes the boundaries of a PG-13 movie as the director doesn’t sugarcoat the violence, as some scenes are shocking to watch and can catch moviegoers by surprise if they are expecting a movie geared towards younger viewers.

This can be seen when Ender is put to the test by his fellow classmates, and ob-serve his surprise if they are expecting a movie geared towards younger viewers.

This struggle is portrayed well between Ford and Butterfield. Rob Port of the Say Anything blog said “Ender’s Game” was pretty great.

“It manages to be both a fast-paced … while being a heart-felt story about leadership, loyalty, and the moral ambiguities of war.”

Criticism has fallen on “Ender’s Game,” because of its lack of focus on the questions that the book explores in depth such as the relationship between Ender and his siblings and the time in which Ender is in the academy.

Jeffrey M. Anderson of Combustible. eclectihool.com said, “The movie ‘Ender’s Game’ is so-so, and will probably be so-so for just about everyone, whether they read the book or not.”

Also much criticism can be raised against the buildup of his assumed leadership and how it comes about in the movie.

Many of his classmates are indifferent to Ender and throughout the two hour run-time there aren’t many examples outside of mouthing off to authority figures of why he’s fit to lead a major strike against the Formics.

The final act left a lot to be desired, in what seemed to be a cheap twist as it was slipped in within a few lines of dialogue between Ender and Colonel Gaff.

The ending feels raises questions of the moralities of war and if victory, in any form, is worth the means.

This is a movie that is worth seeing in theaters because of its magnificent CGI, but viewers that love a good story will feel duped.

**Ender’s Game lacks a good story**

By **DEVIN RAMOS** Staff Writer

The future of technology and its place in warfare is depicted through a young boy questioning the morality of it in “Ender’s Game,” which opened nationwide on Nov. 1.

The film, which stars Harrison Ford as Colonel Graff, and Asa Butterfield as Ender Wiggin, hypothesizes the future of warfare and technology as they prepare for a war against the alien race known as the “Formics.”

The sci-fi epic is based on the book by Orson Scott Card and was directed by Gavin Hood, who also directed “X-Men Origins: Wolverine.”

The movie is fun to watch as it boasts extraordinary space battles that are aesthet-ically appealing in theaters with IMAX and XD screens.

Some of the most enjoyable scenes are those of the children working on strategy in the “Battle Room” and the final tests that simulate battles against the Formics.

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This can be seen when Ender is put to the test by his fellow classmates, and ob-serve his surprise if they are expecting a movie geared towards younger viewers.

Ender’s plieght of dealing with his natural abilities of being a commander in battle and having an equal sense of com-passion and empathy takes a toll on him.

He struggles to shed the perception that’s been placed upon him, and often succumbs to his instinct to destroy his en-enemies.

This struggle is portrayed well between Ford and Butterfield.

Reviewer Steve Howes said, “This is a great story. At times it may make you want to resign from the human race due to its pettiness, greed and dishonesty.”

Grisham assures that this is a gripping novel consisting of a powerful testament and a thriller that will catch the reader’s a-tention.

“John Grisham is one of the most pop-u lar novelists of our time. He creates en-gaging characters, and clever plots,” stated Seattle Times.

If you are into high build up of plots, crime, and justice. This literature is recom-mended.

Diane Setterfield’s Bellman & Black captures a haunting moment that has the capability to follow a man forever.

“This story is haunting and unexpect-ed,” stated Marie Gilbert.

The story follows William Bellman who is haunted by a childhood memory that stuck with him, until meeting a strang-er leading to terrible consequences that re-sult with him trying to save what remains of his life.

The novel captures the imagination and enchanting tale of haunting memories and sacrifices.


It tells a haunting tale of a journalist who obsessed over the mysterious death of the daughter of an ic onic filmmaker.

While solving the crime of the horrific murderer, he begins to lose his mind and life, devoting to expose the killer.

“The best I have ever come across au-thentic creepiness, it becomes impossible not turning the pages,” said reviewer Clau-dia Gray.

“Night Film” is a suspenseful creation with that terrorizes the readers.

Each book satisfies the wanderlust within readers with its captivating page-turner.
By ABIGAIL TEJADA

Latin-Afro-Folk band, The Melodic kicked off their tour at the Santa Ana Constellation Room Nov 7, just a few days after releasing their album Effa Parade.

With Huw Williams on vocals and guitar, Rudi Schmidt on the Charango and melodica, John Naldrett on bass, Lydia Samuelson melodica and vocals, and James McCandless on drums, they create beautiful symphonies.

They were kind enough to invite me to their show and allow me to interview them before going on stage.

The band is very much influenced by Southern American music as Rudi had spent three months in South America touring with a traditional folk orchestra from Bolivia.

They consider themselves to be folk-pop but with Latin American and Caribbean influences.

The bands energy and chemistry is so natural on stage. It’s as if they aren’t “working” but just hanging out with friends.

“The group has been together for almost a year now, but Rudi and Huw began teaching themselves guitar as schoolboys,” said McCandless.

The Melodic does not fit the stereotypical music of musicians who didn’t do well in school and just got lucky with music.

All members attended a university, however they later found a different calling in life something that would give them the thrill so many crave out of life.

“I realized I wanted to pursue a career in music after International Relations,” said Rudi.

Music was something that Lydia always held dear to her.

“I knew I wanted to pursue a career in music since I was a child, I started playing the piano at age four,” said Lydia.

Choosing a career in music was not as difficult for the band thanks to their supportive parents who provided them emotional support.

The whole band agreed that they would be excited to work with the famous Manu Chao and Lydia added that she would enjoy doing a collaboration with Beyonce.

The band later reminisced about their craziest experience as a band and hands down opening up for a punk rock band was it.

“The majority of the attendees had wild outlooks with crazy tattoos, and we were just there with our folk instruments expecting to get booed off the stage,” said Huw.

“To our surprise they actually liked us and when we told them that we were going to play a love song and to get cozy with your lover everyone started making out,” continued Lydia.

John then brought up a time when a banjo player was trying to replace one of them, lets just say these band members are irreplaceable.

Just when I thought they could not have sound any better after hearing their album I was proven otherwise.

It is not uncommon to attend a show and leave disappointed that the performers did not sound as good as live as they did on their album, however, The Melodic surpassed my expectations and proved to be a must see band.

Going on stage the crowd took a great liking for them and as they finished the set, an audience member yelled thank you to the band showing his appreciation.

The band interacted well with the audience never ignoring a fan that came up to them even if they were in a hurry to go to the merchandise table.

Overall their performance was stellar and the only complaint was that the set passed my expectations and proved to be a must see band.

The band is composed of five members Huw Williams, Rudi Schmidt, Lydia Samuel, James McCandless.

The lyrics are astonishing and quite poetic.

“Dreams, dreams, dreams of lead, tie me to my deep seabed but when I rise and take them there they are but dreams, dreams of air.”

The Observer described The Melodic as “Incredible beautiful, with harmonies and rich instrumentation that make you want to dance and cry at the same time.”

The Observer continued, “The Melodic is as good live as they show to be in Effa Parade then they are the band one should not miss!”
New season excites women's Basketball team

By MIKE SESSIONS Staff Writer

After last year’s losing season of 13-14, CSUSB Women’s Basketball team was hopeful of turning things around during their exhibition match against NCAA Division II Loyola Marymount University, but fell 51-82.

The Lions played fairly decent at home during the 2012-13 season, winning nine of their 14 games at Gersten Pavilion. Pulling away with a 31-point win has to be a great sign of another great year in front of their home crowd.

The Coyotes are back to basics under new Head Coach, Renee Jimenez, the former coach at Cal State Monterey Bay for five seasons.

Kevin Becker, former coach for the Coyotes, resigned last season after a historic 17 years, which included four appearances in the NCAA tournament. Now the reins are in Jimenez’s grasp, as she continues to polish her respected basketball resume.

Despite the huge loss to the Lions, the Coyotes have great things to look forward to, such as their in guard, Alexcia Mack, a second-year out of Corona, Calif.

Last year, Mack had one of the greatest freshman starts at CSUSB after finishing with the greatest free throw percentage in school history, and also starting in every game but one. On this night against the Lions, Mack contributed 20 points for the Coyotes, going 5-13 from the field, grab 53 rebounds and dish out a solid 22 assists to make it an all-around game for LMU.

Every player from the Lions stuck out, as 12 of the 15 players scored at least once and made an excellent case for what’s to come in the upcoming season.

If there was one player from the Lions that raised eyebrows, it was forward Melinda Gomez. She came off the bench, grab 53 rebounds and dish out a solid 22 assists to make it an all-around game for LMU.

Every player from the Lions stuck out, as 12 of the 15 players scored at least once and made an excellent case for what’s to come in the upcoming season.

The team as a whole, however, did not play to their potential, only shooting 21.7 percent from the field and bringing in a total of four assists.

The Lions ran away with the victory by dominating every category. They were able to score at 48.6 percent from the field, grab 53 rebounds and dish out a solid 22 assists to make it an all-around game for LMU.

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Women’s volleyball marks big wins

By GREG AVETISYAN Staff Writer

Coyote’s Women’s Volleyball finished off a strong weekend with victories over California State Stanislaus University and Chico State University.

A season full of records continued while Sophomore middle blocker Brenna McIntosh set another school record. McIntosh broke the record previously held by Coyote greats Samantha McIntosh and Sara Rice and Sharea Drawn, who shared the mark.

The Coyotes are now ranked third in the NCAA Division II West Region Volleyball Poll. They are 18-5 overall on the season behind only No.1 UC San Diego and No.2 BYU-Hawaii.

It has been more than 20 years since Head Coach Kim Cherniss took over the Coyotes volleyball team. Over the past two decades she has built a league powerhouse in women's volleyball posting a 499-190 record going into this season.

Cherniss’s team has now won 15 of their last 16 games this season and is 13-1 in conference play.

The top eight teams in the rankings at the end of the regular season will advance to the West Regional playoffs.

"The team is really focused on becoming better, coach is trying to motivate us each and every practice. We’ve really been working on what some of our weaknesses are and looking at the next game,” said senior Danielle Newcombe.

With the season winding down, the Coyotes are still taking it one game at a time to remain focused and remain a top ranked team.

Newcombe is one of three seniors on this year’s Coyotes joining Destiny McIntyre and Stephanie Sinohui.

“As a senior its crazy to think the end of my career here at Cal State is near. It definitely fuels the fire though, its a motivation of mine to go out with a bang. I’ll miss the team and the relationships that come out of being on the team, as well as stepping out onto the court and feeling at home,” said Newcombe.

The Coyotes will continue their season on Friday at California State University East Bay and Saturday at California State University Monterey Bay.

Come support the Coyotes as they continue on their journey to reach the NCAA Division II Championship game in Cedar Rapids, Iowa.
Sliding home into new softball coaching job

CSUSB alumnus Alyssa Flores returns to assist softball

By RICHARD BURRUD
Staff Writer

Alyssa Flores is now on the other side of the fence as she is now an assistant coach to the Coyote Women’s Softball Team after being part of the team for the past five years. Flores is a Fontana native and a former walk-on to the Coyote team, “Not only did I have to prove myself to be on the team, I also had to earn my position as well as scholarship money,” said Flores.

Earning a scholarship after her freshman year, she proceeded by earning her honors at third base. Flores reflects on being a student athlete as well as the difficulties she has experienced.

“Being a student athlete is rough because you are constantly busy and have to have a good balance in order to be successful. You also are in the people’s eye and represent yourself as well as the team and always have to do so in a positive matter,” said Flores.

In her sophomore season, the team reached milestones that no other CSUSB softball team had ever experienced before.

The team played in the Hawaii regional, being the underdog the prevailed by winning. After winning the Regional, the Coyotes took a tough loss to their rival team, UCSD for the Super Regional title. Captain Flores made the most of her senior season.

Batting an outrageous .405 earned her All-CCAA Third Basemen Honors. She is also adding to her postseason resume by being named second-team honors to both Daktonics and National Fast-pitch Coaches Association All-West region squads.

Flores completed her career with top 10 ranks in batting average, runs batted in (RBI), walks and home-runs. Completing her college career with a degree in Kinesiology, Flores sought to find a career out in the working world and while searching, landed in an all too familiar place at CSUSB. Additionally, Flores works as a Physical Education teacher at New Vision Middle School in San Bernardino.

Head Coach, Tacy Duncan does not normally bring back athletes that just finished their collegiate career, but has welcomed Flores because of her leadership characteristics, knowledge of the program, and experience with the team.

Flores relates to problems the players have and helps them overcome.

Flores sees a positive outlook for the team this upcoming season.

“This year we have a great group of girls who are willing to work hard. I think we will be the type of team that will get things done and a strong pitching staff will help us make it to the post season,” said Flores.

Flores ends by discussing about her dreams and aspirations, and explains how grateful she is for the new job title. “My dream job is to be a Psychologist/Athletic Director, but I would not count out being a head coach at the collegiate level.”
Reduce stress with Nagaraju’s relaxing yoga lessons

By INNO SITA

Strength, relaxation, and balance are taught by yoga instructor, Nandini Nagaraju at the rec center for all CSUSB students.

The CSUSB entrepreneurship graduate student has been teaching yoga on campus for over a year, specializing in slow, endurance-building movements.

“I do the same poses over and over, holding for a long period of time. I tend to create a 10 to 15 minutes of relaxation for the students,” said Nagaraju.

Yoga is a great form of exercise that does not require any special equipment.

Most students and staff feel the need to work out by overwhelming themselves with extreme weights too heavy for their ability. They may also end up bruising themselves if excessive workout occurs. It is very important to know your limits when it comes to working out.

“Some of them come in for the injuries, either they overwork their bodies or it was recommended by their doctors to relax their muscles. That’s why I prefer connecting with them by walking around the room for help,” said Nagaraju.

Yoga allows you to control breathing, relieves stress and improves circulation.

Putting pressure on the glandular system of the body can provide good health.

Nagaraju is very specific with the type of music she plays. She plays very slow, instrumental music consisting with the flute and violin.

She insists on not playing drum instrumentals.

The drums might lead her students to easily be distracted and get lost by following a beat.

“One of the biggest changes I’ve witnessed were in these two ladies I had in the past who never missed a day. Towards the end, I saw a big difference in them. They were very flexible compared to when they first attended. That’s when I knew that what I’m doing is changing people’s lives,” said Nagaraju.

CSUSB understands the need of having a yoga class for students and staff to release their stress and to maintain a good health by providing free classes for everyone to work out on abs, arms, back, legs and many muscles in the body.

Being a college student and having plenty of exams, work, and personal issues can lead to stress and frustration.

In yoga, people get the ability to decrease their stress by freeing their mind and be conscious of their body.

“Yoga is not just all about the body, it’s also about the mind. It’s how you use your mind,” said Nagaraju.

One of the challenges that Nagaraju mentioned is how some of her students miss out on relaxing their mind.

“It could be quite a challenge for others to stay still.

“When I do the dead body pose at the end, which is the relaxation mode, everyone is a bit agitated, because they can’t handle five minutes of silence. They will learn to stay still, because as much as your body needs rest, it’s the same with the mind,” said Nagaraju.

Nagaraju teaches her class every Monday and Wednesday from 5:30 p.m. to 6:30 p.m. in room 205 on the second floor of the Student Recreation and Fitness Center.

All classes are free with membership unless noted otherwise.

For more information, visit csusbrecsports.com or call (909) 537-BFIT (ex. 2348)

Yoga Instructor, Nandini Nagaraju demonstrates flexes and yoga positions to help students reduce stress and relax.

(Top, right) Nagaraju performs the standing tree pose and downward stretch. (Left) Student practices the boat pose.