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Art & Music Festival

Bringing the community together, the Santos Manuel Student Union hosted its Arts and Music Festival for its first year on Friday, May 17.

The Arts & Music Festival was a hit. It included an art walk with artists from all over the country, the battle of the bands presented by the Underground Music Society, food trucks, jazz music, dancing, and the bohemian festival.

From the music to the art, the creative environment attracted many guests.

“The music definitely brought me here today. I heard that Naive Children were going to be performing in the Battle of the Bands so I knew I had to go and support them,” said attendee Jascelyn Sanchez.

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ASI funds free bus rides for students

By KANDYCE HALL
Staff Writer

CSUSB’s Associated Students Inc. (ASI) will partner with the university in renewing the GoSmart program for the 2013-2014 school year so that CSUSB students will have access to unlimited bus rides on the Omnitrans.

GoSmart is a program offered through Omnitrans that provides participating schools, colleges, and universities in the San Bernardino Valley with limitless rides on Omnitrans buses.

The program is being funded through ASI’s contribution of $75,000 as well as University funds said, Robert Gardner, CSUSB vice president of administration and finance.

According to Gardner, CSUSB is seeking to help students save money while also increasing use of the public transit system.

The program is setup so that all students with a valid student ID will be able to receive unlimited rides on any bus routes.

With gas prices and parking fees expected to increase, students will be looking for affordable ways to commute to and from campus, making the new program beneficial for many.

“GoSmart was initially piloted about a year ago,” said Gardner. “Over 3,000 students took advantage of the free passes; 1,000 students used the passes fairly regularly.”

Gardner believes that more students will take advan...
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Gov. Brown advocates for a $1.25 million investment in CSU system

**By AIMEE VILLALPANDO**

Governer Brown’s annual May revision of California’s state budget for 2013-2014 urges restraint on spending and vision of California’s state budget for Gov. Brown advocates for a $1.25 million investment in CSU system funding and addressed three major areas of need: student access and success, faculty and staff compensation and mandatory costs.

The board of trustees intend to discuss additional details of this expenditure plan and the revised budget proposal at their upcoming board meeting this month.

Bob Blumenfield, chairman of the Assembly Budget Committee, was initially on board with the overall approach of Brown’s proposal, along with lawmakers from both political parties.

Blumenfield expressed concern on whether or not revenue projections from the state’s nonpartisan legislative analyst would match those from the Governor’s Office.

“All of us who lived through the painful cuts of the last years, we want to make sure we won’t make financial expectations that can’t be met over the long term,” said Blumenfield.

Blumenfield’s concerns were validated when the Legislative Analyst Office predicted California’s tax revenue would be $3.2 billion higher than what the governor’s revised budget proposed, according to the Sacramento Business Journal.

Criticism and approval has been expressed equally from both parties.

Republican Assembly Leader Connie Conway stated, “Governor Brown today put forward a revised state spending plan that I believe charts a realistic path forward in meeting the basic priorities of hard-working taxpayers.”

Some critics of Brown’s budget proposal claim he is underestimating recent gains in the stock market, to which Conway said, “Republicans share the Governor’s commitment to paying down state debt and holding the line on new spending.”

“We must resist the temptation to blow through the surplus using one-time money for ongoing programs and reverse the progress we’ve made in closing the deficit.”

Jerry Brown
California Governor

We must resist the temptation to blow through the surplus using one-time money for ongoing programs and reverse the progress we’ve made in closing the deficit.

Gov. Brown talks about state budget revisions and new plans to invest an additional $125.1 million in the CSU system.
The GoSmart program will be available to student beginning Fall 2013.

Internet corporation hopes to revamp name with social media investment

Yahoo bought out social blogging site Tumblr in hopes of regrouping themselves as one of the top dogs in the online arena.

By ANA MARTINEZ   Staff Writer

Yahoo recently purchased Tumblr, the free micro blogging website, for an estimated $1.1 billion in hopes to revamp their company.

According to The New York Times, Yahoo was interested in the social networking site so that it could, “Reposition itself [in] the technology industry.”

Yahoo now joins other Internet companies that have recently bought or developed social networking sites, such as Facebook and Google.

“Yahoo has lost market share to the likes of Google and Facebook,” reports The New York Times.

No changes or plans have been announced about the recent ownership change.

While they are not looking to acquire more users, it is estimated they have over 700 million.

Their goal is to give Yahoo a better look in the changing social media industry.

Tumblr was founded six years ago and has over 109.9 million blogs, 51.2 billion post and 177 employees.

According to Tumblr they offer many features for its users, “Post text, photos, quotes, links, music, and videos from your browser, phone, desktop, email or wherever you happen to be and customize everything, from colors to your theme’s HTML.”

Although, the popular site has caught the attention of many, it has yet to prove that it can be a profitable business.

“The blogging site burned through an estimated $25 million in cash just last year, and struggled to raise additional money at an acceptable valuation,” reports The New York Times.

Internet sites, like Yahoo, are under constant pressure to keep up with growing competition from social media networks.

“Even Facebook faces constant pressure from investors to show it can increase its profit and adapt to the mobile world,” said The New York Times.

Tumblr has yet to put forward a plan, if any, of advertisement and campaigning to help raise money for the site.

According to The New York Times, last year Tumblr set a goal to raise $100 million but was only able to raise $13 million.

“Despite its ranking as the 24th most viewed website on the internet,” according to Quantcast, “Tumblr has yet to translate that into success on mobile devices, something Yahoo needs,” reported The New York Times.

Students at CSUSB shared their opinion on Yahoo’s recent Tumblr purchase.

“I don’t use Tumblr or Yahoo on a regular basis, if my phone search engine changes to Yahoo I change it back to Google,” said Aunjolay Lambert.

“Seems like Yahoo is falling behind, so this is a way for them to catch up with the rest of the social media world,” said Roman Lopez.

The purchase is the largest social media purchase in recent years.
Prison systems could benefit from education

By BRENDA SERVIN

The economy is in poor shape and the growth of prison budgets is costing us tax money. According to Rollie Williams’s article on upworthy.com, the United States prison population ranges from 2 to 3 million a year, which is 23.5 percent of the world’s incarcerated population and the average annual cost per inmate is $31,258.

Think of all the money spent yearly on inmates and the fact that the money for the prison budget has to be taken from other government funded programs.

In some cities across the United States it can even affect the education budget. Our tax money is in the hands of government officials that determine what the money is used for. Unfortunately, for tax payers there’s no checklist of programs that we can decide to use our tax money on.

According to clickondetroit.com, Detroit’s schools in the Buena Vista School District canceled classes as of May 3 and laid off all but three of its employees on May 7 because the district wouldn’t have been able to make payroll on May 24.

The shut down of a whole school district means that those students now have to find new schools in a different district to attend. The surrounding districts will become overcrowded and the quality of the education can be affected.

In 24/7 Wall St.’s article, Best and Worst Run Cities in America, Detroit is ranked number two on the worst list but San Bernardino is coming in close at number four.

If a school district in Detroit was shut down who is to say that we’re not next.

With the shortage of funding, financial administration is crucial.

Provided that the prison budget takes priority over the education budget, there could be an increase in crime and many of the youths that are incarcerated miss out on the chance of furthering their education.

Williams also stated that, “A study by UCLA found that a $1 million dollar investment in incarceration will prevent 350 crimes, while the same investment in education will prevent more than 600 crimes.”

If we were to place those kinds of investment we would be able to relieve some of our economic deficit along with solving the overcrowded prison issue.

As college students, we stress over finding a job after graduation but nowadays it’s hard getting a job if you only have a diploma or GED.

It’s even harder for an ex-convict to get a job if they don’t finish their education while in prison.

Ex-convicts have other problems when it comes to looking for a job. The law restricts them from obtaining certain jobs and they miss out on job experience while in prison.

Without the proper education, which costs anywhere from $2,000-$4,000 per inmate, convicts may have trouble re-entering society and being accepted after being released from prison.

By investing more money into education within the prison system we can prevent prisoners from relapsing and even reduce prison overcrowding.

For example, a study done by the Bureau of Justice Statistics found that in New York 29.9 percent of inmates who didn’t attend college were re-incarcerated within 3 years.

Giving these citizens a chance at an education may break the cycle and keep them out of prison for good.

Students don’t know jack

Lack of basic knowledge of politics and geography creates bad image for youth

By ERIN LEACH

Our generation is commonly assumed to be uninformed and unaware of basic political and geographical information.

“I feel like it’s only in America that people are uneducated. When you travel, or meet other people, you see the difference. We have a very closed off education system,” said student Nahal Hosseini.

Having faith in my generation I decided to test out this assumption.

When given a set of five basic questions, very few of the students surveyed could answer them all correctly.

The study consisted of the following questions:

Who is the vice president of the United States, what continent is Brazil located in, how many U.S. Senators do we have in California, identify Oklahoma on a U.S. Map and how many continents are there on Earth.

Of the 10 students only four could provide correct answers for all five questions.

Two students could answer four correctly and the remaining four only knew two answers.

When surveyed, the majority of students who didn’t know the answers were embarrassed about their responses.

There is a consensus among students that they should know the answers to these types of questions.

So why such poor scores? I think it stems from our lack of engagement in worldly issues.

America, California in particular, is so culturally and geographically separated from the world that these students responses are no surprise.

A study done by USA Today reads “An analysis of words and phrases in more than 750,000 American books published in the past 50 years finds an emphasis on ‘I’ before ‘we’—showing growing attention to the individual over the group.”

This may contribute heavily to the idea that our generation maintains an individualized focus and that becomes a barrier to educating ourselves on basic national or international facts or issues.

Student Rebecca Rasmussen said, “This makes me feel really upset, our generation isn’t set on getting an education and developing that into a career. We are more the ‘YOLO’ generation, it’s sad.”

Others blame it on their lack of nurture.

“I’m a little embarrassed, but its also about the people that raised us, they contribute to our faulty knowledge,” said student Madyson Gutierrez.

I think it’s a mix of nature and nurture. Our generation has a lack of initiative to get informed because we are generally self-absorbed and our parents and education systems enable us to be this way.

Student Pathik Patel said, “Americans don’t learn it, or try to learn it because the majority of time we just don’t care. It’s very different from Indian culture.”

All hope isn’t lost for our generation, luckily most of us are still in college and still growing and molding our attitudes.

It’s time to get educated through utilizing university courses and study abroad programs.

Use Twitter, Facebook and Instagram to follow news stations and political campaigns. Make time to watch and read the daily news. Utilize the vast array of geographic information offered to students at Cal State, so we can improve our generation’s image.
Marriage vs. Civil Union
Public needs to know the difference between the two

By ERIN LEACH
Staff Writer

The controversy surrounding gay marriage at the state and federal level has resurfaced as one of the most talked about social issues of our time.

Recent Supreme Court consideration should pressure students to become knowledgeable on the issue.

Although the number is growing, only 12 out of 50 states have legalized gay marriage. If the gay community is only being afforded civil unions in the majority of states, I think it is important to educate the public about the differences between those unions and the concept of marriage.

“Civil unions, although recognized legally, it provides legal protection to couples at the state law level, but omits federal protections as well as the dignity, clarity, security and power of the word ‘marriage,’” according to Boston based GLAD (Gay and Lesbian Advocates and Defenders). She also commented on the emotional implications of not being recognized as marriage.

“It causes a whole pool of new problems. Even if I could get married, it wouldn’t be valid in every state. [...] When gay couples try to register their kids in school they get questioned and I wouldn’t be able to visit my partner in the hospital if she was sick.”

Sandoval also mentioned the Second Parent Adoption problem, which doesn’t allow the parent to obtain custody of a partners children should the other pass. The children usually go to a grandparent or close relative.

When it comes to a vote on the issue, Americans have demonstrated a common theme to conserve the historical definition of marriage.

“To date, 30 states have constitutionally defined marriage as between a man and a woman,” according to The Christian Post, US.

However, I think it is important that voters hear from the gay community and become educated on how these types of laws affect a gay person’s daily life.

“Not having the option to get married just feels really shitty [...] It’s like I can’t rise up against the hierarchy in society,” said Sandoval.

She continued to say, “I don’t want to be discriminated against because of who I am or who I love. Allowing me to marry the women I love would only add on to the traditional concept of marriage, it wouldn’t tarnish the original meaning,” she said.

America was designed to allow the constituency to decide and dictate our laws, but it is my hope that people truly consider the perspectives of the people, how they are affected, and their vote.

Military report shows rape on the rise

By LYNN POST
Staff Writer

A person’s worst fear about joining the military is the possibility of getting injured or killed in battle, but a more common disaster being made apparent through recent news coverage is the possibility of getting sexually assaulted.

As a soldier, your goal is to serve your country and help keep your friends and family safe from attacks. You enlist and work hard to move up the ranks and do the best job you can, but with the new statistics surfacing as one of the most talked about social issues of our time...

Congress is currently drafting new legislation for more punishment of sex offenders, but military personnel are not personally included in the bill.

More should be done to protect both men and women in the military from being raped. This is a dangerous environment to be in, because there are weapons present and people who know how to use them.

That means it is up to the government on how they want to handle their employees.

The Pentagon has also started to retrain and re-screen Sexual Assault Prevention Officers after one of their own was charged with alleged sexual assault.

The sergeant is currently under investigation for allegations of pandering, abusive sexual contact, assault and maltreatment of subordinates, according to a report released by The Army Times. Article 120 of the Uniform Code of Military Justice (UCMJ) states a rapist in the military can receive the death penalty.

Yet some preventative methods are already in place, with several more and educational programs to come.

One new way the military is trying to decrease rape is through the program “Sex Signals.”

The U.S. Army hired Catharsis Productions to discuss dating, sex and acquaintance rape through skits and mini-plays for service members in a comedic and educational way, according to their website.

For service men and women to stay safe in the summer the army is launching a “Know the Signs” campaign.

The campaign was designed to instruct soldiers to stay diligent and alert to possible dangers in the summer when soldiers and family members are off duty and off base.

These programs may not be enough.

Carl Levin, the chairman of the Armed Services Committee was quoted saying, “Tragically, the depth of the sexual assault problem in our military was already overwhelmingly clear before this latest highly disturbing report.”
Naive Children, along with Teleplay, Vidalta, and Slide Projector competed for the title of Best of The Bands. They were all phenomenal and had a fresh sound, but in the end only one band was victorious.

With the support of people like Sanchez, indie rock band Naive Children were the proven victors. They came, they played, and they conquered.

The festival as a whole was filled with friendly and exciting people. As some were excited to see the battle of the bands others were excited to head over to the jazz festival to dance the night away.

“I loved the fact that there was a ton of music and I’m excited to dance some salsa,” said Michael Lerner. Lerner, among many others were ready to dance the night away. The music created a beautiful ambience that took the night.

As the event went on they continued to enjoy themselves.

Aside from the great live music, the festival featured several art pieces on display and up for sale. The artists that created such great pieces were locals of the I.E. and had art that was not only appreciated by CSUSB, but by locals as well.

“I’ve had my work featured in the Artist Portfolio Magazine and have also had my work exhibited at the Brewery Art building in LA,” said artist Greta Grigorian Grigorian displayed her collection “Faces,” contemporary portraits, which were inspired by different people she has met at unusual places throughout her travels around the world.

Showing their support towards the art field, The San Bernardino Art Association set up their own station to better inform the attendees of their mission. The San Bernardino Art Association was founded in 1932, with an objective of promoting the appreciation of the fine arts to the public in general and to stimulate and develop creative expression from local artists.

“San Bernardino has been notorious for its crime and I say enough is enough. My goal is to have San Bernardino represent something better, something beautiful. I want it to be famous for its art and artists,” said SBAA’s Treasurer Dianne Stacey.

She then explained how in the past this society has focused more on adult artists and that was their first mistake.

In order for the future to be brighter not only did she have to focus on the adults, she had to focus on our future by getting the youth involved.

They are currently accepting members. Any member of the community who ever wanted to try a class in some sort of artistic endeavor will be able to sign up for such things as painting, photography, print making, ceramics, etc.

As the event came to an end the attendees were pleased with the turnout of the event, and not a frown was seen.

If you missed out on the opportunity of attending the Arts and Music Festival this year, keep a lookout for any future festivals here at CSUSB where the arts are supported.

Continued from Pg. 1

The Art & Music Festival featured displays by local artist Greta Grigorian and CSUSB students as well as performances of indie rock bands. Joselyn Sanchez and gang attended the event to support Naive Children, winners of “Best of The Bands.”
By LUPE DURAN
Staff Writer

No one knows for sure what the future has in store for us. In situations where we have our hearts set on something, we think we know what career path we’re going to pursue, until an unexpected turn of events lead us to discover a new passion.

Student Efrain Torres has always had a lingering relationship with art as his grandmother had him participate in art shows while growing up.

Torres’ original love was dance and music, but after suffering an injury from which recovery would take too long he found comfort in another form of expression and chose to major in Studio Art.

“One day after I got injured I went to an art store bought a canvas and some paint, then next thing you know something just clicked,” Torres said when explaining how he discovered his new passion.

Alumnus Efrain Torres shares his passion for painting and expressive art

Dance and music haven’t completely lost their influence on Torres, as he explains that, “The way the body moves transfers into the movement of his brush.”

Inspired by contemporary art mainly from the 70s, 80s and 90s, Torres has completed close to 40 pieces in which he expresses his outlook on life, claiming that the canvas is like his journal and that expression is easier through painting than through words.

While words are generally easier to get a uniform interpretation, the interpretation of art is usually dependent on the eye of the beholder.

Torres admits when he says he doesn’t expect people to get the correct interpretation because of his paintings’ composition. Torres’ paintings feature the use of geometric shapes—a method he says was inspired by shows of the early 90s like Saved by the Bell, where shapes were a big thing.

In the past three years Torres’ work has been featured in approximately 20 art exhibitions with five of those taking place here at CSUSB.

“Two years ago I received a Purchase award when the Santos Manuel Student Union bought one of my paintings,” said Torres.

The painting titled, “I’m Gay,” is a small print and can be seen when entering from the south side of the Santos Manuel Student Union.

Torres revealed that some of his big influences include artist Chris Trueman, who currently teaches painting at Fullerton Community College as well as CSUSB’s professor of art Brad Spence, whose work drew Torres to CSUSB.

“I wasn’t really looking into Cal State San Bernarudino,” said Torres, “one of my community college professors told me to look into Brad Spence’s work and I instant-ly became a fan of his work.”

Although there are many other forms of art out there, Torres said that the only other art he may consider is music, but that visual art, specifically painting remains his core interest.

Currently, Torres is a copier at Office Max but in the future would like to pursue a Master’s in Studio Art and eventually teach at college level.

When looking at Torres’ pieces you can feel his talent jumping off of the canvas.

It is easily sensible that the feeling comes so naturally to him, but in reality Torres admits to some occasional mental block.

“If you hit a wall, step away from your art, step away from your canvas, step away from your clay,” said Torres, “you need to experience life to have something to put into making your art.”

Torres is a perfect example that the old saying, “Nothing’s set in stone,” is true after life made him realize that dance and music weren’t his only passions allowing painting to take over.
Daft Punk reigns over electronic music

By BRITNEY VARGAS
Staff Writer

A
ter an eight year hiatus from the dance music scene, the dynamic French duo of Daft Punk released their new album *Random Access Memories*. Band mates Guy Manuel De Homem Christo and Thomas Bangalter first entered the scene with their first album *Homework* in 1997, reaching top popularity in clubs for their “house” style beats. Known for their amazing visual elements that are incorporated into their music as well as their affects in live shows, Daft Punk creates a totally different sound in a recently released album. One really interesting aspect to *Random Access Memories* are the collaborators brought on to the album, but the most stand out collaborator by far is N.E.R.D’s front man Pharrell Williams, who is known for his funky and unique style. Not that they needed any help at all, but Daft Punk topped the competition when they decided to bring in triple threat singer, songwriter and producer, Pharrell Williams. Already topping charts with their first single “Get Lucky,” featuring Pharrell, the singer owns the catchy hook: “Shes up all night to get some … we’re up all night to get lucky.”

When first listening to the track, its shocking to assume that Daft Punk, known for their robotic-techno sound, would be responsible for a soothing disco kind of beat. “Instant Crush,” featuring lead-singer of the Strokes Julian Casablancas, is a melodic song with the same computerized vocals that fans are so familiar with, and we can argue that this track is not exactly the norm, but what's not to love about Daft Punk's “rediscovery” and is a turning point for the duo receiving a lot of attention and still inspiring musicians today.

Into Darkness prospers in the box office

By SHANNON LUSTER
Staff Writer

“Star Trek: Into Darkness” delivers high action thrills that will leave you sitting on the edge of your theater seat. The exciting blockbuster movie soared to number one and earned $70.2 million during its opening weekend, according to the IMDb Charts. “Star Trek: Into Darkness” is the highly anticipated sequel to the wildly popular movie “Star Trek” released in 2009.

The opening scene shows a high-speed chase on an exotic planet complete with a fiery volcano, which draws you into the movie feeling eager about what will happen next. Actor Chris Pine reprises the role of the iconic Captain James T. Kirk and actor Zachary Quinto also returns as the intelligent and conflicted Spock.

Pine delivers a strong performance as Kirk while facing obstacles threatening his friends and also everything he has worked for. After months of speculation, creating more buzz around the film, Khan -- the villain of this movie -- has also been revealed. Actor Benedict Cumberbatch’s portrayal of the brilliant yet ruthless Khan is truly a stand-out performance.

Cumberbatch’s acting is at his strongest when he plays mind games, especially with Kirk, and also remains one step ahead of the other characters in the movie. The cast transports you into their convincing, hectic and exciting world as they zoom across the galaxies in the spaceship The Enterprise.

Director and producer J.J. Abrams, director of movies such as “Super 8” and *The Enterprise*, chooses dynamic shots that include the action and the uncertainty as everyone struggles for survival. The fight sequences in space, on alien planets, and elsewhere creates a visual masterpiece for our viewing pleasure.

In addition to the special effects, other elements - like the cinematography, editing, and music - work together in harmony emphasizing the film’s drama and excitement. The director of photography, Daniel Mindel, chooses dynamic shots that include tilting the cameras at different angles, emphasizing the action and the uncertainty as everyone struggles for survival.

Editors Maryann Brandon and Mary Jo Markey also do a great job spotlighting the action packed sequences with quick scenes that also builds suspense for viewers.

Musician Michael Giacchino, writer of the original music, also interweaves the music together heightening the jam packed action sequences. “Star Trek: Into Darkness” ends on a high note and sets this movie up for the next installment. Director Abrams has already signed on board as a producer for the next installment of the series, according to his IMDb page.

Most viewers will also be eager to hit the theaters again for the next movie rumored to be “Star Trek 3.” Experience all of the excitement that "Star Trek: Into Darkness" has to offer you.
There really is meaning to the phrase “CSUSB, come here, go anywhere.”

Attending the Spring Into Media: Pros and Conversation Symposium on May 23 opened my eyes even more to what going to college is all about.

This event was put together by the communications department and the Digital Media Communications Club, as a way to recognize students and staff for their achievements and allow students to hear from groups of panels within public relations, human communication and mass media.

“When you showcase your achievements it’s not as effective if you’re just showing it to each other,” said Michael Salvador chairman of CSUSB’s communication department, “so we wanted to shift the event so that everybody in the university could see our great accomplishments.”

It seemed as if everybody had heard of the event, but did not know what the event would consist of.

I was one of those students that almost brushed this event aside, and in the end I was presently surprised.

As students, we need to realize that we are attending a great university that offers many opportunities for us.

Spring Into Media offered a panelist of speakers whom all attended CSUSB before going into their various careers.

They shared their journeys from being students and their struggles of balancing school, work, internships and life.

The list included, Paul Dudley the Promotions Director for KOLA Radio, Katelyn Eaton a Dodger vision Production Crew for the Los Angeles Dodgers, Kico Velarde the Supervising Producer and Editor of Jay Leno’s Garage and many others.

The panelists gave students tips on how to get the most out of your time spent at CSUSB with the various programs and practicums offered.

When Velarde was asked why he chose to show up as one of the speakers he said, “Because I’ve been there. I’ve been on the other side and I want to let other [students] know that there are other coyotes out there.”

It was also mentioned that CSUSB students are not afraid to get their hands dirty in the industry as opposed to other students in the industry.

We are taught in a hands on learning style where we, the students, are allowed to actually use the equipment and resources provided so that when we enter the field we are ready to show the world what we’ve got.

Eaton mentioned one of her internships, saying that she would have to go shop for groceries, run errands and get her hands dirty while other students within that same internship, that attended big name schools like USC, wanted nothing to do with it.

It is because of the more “well known,” “big time” universities that we are willing to work harder to prove that we, as former and current CSUSB students have what it takes to survive in cut throat businesses.

Events like this offer a great tool for networking.

You get to meet and shake hands with people who are already established within the business that you want to get involved with.

Velvarde brought up a great point, “You don’t really need a degree to get into editing.”

He later went on to say that networking is a big deal and it is all about who you know.

“That’s really a long term goal of our department,” said Salvador, “we really want to develop that networking between our current students and our graduates.”

In the end, attending the Spring Into Media event was a useful networking tool for me and many other students as I saw some dancing out of the rooms with business cards and big smiles.

How did they get that opportunity on the spot? They took time out of their day to see what this great university has to offer.
by Danielle Workman

As summer approaches, choosing the right attire is crucial to stay professional within the workplace while maintaining a cool and classy look. Maxi dresses and skirts are a great way to go to keep the summer vibe in the office.

Maxi dresses are long, light, flowy and usually decorated with a fun print. Pair a maxi with your favorite wedges and tie your hair up in a fun bun. Maxi skirts like dresses, but it calls for a little more creativity. Wear a solid color maxi skirt and pair it with a patterned top. Add some chunky jewelry, bangles, a statement necklace or big rings and braid your hair out of your face.

If you prefer wearing dress slacks or cuffed clothing, add some “YOU-nique” qualities to your outfit, like a studded head band, a ribbon to tie off your bun or some signature bracelets. Student Vanessa Mejia works at the Recreation Center and she explains how she brightens up her uniform.

“I like to wear lots of accessories like bright watches, rings and my favorite sunflower earrings,” said Mejia. Just by adding the simplest of details to your work wardrobe it can help you feel like you are part of the summer crowd.

It can become mundane going day in and day out to the office, when your friends are relaxing on the beach. Don’t let that drag you down.

Let your colorful wardrobe be the sunshine in the office and brighten the mood!

Features

Let the stalking begin

We talk some major privacy issues concerning Google Glass

By Phil Ruddle

Glass is a “terrible spy tool.” Right now the product isn’t mainstream, it’s rare, so basically it’s noticeable.

Oremus explains that when testing the product, heads turned, eyes squinted, people were confused and others went into excitement. Spying with this product may not work so well right now as the default way to activate the device is by voice recognition. If your cover wasn’t blown with your geeky looking glasses then maybe it would have been with your voice commands.

Less obtrusive ways with the device could be done by jerking your head skyward to activate the device, then instantaneously putting your gaze back to its original stance. Or you can Click the default to locate the button on the frame of the device to take a picture or hold it down to record.

You can’t be too far from your subject, Glass’ camera does not zoom in and the battery is also only sufficient enough to record for about half an hour with 12 gigabytes of memory.

The device doesn’t sound as great as Google is making it to be.

Maxi skirts like dresses, but it calls for a little more creativity. Wear a solid color maxi skirt and pair it with a patterned top. Add some chunky jewelry, bangles, a statement necklace or big rings and braid your hair out of your face.

If you prefer wearing dress slacks or cuffed clothing, add some “YOU-nique” qualities to your outfit, like a studded head band, a ribbon to tie off your bun or some signature bracelets. Student Vanessa Mejia works at the Recreation Center and she explains how she brightens up her uniform.

“I like to wear lots of accessories like bright watches, rings and my favorite sunflower earrings,” said Mejia. Just by adding the simplest of details to your work wardrobe it can help you feel like you are part of the summer crowd.

It can become mundane going day in and day out to the office, when your friends are relaxing on the beach. Don’t let that drag you down.

Let your colorful wardrobe be the sunshine in the office and brighten the mood!
Dr. Hosung So’s Pro Prep Martial Arts class had the privilege of receiving training from two of the greatest Muay Thai fighters in the world when Grand Master Amnart Saichalard and Grand Master Yeong-Man Kim visited CSUSB for a few weeks.

Muay Thai, a very popular form of martial arts, started to gain recognition during the twentieth century when Thai fighters emerged victorious over other representatives of martial arts. Unlike traditional western style boxing, Muay Thai uses eight points of contact: the fists, elbows, knees and feet. This is why it is referred to as, “The Art of Eight Limbs.”

“Muay Thai involves a lot of solid movements, incorporating all of the human body,” explained Grand Master Saichalard. Besides solid movements there are also, “Foot jabs [that] are predominantly used to keep the attacker at a distance. Punches, elbows, slashes and knee strikes are used during close combat,” said Saichalard.

He first started practicing Muay Thai when he was 10 years old. “I wanted to be able to defend and protect myself. Ever since I was a boy, I’ve never stopped training for thirty-nine years,” said Saichalard.

The Grand Masters’ instruction provided different perspectives for the students. Saichalard demonstrated how to perform various moves one being a crushing elbow strike to student Dennis Seng’s head. After they practiced different poses Hosung and Saichalard presented the class with certificates of training in the art of Muay Thai.

“It was very culturally enriching to have the Grand Masters instruct the class. I have definitely developed a strong appreciation for both.”

Denis Seng
Student

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They really want the best for the students. I am very grateful that Grand Master Saichalard spent his free time in the mornings with me for extra training sessions.”

Saichalard is part of the ministry of education and also teaches his own group of students at Chulalongkorn University in Thailand.

The Masters proved to be inspiring leaders and teachers to the audiences. “They connected with all the students,” said student Amanda Ridder, “they provided us with a unique and inspiring aura. It was empowering.”

Every strike and pose practiced in Muay Thai honors the legendary Thai fighter Nai Khanomtom, where his great accomplishment is celebrated every March 17 as National Muay Boran Day. “‘Nai’ means ‘Mr.’” said Master Saichalard. “Nai Khanomtom is the father of Muay Thai.”

Muay Thai can be practiced by anyone. It is great to learn for self-defense, and it is a great sport for teaching discipline and maintaining a healthy lifestyle.
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Coyotes venture to Morro Bay
Join the Recreational Sports Center as they travel north to kayak, surf and more.

By DEVAN LEE
Staff Writer

 Coyote Outdoor Recreational Sports is hosting a weekend trip to Morro Bay May 31 through June 1.

With the Spring quarter winding down to a close, warm weather and sunny beaches are arguably on the minds of the students, staff, faculty and members of the San Bernardino community.

This trip gives anyone ages 18 and older the opportunity to escape the bipolar weather known to plague the Inland Empire.

According to the CSUSB Recreational Sports information page, this weekend trip offers a plethora of different activities for those who wish to attend.

Furthermore, these activities include kayaking, paddle boarding, camping, and even hanging out at hot springs.

Attendees will be residing in a seaside village located at the Morro Bay campgrounds.

This bay area features the infamous Morro Rock, a lagoon, a natural bay habitat, beautiful sunsets and a cool sea breeze anyone can enjoy.

With such a variety of different activities, Recreational Sports has come up with an itinerary for the weekend trip.

On the morning of day three, everyone will wake up at 8am, eat some breakfast, pack up their belongings from the camp sight, ready up a lunch, and head over to the beach for a day of paddle boarding. The activity will end around 1pm, followed by the activity will end around 1pm, followed by a stop for some dinner. Those attending should arrive back to the university around 8pm.

In order to participate in this as well as all other Recreational Sport trips, one must register at the front desk of the Recreational Fitness Center. The registration deadline is May 29 at 6pm.

Prices include $55 for students and SRFC members, $130 for faculty staff and alumni, $145 for affiliates, and $200 for a member of the community.

This does not cover dinner expenses to and from the campground so be sure to bring some money for the stops along the way.

For more information, call 537-CAMP or visit the CSUSB Recreational Sports website.
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The Iron Coyote Triathlon is almost over for CSUSB’s spring 2013 quarter.

Given almost three months to complete, students are sweating to reach the finish line.

The challenge consists of 112 miles of biking, 26.2 miles of running and 2.4 miles of swimming by CSUSB students.

CSUSB administrator analyst Margie Land has participated in the Iron Coyote for two years now.

“This is my second time participating in this event and I have enjoyed it each time. I wear my Iron Coyote T-shirt with pride and it usually sparks conversations with others. I think it encourages them to have the confidence to do something like this for themselves,” said Land.

With much needed practice to compete in this event, “I try to workout on a regular basis. This has prep me to be familiar with the SRFC facilities, equipment and available services,” said Land. Students can relate as to why she continues to participate.

“I like this event because it let’s you complete it at your own pace. There is no pressure to compete against anyone else. For me, I tend to wait till the deadline nears, because I work better under pressure. It doesn’t matter when or how you do it, just do it,” said Land.

Niko Rabbitt, another CSUSB student competitor, didn’t hear about this event until a week before it started, so he didn’t have much time to practice to get a head start.

“The only thing I could do was prepare mentally. I planned out which days I would be doing the different activities and from there I set my goals accordingly,” said Rabbitt.

Although he is not yet finished with the triathlon, Rabbitt is proud of himself for what he has accomplished so far.

“I’m so proud of how far I’ve gotten in this event so far. I’ve completed both the running and cycling miles and am still continuing to reach future goals beyond the Iron Coyote. Right now all I have left to do is complete the swimming portion,” said Rabbitt.

He continued, “Unfortunately, I injured my foot while running two weeks before the end of the triathlon, so I’m afraid I wont be able to finish in time. Whatever happens I know I had a great time and am in better shape because of it.”

The benefits that Iron Coyote offered kept the students reaching for their goals and staying active.

“I’m participating in the Iron Coyote to work on my cardiovascular exercises. Before I never really thought about how much cardio workout [can be] so beneficial,” said Rabbitt.

“I was honestly doing the challenge just for fun and to help me get out there and be more active ... and it did! I’m hoping to get the motivation and inspiration to hopefully train myself to compete in a real triathlon.”

With balancing school and work, Rabbitt still had time to enjoy this activity.

“I loved it, especially how much time it gave me. Between my studies and work it was hard to squeeze in one more time consuming activity, said Rabbitt.

He continued, “having the entire quarter to get it all completed was painless and fun. It was always a win/lose situation,” said Rabbitt.

With much hard work and dedication put in by all participants, the deadline is soon approaching.

Though some might finish or complete more of the triathlon than others, everyone should have the feeling of accomplishment after putting in time and hard work.

The winner of the Iron Coyote will be announced Friday, June 7.

This event takes place every spring quarter, if you’re interested in participating, more information can be found at the Recreational center.