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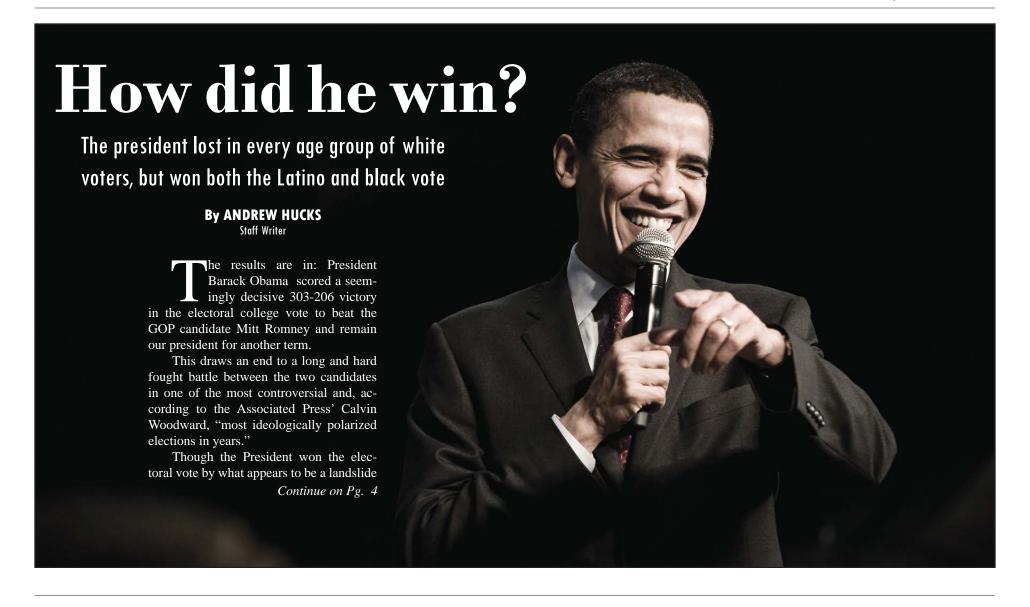
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Vol. XLVI, No. 7

THE INDEPENDENT STUDENT VOICE OF CALIFORNIA STATE UNIVERSITY, SAN BERNARDINO FOR 45 YEARS

Tuesday, November 13, 2012



# Seniors work hard to get charged extra

By BRENDA ACUNA Staff Writer

With the approval of Proposition 30, CSU students can breathe a little easier, however many are still in no mood to celebrate as the California State University Board of Trustees plans to impose new student fees on what one student group considers "taking too long to graduate."

According to the news release from Students for Quality Education, the new fees will "punish students who take too long to graduate, who rack up more units than their majors ostensibly require, or want to focus on more than one field with double majors or minors, along with other behaviors."

The news release also said the Trustees are seeking this change in the name of "modifying students' behav-

Continue on Pg. 3



Young American's participation in the 2012 presidential election made a major impact this year in poll numbers, in a large thanks to Senator Yee's new online voters registration law.

#### New online voters show support for election

By MARIA AGUILAR Staff Writer

The 2012 election had a record increase in young and first time voters.

Young voter participation in the 2012 election jumped one percentage point from 2008 levels, although young voters were slightly less likely to vote for President Barack Obama than in 2008, according to the Huffington Post.

This increase is due to California

Senator Leland Yee's new online voter registration law. California now has a record setting 18,245,970 online registered voters for the Nov. 6 election, according to statistics released today by the Secretary of

The election fell in the middle of the quarter when CSUSB students were finishing midterms and preparing their school schedule for next quarter. The new online registration allows busy students, some who are first time voters, a faster way to

register.

"As a first time voter I felt privileged to be part of a historic event. I registered online and it was definitely easier. Voting was like fulfilling a duty not only to the nation but the world as a whole," said student Charity Dumpit.

According to an article released by Senator Yee's Chief of Staff Representative, Adam Keigwin, more than one million people used the system to register and

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Student undergrads host music show

See Page 10



Men's basketball coach unhappy with 44 point win

See Page 16

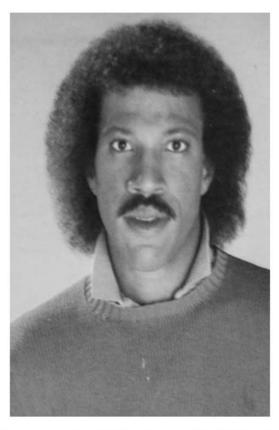


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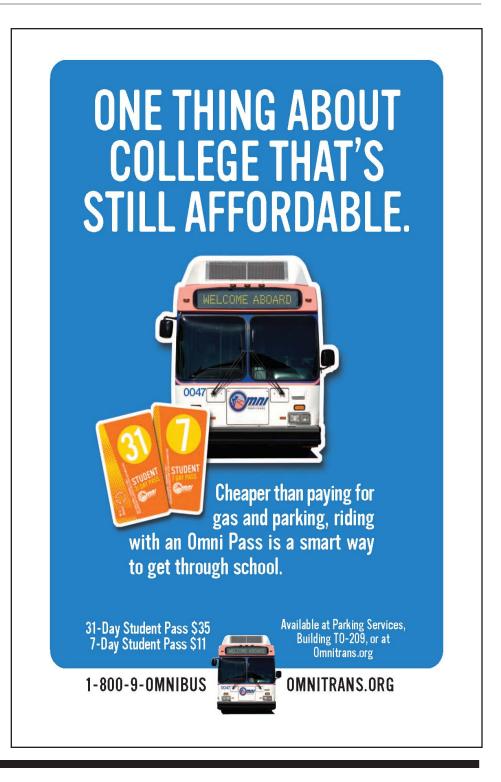
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Unemployment among young people is at 12 percent, versus 7.9 nationally, leaving many unsure of their futures.

#### By JULIA MATULIONIS

Staff Writer

For young adults, unemployment is at 12 percent, compared to the 7.9 percent rate of unemployment for the entire nation, according to a recent press release by Generation Opportunity, a non-profit organiza-

Among other things, this can be contributed to lack of opportunity and the organization is urging young people to pay closer attention to politics and get out and

In 2008, President Obama stood on the platform of hope.

He urged young Americans to get to the polls and they did, with 66 percent of young Americans voted for Obama in the 2008 election.

According to The Center for Information & Research on Civic Learning (CIR-CLE) and Engagement, 52 percent voted in favor of Obama this year.

More young Americans are paying attention to politics compared to in the past.

CSUSB student Colin Steele said, "It was all over Facebook and Twitter. It was hard not to keep informed on the upcoming

The Examiner.com reported, "The proportion [of youth] who are paying attention to the election has risen, from 56.1 percent to 71 percent."

CIRCLE also reported that, "in 2008, the youth vote made the difference for Barack Obama in Indiana, North Carolina, and Virginia- meaning that if you subtracted all the under-30 votes, the states would have flipped from Blue to Red."

Some speculations say Obama is at fault for the ever expanding youth unemployment rate, citing his policy to extend insurance provided by parents to their children up to the age of 26 years, raising tuition costs, and his 41 point job plan is not geared for young Americans.

According to The Washington Post, "Among 18-to-24-year-olds, 53 percent have moved back in with Mom and Dad, at least temporarily, in the past few years."

Others credit President Obama's initiative and enthusiasm for the rise in young voters getting involved in politics, protecting the public school systems and the decline of unemployment.

A Coyote Economist news release shed some light on recent college graduate unemployment rates, "For those in the labor force who are 25 years or older, the unemployment rate for those with just a high school diploma was 8.8 percent in March of 2012, whereas the unemployment rate for those with college education was 7.7 percent. And, of great relevance for those now attending CSUSB, the unemployment rate for those with a Bachelor's Degree (or higher) was only 4.1 percent."

While this number gives some hope for a college students future, there are some staggering statistics being reported by organizations like Generation Opportunity, who said, "84 percent of young people ages 18-29 had planned to but now might delay or not make at all a major life change or move forward on a major purchase due to the current state of the economy."

Moving out of their parents house, starting a family and saving for retirement were among the top things to get pushed

CSUSB student Iviana-Kia Ridgeway said, "I work and go to school, living on my own is not an option for me right now. I barely have enough money for my bills and I still live with my parents."



Young people are becoming more concerned about unemployment percentages going up making a changes to life plans.

# Chancellor Reed's plan to get rid of super seniors

#### Continued from Pg. 1

ior," claiming students do not try hard enough to graduate.

"I don't think this proposal is necessarily a bad thing," said CSUSB freshman Kelly Chen. "Not only will it free up space for classes, but it'll keep me in line to get good grades so I won't be here longer than I have to."

According to the CSU Board of Trustees Agenda, the fees are as follows:

"Graduation Incentive Fee: Fall 2013 students who have 160 or more units will pay an additional fee per unit. Starting in Fall 2014, students who have 150 or more units (semester units) will be required to pay a supplemental unit fee, 150 semester units equates to 225 quarter units.

Third-tier Tuition Fee: Students who are taking 18 or more units will be assessed a fee for each additional unit.

Course Repeat Fee: Students who repeat a course will be required to pay an additional fee per unit."

In a prior CSU meeting, Chancellor Charles Reed said students are, "gaming the system," and staying in school too long. He continued to criticize students who are attending CSU's for long periods of time, claiming they are taking up

The chancellor also said colleges in at least 15 other states impose fees on "super seniors" who have earned more units than they need to graduate.

CSU officials said they had no data from those other schools to show how effective those policies are.

Also, Reed said that this set of fees, which would go into effect beginning Fall 2013, would raise \$35 million a year.

CSU students not in favor of the proposed fees complained that the "graduation incentive fee" would unfairly penalize students who have switched majors or could not get the classes they needed due to unavailability.

"I don't like the sound of this at all," says Richard Gonzales, a Communications major who said he would be directly affected by the fee because he changed

"I still have a list of classes to complete in order to graduate. If this so-called incentive fee goes into effect, I'll have to pay a lot more money for classes which I just can't afford."

A number of students at CSU's are circulating petitions and holding protests in an effort to stop student fees.

"If CSU trustees approve the fees next week, it would be the first time CSU has used its fee structure to regulate students' academic choices," said Michael Uhlenkamp, media relations director for the Office of the Chancellor.

According to the San Francisco Chronicle, "CSU estimates its students, system wide, repeat 80,000 classes every academic year, taking spaces that other students could use."

The California State University Board of Trustees will meet Nov. 13 and 14 to discuss the potential CSU student fee increases.

## Record youth vote in 2012

#### Continued from Pg. 1

79 percent of these people were first time

The social media era we live in today helped advertise this new method of registering for the election and aided in reminding potential voters of the registration deadline.

According to the LA Times, California has 6.5 million non-registered voters. However Yee's new law reduced the nonregistered voter's number.

Oct. 22 marked the last day to register, which became the "largest voter registration day in the history of the United

Identity verification of voters who register using this online method is acquired through the Department of Motor Vehicles (DMV) database. The information stored at the DMV is cross-checked with the electronic form submitted online.

Instead of signing the form in person, voters authorize the use of their DMV signature to complete the application, according to the registration guidelines on ca.gov.

Despite the fact that the online world is vulnerable to hackers, some voters feel this is a safer way to register versus completing an application with a registered

"I'd rather do it online than give it [my information] to someone who can steal my identity," said CSUSB alumni, Audrea Diaz.

While identity theft both in person and online are a concern, security measures are in place, according to Secretary of State Debra Bowen.

The increased number of voters has set a new record for California.

"California now has over 18 million voters-the highest in our state's history," said Yee. "I am thrilled to see so many Californians participating in our democracy. While other states tried to suppress the vote, we dramatically increased our voter rolls. The success of online registrations has been a tremendous boost to young people and first time voters."

Online registered voters were 30.8 percent of young adults between the ages

Not only was there an increase in registered voters, but the new voters affected the demographics of Democrats and Republicans in California. 48.9 percent of new voters registered as Democrats while 19 percent as Republicans, according to Keigwin.

Millions of potential voters in California remain unregistered. Yee's new online registration law is accessible through the click of a mouse or push of a button on a cell phone.

This easy access registration method has the potential to shift the make-up of political parties in California as more unregistered voters become active participants in our democracy in the future.

## President Obama wins four more years in office

#### Continued from Pg. 1

victory, the popular vote was much closer at 61,164,405 to 58,159,408 (50 percent to 48 percent) as posted by USA Today.

Meaning almost half of the nation felt Obama wasn't the man for the job.

The president won nearly 70 percent of Latino and 90 percent of black votes while he lost in every age group of white voters according to Yahoo.com.

With the growing numbers of Hispanic voters it was enough to push him over the top.

But Democracy doesn't take into account the margin of victory, only the victory itself, leaving Americans to put aside their differences and move forward with reconstructing America and our unstable economy.

Obama said Wednesday that America is, "more than a collection of red and blue states," though this election didn't necessarily reflect that statement with all of the party-motivated hatred it generated.

"It's going to take a while for everyone to come around because of how different the candidates views were," said RCC student Eric Hall, an Obama supporter, "but we have to come together as a nation and embrace the leadership we have in order to grow as a country."

This sentiment is felt by many and may be the key to our future as a country. If we can't get past the differences we have no chance of success.

Some people such as Ryan Stukey, a small business owner from Moreno Valley, feel that, "The media creates these polar opposites and drives a wedge between the people."

He continues by saying that, "You almost get chastised as a member of one political party if you even slightly agree with the policies of the opposing party."

And here might be the problem; people to find a middle ground so we are grid locked on almost every issue with the bipartisan system we have now.

The president and the senate are controlled by the Democrats while the House remains Republican which causes legislation to move at a steady pace.

Obama is president and if we rally behind him, we could possibly avoid the impending "fiscal cliff" and start digging ourselves out of the hole of unemployment and economic decline, regardless of who we voted for and what party lines we

We can commend Obama for not letting the U.S. slip into another Great Depression, trying to keep us out of war (though we have been on the brink), and for being a friendly face for our nation in the international community.

Barack Obama is still the president of the United States of America for the next four years and needs our support.

"One nation ... indivisible."

# Employees prefer a better boss over pay

**"65** percent say a

better boss would make

choose a pay raise."

Michelle McQuaid

**Psychologist** 

#### By JULIA MATULIONIS

Staff Writer

statistical study has shown that workers would prefer better bosses over better

A staggering statistic was released last month after a survey of Americans was performed by workplace psychologist Michelle McQuaid who stated, "65 percent say a better boss would make them happy while 35 percent choose a pay raise."

The majority of employees surveyed stated they were unhappy with their bosses attitudes and ways of conducting business and prefer a better boss them happy while 35 percent Statistics. to better pay.

Leaders in the workplace have a lot on their shoulders: managing a team, concerns over the bottom line, and worrying about

their higher-ups. But does this amounting pressure give them an excuse to treat their employees poorly? One student says no.

Student Kimberley Daily said, "I hated my job because of my bosses. The managers would not communicate ... I always felt like I was getting yelled at when I was just doing what another manager told me

Associate Professor of Business and Public Administration here at CSUSB Kathie L. Pelletier expanded on what makes

"Its a combination of dysfunctional personality characteristics, amoral (lack of integrity), callous, self serving, arrogant, emotionally unstable, wreck-less, insatiable ambition, and a ambition that cant be

She continues with behavioral examples. "Demoralize employees, intimidate and threaten employees psychological and physiological well being, demean them, ridicule them, show favoritism, and promoting an us versus them mentality."

According to the Harvard Business review people say they would trust a stranger more than they would trust their boss. This is disheartening given the current econom-

According to the Bureau of Labor and Statistics the average yearly salary of a Californian is a little above \$50,000. But considering this average includes salaries as high as \$250,000 and as low as \$0, that combined with the high cost of living, it can be hard to see how low the average take-home income is for a majority of Cali-

fornians.

The unemployment rate is at 7.9 percent as of October 2012, according to the Bureau of Labor and

Pelletier expands, "There are so few jobs and so many people put out of work and based on our condition in our economy people are grabbing the first job

they see and tolerating bad leaders simply because they need the money."

A prominent theory about human needs was developed by Abraham Maslow in 1943 and is still relevant today. His theory says that as human beings we have to take care of our physiological needs first before we can move onto others.

It's as simple as having a roof over your head, and having access to nutritional needs like food and water. This can help explain why people are taking jobs they don't necessarily want so they can keep those physiological needs met.

According to The Homeless Resource Center, 1,593,150 individuals have experienced homelessness; only 26 percent of those were diagnosed with mental illness, 34 percent had a substance abuse problem, and 37 percent were under the age of 30.

These are separate statistics that can overlap to potentially draw conclusions of our current economy. One might wonder what other life changing events brought them to a place of homelessness.

# "I blow bubbles instead of cigarettes"

Nov. 14 - Relay For Life Rally from 11a.m. - 2 p.m. held in front of the Student Union. Volunteers will be available signing up cancer survivors and team leaders for the big event May 3 and 4.

Nov. 15 - Great American Smokeout event (GASO) held in front of the Student Union from 10 a.m. - 2 p.m. encouraging people to quit smoking for good. Balloons, water bottles and bubbles to show other alternatives for smoking cigarettes.

> Contact Racheal Rickman for more information at (760) 887-9074 or Nayeli at (323) 787-5842.

Do you want to keep up with everything on campus, but have a life and are too busy out being cray cray? Do you have the pristine and flawless iPhone 5 (or a piece of garbage Android)? Well if so, scan this code and mosey on down to... COYOTECHRONICLE.NET!

# County of Riverside Private Proposition Private Priva

Melissa O'Beck | Chronicle Photo

Facebook and Instagram were flooded with pictures of these "I Voted" stickers on election day.

# Good bye election, good riddance ads

By MELISSA O'BECK Staff Writer

ats off to our former and now reelected President, Barack Obama. Your victory marks the end of the election year, and the relief to my intolerable agony.

I'm sure I am not the first, and certainly will not be the last to say "Phew, the election is over."

It's not that I didn't thoroughly enjoy all 3,692 political Facebook posts polluting my newsfeed, or six automated phone calls a day informing me who to vote for while soaking up my data plan.

Furthermore, it has never been so enjoyable tuning into prime time television and being bombarded with "this message has been approved by ..." during every other commercial.

However, I suppose I can say I appreciate the campaign commercials, not because it influenced my vote, but because it finally inspired me to invest into DVR.

"I am so thankful the election is over so I no longer have to see ignorant Facebook and Instagram post. Ugh," said student Sami Walker.

Sorry to put a damper on po-

litical advertising, but enough is enough.

Apparently, I am not alone in my distaste for overwhelming, inyour-face propaganda.

"I'm relieved it is all over because I don't want anymore campaign junk mail piled on my kitchen counter. For the love of god, save a tree!" said student Ally Davis.

But is it really over?

Sadly, the end of an election campaign does not mean that intense partisans from either party will put down their rhetorical swords.

This is a divided country: Not since April has the gap between support for Obama and support for Romney in the major poll averages ever been more than five percentage points, according to a recent article in *Daily News*.

Not everyone can be a winner, so unfortunately the rants from the losing team will continue to haunt us.

The Republican party supporters will continue to post, blog and sit around at Starbucks participating in elevated debates about how their future has been mortgaged and they will be unemployed for yet another four years.

Ironically, many of these same people seemed to have got-

ten lost on the way to the polls, or maybe while they were too busy on their raging harangues on Facebook, election day passed them by.

A survey from US Government.com found that 28 percent of infrequent voters and 23 percent of those unregistered said they do not vote or do not register to vote because they are "too busy."

Here is how I see it. Stop blaming the government, take responsibility and control over your own life and it really won't matter who is in office.

If you want a job, get one. Spend less time being a wannabe politician and pointing the finger and more time being proactive about your own life.

Sometimes it's a Republican in office and sometimes it's a Democrat, but either way, at the end of the day your life is in your own hands.

Not all of the president bashing and alcohol induced arguments on who should be in office in the world is going to pay your bills or help you succeed.

While it's never really over, I'll be perfectly content with no longer having to dodge petition peddlers, a lighter load in my mailbox, and a few less phone calls everyday.

# Forget Twilight, read the classics

By MEGAN DAVIS

The New York Times Best Sellers list is currently housing books in their top spots like *The* Racketeer by John Grisham and Reflected in You by Sylvia Day.

Sadly, the majority of students on this campus will never read those titles nor ever be able to readily recognize the names of those authors.

But what many students will be able to tell me is when the latest installment of the "Twilight" movie series is released, and the names Kristen Stewart and Robert Pattinson are familiar too, if not idolized by, most students on campus.

Adding insult to injury is the fact that *The Great Gatsby* is being re-released into theaters, bringing one of the greatest American classics back to motion picture.

But I'm sure it will not have even a fraction of the ticket sales that "Breaking Dawn: Part II" will.

What I can't stand is that students on this campus can tell me in detail the plot lines of *Twilight* and *Fifty Shades of Grey*, but would be hard pressed to list three characters from *Great Ex-*

pectations.

"I personally don't understand why more young people don't read classic literature. There is something so timeless about it," said student Ashley Stevenson

What is it about teen romance novels that are mediocre at best, that has students running to Barnes & Noble, some for the first time in their lives?

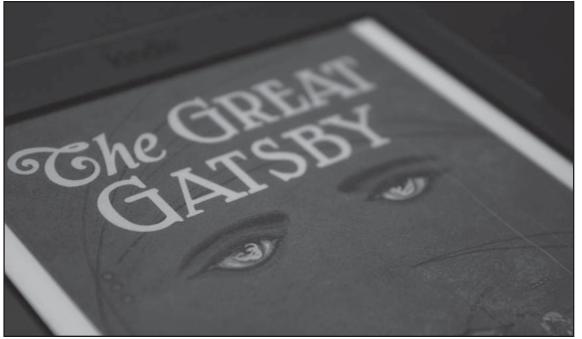
Is it the simplistic writing and predictable endings? Is it because books like *Twilight* require zero thought provocation or in depth analysis?

It is completely pathetic that girls will swoon over possessive and jealous characters like Edward and idolize weak and dependent Bella, but are oblivious to the epic love affair of Mr. Darcy and Elizabeth Bennet in *Pride and Prejudice*.

These characters have been alive in the pages of books since 1813 but are being forgotten in lieu of lesser modern day alternatives

"I don't understand at all why people, especially girls, get so hyped over Twilight. The way they go all crazy over those dudes in the movies is kind of pathetic," said student Ryan Lund.

Even if you are someone



Megan Davis / Chronicle Photo

Students nowadays prefer to read books like Twilight that are popular but lack depth and ignore classic American literature like The Great Gatsby.

who balks at the idea of reading the classics because the language or the concepts are too outdated for you, there are authors today that are creating amazing pieces of literature that are dealing with current issues many of us are facing and that are written in modern day language.

For example an author by the name of Jodi Picoult is a *New York Times* Best Seller author and has famously written 22 novels ranging from a slew of ethical issues covering adultery, euthanasia, donor children, murder, and teen suicide.

It is so important that our generation sets an example for the others that will come after us by keeping good though provoking literature alive.

Our generation should refuse to succumb to trashy teen dramas that are slowly eclipsing infamous authors of our past and the notable authors of today that are so much more capable of instilling worthy lessons into the minds of young adults.

We need to focus our attention on books that are written to convey knowledge and meaning, and not the books that encourage us to fall into a coma-like-state if we get dumped by a possessive, over bearing, egotistical logistically speaking dead boyfriend ... ahem Bella Swan.

# CSUSB should implement faster emergency response notifications

#### By STEPHANIE "LILO" MADRIGAL

Staff Writer

Late afternoon notifications about the recent Devore fire left staff and students confused and concerned about the campus' safety.

Frequent phone calls, text messages, and e-mails were sent out to all staff and students regarding information related to the fire.

A fire in North Devore sent smoke through the air on campus at 10:55 a.m. My first text message was received shortly after the fire's smoke was visible to the campus.

Following the text messages, I received a phone call with a voice mail and an e-mail roughly around 1:46 p.m.

The notifications included information with the location of the fire and traffic interruptions caused by the fire such as the freeways and streets being closed.

As I walked out of class I saw smoke and believed the fire was on campus. However, my worry was settled due to receiving these announcements.

Another aspect I appreciated

greatly about the warnings were the periodic traffic updates.

Throughout the day I received updated information about the freeway congestion, making my travel to and from work much easier

Besides the daily CSUSB traffic, there was an extreme back up from the northbound interstate 215, continuing the delay on the northbound 15.

My 15 minute drive from work could have taken me about 45 minutes due to the traffic, however, knowing where traffic was guided me to take the back roads to my home.

"I think the campus alerts are very helpful in giving us information about natural disasters," said student Monica Beltran. "The alerts pushed me to leave for school earlier expecting to hit traffic."

I am sure most of the staff and students of CSUSB greatly appreciate the alerts however, it seems there is a problem with the timing of the disaster and when the notifications were given.

"I received my e-mail at 2 p.m. and knew the fire started at 11 a.m.," said student Marina Diaz.

The fire started at 10:55 a.m., however, the notifications were not sent out until the afternoon.

Yes, CSUSB was not in danger with this past fire, but who is to know if the next fire will be closer to campus.

In that case, I would not want a message an hour or so later. If I am in class and do not know what is going on out there then that will bring chaos to campus once uninformed students leave class.

The mass text messages, phone calls, and e-mails are a perfect way to send out information that can help to avoid panic. However, I feel that it would be better send them within at least 10 minutes after the disaster has happened.

With our campus so close to the mountains we are prone to having fires near, and other unforeseen emergencies can occur.

With that said, make sure you update you current telephone numbers and e-mail addresses on Mycoyote.csusb.edu to receive these alerts.

Also, when a disaster is happening visit csusb.edu and Inci-Web.org for updated information, keeping everyone aware of what is happening at the scene.

# The morning after: Why Republicans need to adapt to a new U.S.

By MATTHEW BRAMLETT

Managing Editor

It was as if a runaway freight train slammed into an unsuspecting and powerless village.

In the course of only a few hours, all the Republicans' hopes and dreams of "taking back America" were crushed and destroyed.

President Barack Obama won a second term Tuesday night, handily defeating Mitt Romney and ensuring a new Democratic dynasty in America.

On the Republican end, it wasn't a pretty sight. Television cameras zoomed in on teary middle-aged men in Uncle Sam hats and conservatives such as Donald Trump and Karl Rove were reduced to sad, blubbering

The Republican Party was so sure of victory on election day, it was widely reported that Romney didn't even have a concession speech ready. Without question, the Republicans have a lot of soul-searching ahead of them.

The bubble they have been living in for so long has finally burst and the world that conservatives are seeing is a harsh and scary one.

The Republicans have now entered an "adapt or die" situation

One of the reasons why the Right lost was because of its piss-poor relations with growing ethnic groups in the country.

Latino voters have become a demographic too large and powerful to ignore, which is exactly what the Republican Party did

Their hard-line stance on immigration, an issue that hits so close to home for many Latino Americans, came off as harsh and xenophobic.

Latinos voted Blue by an incredible margin- 75 percent to 25 percent, according to The Huffington Post.

Coupled with the GOP's diss of Latino voters is the party's unwillingness to accept an increasingly multicultural

The country saw this outdated and racist worldview on election night, when an exasperated and thoroughly depressed Bill O'Reilly solemnly declared that, "The white establishment is now the minority in this country."

He went on to claim that esta Americans who were not white men — women, Latinos, blacks, die.

gays, etc. — were lazy, incompetent and only lived for free handouts.

Bill O'Reilly's "traditional" world involves great, manly men grabbing life by the balls and pulling themselves up by their bootstraps.

Women and minorities knew their place in this ideal America that so many conservatives dreamt about.

But this world is just thata dream. The "White, straight male" is not the default setting anymore and America is a better country for it.

People can't pull themselves up by their bootstraps anymore; the mailroom boy cannot rise up the corporate ladder to C.E.O. in a delightful little montage.

The Republican Party needs to realize this and develop a platform that keeps conservative ideologies while including all Americans.

Interestingly, the Tea Party resurgence that dominated the political landscape two years ago can also be seen as a contributing factor that led to Romney's downfall.

The party's ultra-conservative rhetoric energized some but alienated many moderates and independents who saw them as crazy ideologues.

Although less influential now than they were two years ago, the fringe rhetoric of the Tea Party turned off many Americans from voting Red, giving Blue the lead.

Incredibly, many Rightleaning blogs, such as the National Review and FreeRepublic, have condemned Romney for not being "conservative enough."

In their mind, a more hardline candidate would've won.

What the Republicans really need for 2016 is a young moderate (not Rand-worshiping Paul Ryan) who can appeal to everyone.

There are millions of registered Republicans in this country; this ideal candidate is definitely out there.

Ultimately, Republicans need to realize that we are living in a changed world.

Demographics that have been marginalized and ignored for years are finally getting the power they deserve.

The Republicans lost in 2012 because they did not court these people and instead relied on fringe groups and the "white establishment."

The task is simple: adapt or die.

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# World Vegan Month kicks off, will you make the switch?

By MARISSA MOONEY

Asst. A&E Editor

he Presidential election isn't the only thing to be aware of this November. Since 1994, World Vegan Day, Nov. 1, has been recognized as a vegan holiday and is celebrated all throughout the month.

Veganism is the decision to not contribute to any exploitation of animals, meaning staying clear of any animal-tested products, clothing such as leather, fur or wool, skipping those trips to the zoo or SeaWorld.

The biggest challenge potential vegans face on a daily basis, however, is their diets. Vegan diets means no meat, fish, dairy, eggs, products like gelatin and even honey.

At CSUSB, there aren't many food options for vegan students. The food trucks sometimes carry options like tofu burritos, and there are cucumber avocado veggie sushi available, but vegan students often make their own food, often including plenty of fruits and vegetables.

There are a few local restaurants that serve or specialize in vegan and vegetarian food: Loving Hut in Upland, Bright Star Thai in Rancho Cucamonga, Cheezy Pizza in Colton, Oasis Vegetarian Cafe in Riverside and Happy Family Vegetarian in San Bernardino are just a few.

Though familiarity with veganism is rising, some students still aren't completely convinced.

"I am vegetarian, I feel like vegan food would taste bland when you think of all the soy products put in it," said student Natalie Esparza.

"I wouldn't go vegan. I wouldn't know where to start. It would be hard to have a balanced diet. What is offered on campus that is vegan? Do you have to go to a special place that sells vegan food?" questioned student Byanet Hermosillo.

For vegans that can't find a bite to eat, there are plenty of recipes all available online nowadays from desserts like cookies to full course meals like pesto broccoli pasta.

Being vegan may sound like an expensive life style to choose from, but some of the vegan staples such as rice, beans, pasta and vegetables are often cheaper than animal products. Most vegan dishes at restaurants are a lot cheaper than a meat dish.

Remaining healthy is also a concern for first time vegans. A balanced vegan diet with fruits, vegetables and other whole foods means consuming much less saturated fat, calories and cholesterol.

The protein needed in a balanced diet can come from tofu, lentils, or any other type of soy product. Also, nuts like almonds, Brazilian nuts and cashews are a perfect high-protein substitute.

A 2008 survey for the Vegetarian Resource Group reported that 0.5 percent of Americans, or one million, identified themselves as vegan. Even celebrities like Lea Michele, Ellen DeGeneres, Russell Brand, Alicia Silverstone and Brad Pitt are all vegan.

Becoming vegan is an ongoing process and should be done at an your own pace.

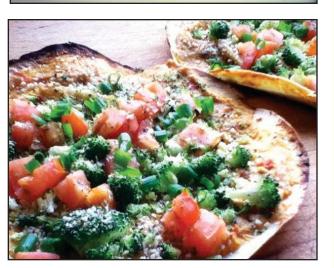
Vegan.org stated, "It can be hard to go vegan, especially if you hold yourself to too high of a standard at first. The important thing is to make changes you feel comfortable with."

Any Coyote willing to change their habits, who wants lead a healthier, less impactful life can make the change on their own with a positive attitude.













Photos courtesy of Richard Bowie



# Clearing up veganism

By RICHARD BOWIE

Editor in Chief

When Features Editor Isabel Tejada asked me if I had any photos of vegan food she could use to put in the paper with a vegan story I was like, "Hell yeah girl! I'm on Instagram; I have hundreds of photos of what I eat!"

Later I hopped on the computer and read Asst. A&E editor/staff writer Marissa Mooney's story you see to the left here, and was bummed that some students said they wouldn't go vegan, or that vegan food is tasteless.

So I offered to write a little to let all you Coyotes out there that making the switch isn't that tough and the food RILLES

Without going into a whole dissertation, you can get your protein from nuts, seeds, soy foods, beans; calcium from dark leafy greens and plant based milks (almond milk, which has been steadily gaining more and more popularity among vegans and non-vegans alike, boasts 150 percent more calcium than cow's milk - without all the pus and antibiotics!) and we can go on and on.

The only few things that are lacking naturally in a vegan diet are vitamin B12, iodine, vitamin D, Omega-3 fatty acids, iron and zinc. And you can get those in fortified milks, nutritional yeast (don't let the name fool you, it's the bomb) iodized table salt, broccoli good ole American sunlight for vitamin D, soy foods, canola oil, dark leafy greens, dried fruits, beans and grains will help you out with all of that and more.

More importantly though, I want everyone to know that I'm not sitting around eating salads and flowers. I'm feasting

Top and center is a picture from when I was feeling particularly fancy. Gardein chik'n breast piccata style with a sauce made from vegetable stock, Earth Balance vegan butter, lemon juice and some herbs, served on top of roasted asparagus and yellow rice. I bought everything for this dish at Stater Bros. for no more than \$12.

Don't think you need to go buy "fake" chicken and tofu just to be vegan. Just like anyone else, I'm not made of money, and even though a four pack of those Gardein chik'n breasts are less than \$4 at Staters, veggies and plant-based foods are still generally more affordable.

Keeping that in mind you can be like me and put together an inexpensive, healthy veggie "pizza," by throwing together some broccoli, tomatoes and green onions, spreading some red bell pepper hummus on a tortilla, topping with a little lemon juice, some red chili flakes from a Dominos pack I found in my kitchen and some raw almond parmesan cheese (process a cup of raw almonds, garlic salt and nutritional yeast, it's worth it). Blam-o, you've got a cheap, easy, healthful pizza.

Sautee some onions, rip up some kale, cook up some chickpeas, invite my friend lemon juice to the party and you've got yourself a meal, for under \$5!

Eating out takes a bit of ingenuity and question asking, but it's not impossible. Back to the Grind in downtown Riverside offers all sorts of vegan fare, like BBQ chik'n pizza, and most Asian eateries offer tofu, rice and veggie bowls.

My point is don't let food stop you from going vegan, there are a lot of options out there for you, you just have to look around! Have a happy vegan month! Also if you're vegan: be friends with me! I'm lonely!

# Career center prepares students for graduation

By JOCELYN COLBERT

Staff Writer

any college students are worried about not being able to continue on to their desired career when they graduate.

The CSU system provides many resources to ensure students graduate with their bachelors degree.

Here's where the problem occurs: Now that I have my bachelor's degree, what do I do now? How do I apply for a job in my career field?

This is the dilemma most post-grads are facing. Yes, the CSU system ensures that one will receive their bachelor's degree, but what about ensuring that a student will be able to work in their career field, actually using their degree?

Porsha Bracey, CSUSB graduate of the class of 2011, fits this exact scenario. She majored in Mass Communications, graduated with a 3.1 GPA thinking this would be enough to ensure a job in her major.

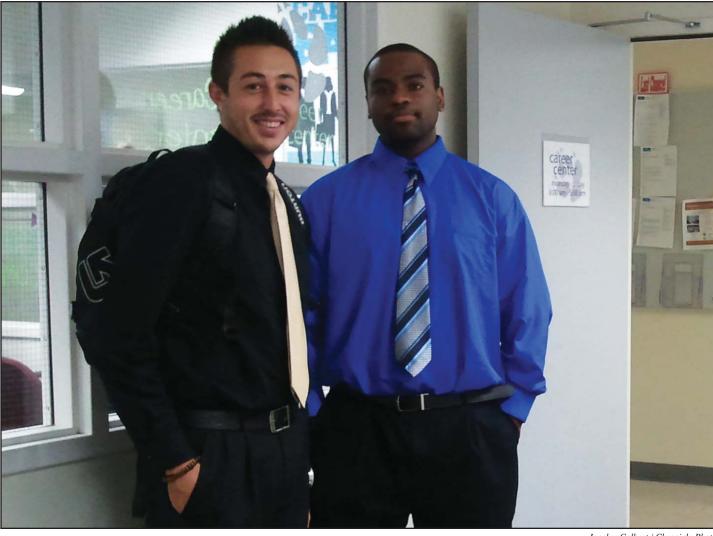
Sadly this was not the case. "I'm currently working for Verizon selling home services such as Internet and cable. I'd like to be working in the communication field as an event planner and being involved in marketing, but I didn't prepare enough for my post-bachelor experience," said Brac-

To entirely avoid this potentially stressful and nerve-racking situation, Yotes must be pro-active college students. As an undergrad, students need to be figuring out their next step, not just concentrating on

A resource available to the students on campus to help with the jump-start into our careers is the Career Development Center located on the third floor of University Hall room 329.

The Career Development Center's mission is to support the academic purpose of the university by providing complete career services, which result in a successful conclusion of the educational experience.

Their goal is to integrate the campus and the community for the advancement



From mock interviews to perfecting your resume to career advising, students prepare for future internships and jobs by using the different services the Career Center has to offer.

of student learning and career success. The Career Development Center offers programs that meet the career/life challenges of those they serve.

Larry Burns, Director of The Career Development Center, has been managing the career team since July.

"I've lived in the county since '95. The big reason I wanted to work here was to connect to my local community by helping students become contributing members of society," said Burns.

The staff members of the center include career counselors, job developers, internship coordinators, as well as student assistants ready to aid you on advancing your career path.

Students can walk-in or make appointments. There are limited walk-in hours, so to ensure the student plenty of one-on-one time, it would be advised to make an appointment.

What can a student gain from visiting the Career Development Center?

"We offer students training services to help get them ready for their career postgraduation. We also offer student employment advice, not to mention jobs," said Burns. "Coyotelink is an entire database of jobs. Students can set up a profile and begin their job and internship searches."

The Career Development Center of-

fers resume workshops, career counseling, and will coach students on the interviewing process. They also host a plethora of various workshops such as job fairs, graduate fairs, and career expos usually held in our Santos Manuel Student Union Events Cen-

To learn about these events and more log on to Coyotelink, CSUSB's free web based job board or read your weekly e-mail Job Spotlight.

Take advantage of your on campus resources and use them to the fullest. Visiting The Career Development Center can put minds at ease about many post-grad dilemmas students might face.

# Apps are students favorite pastime



Amanda Wigley | Chronicle Photo

Edgar Silva uses apps to pass time and obtain information.

#### By AMANDA WIGLEY Staff Writer

In this day and age we can find an app for just about anything.

Apple products, such as the iPhone, well-known for their astonishing amount of apps. In June 2008 there were approximately 800 apps available for Apple products. And as of September 2012 fer apps. The iPhone and the Android boast MyCoyote account, find places to eat on there are close to 700,000 apps available.

I spoke with students around campus and Edgar Silva noted that his favorite apps are "ones that keep me informed, like the CSUSB mobile app, just in case I am not close to a computer and need information." Silva also likes social media apps such as Facebook.

As you can imagine with seven hundred thousand apps, they fill a wide range of interests. After conducting a survey I was able to conclude that Instagram, Facebook, Twitter and different types of gaming apps are on the top of students lists.

Although less popular among students' list of favorites, some did say Pandora and Maps are in their top three apps. I also utilize and enjoy those apps as well.

Something most students like about apps is that a lot of them are free; Facebook, games, news, sports and hundreds upon hundreds of other free apps are available in the app store.

All smart phone operating systems of-

the most available apps, with the Black- campus and so much more. berry coming in a distant third.

However, apps are not just limited to smart phones. Systems such as the iPad and Microsoft Tablet have apps as well. The iPad for example has approximately 250,000 apps to choose from.

I recently won an iPad Mini at my work and am looking forward to all the helpful and fun apps that I will be able to

One of the best things about apps for your smart phones or iPads is that you can take them on the go. I notice that more recently than ever students are bringing their iPads and tablets to class. A small, easy to carry way to take notes, or play games, whatever it is we do in class.

There have been many occasions when I needed to find a store and all I had to do was get the address and let my Maps app lead me to my destination.

The CSUSB app liked by Silva can help you find a classroom, access your

You can download the free CSUSB app by accessing the app store on your smart device and then typing CSUSB mobile device in the search field and install it to your phone.

With the way we utilize apps in this generation, it is amazing that a few short years ago there was no such thing as an app. I am not even sure how we managed without them!



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# From Quebec to California

# French Canadian exchange student shares his experience at CSUSB

By MARC-OLIVIER DROUIN

Staff Writer

t's been more than two months since other French Canadians and myself landed in southern California for a quarter abroad. With a couple of weeks to go before the end of our journey, the CSUSB campus and San Bernardino started feeling like home; without the extremely cold weather and snow

When I told my friends that I was coming here, their reaction was all the same. "San Bernardino, where the hell is that? Go to Los Angeles instead." Other friends that had already studied in the Golden State said, "Marc-Olivier, you know that San Bernardino is a very dangerous city, you can't walk alone down the street!"

Beside all these preconceived opinions, for me, your city is not bad at all. Obviously, the city has some issues like any other place in the world.

Back home, people describe San Bernardino as a very dangerous and poor city, but I think that they exaggerate - Montreal and Toronto are also dangerous places where thieves and homeless people are ev-

Truth be told, San Bernardino is just fine. The only thing that bothers my French Canadian friends and myself is the fact that there are not a lot of activities to do in the city, near the campus and that we always have to rent a car to go somewhere else.

After seven weeks in CSUSB classrooms, I can now confirm that there is a



French-Canadian exchange students Christine Manzo (left) and Anne-Marie Paradis (right) enthusiastically show off their passports to represent their French Canadian roots at CSUSB.

huge difference between studies here and in Canada. The biggest difference is in the attitude of the students.

I don't understand how people can be late and miss classes when they pay huge tuition fees. In fact, in most of my classes a third of the students are often missing. This let me wonder if American students are taking their studies seriously.

Back in my university in Quebec, the University of Sherbrooke, missing a class or being late to one is frowned upon and can put you in real trouble. Teachers are used to closing the doors at the beginning

of class and if you are late you can't enter and if you missed more than two classes you are out.

Also, something that we noticed is the fact that people don't seem to give the best of themselves at school. Back home, there is a kind of challenge between the students where everyone tries to have the best scores and the best GPA. Personally, I don't feel that competition here.

Up to now, as for the general experience here, every Canadian exchange students give an A+ for their quarter at CSUSB and their experience in the United

"School is great and we're near everything like national parks, the beach and music shows. People are curious and want to talk with us. It's awesome," said Jean-Samuel Baillargeon, who just arrived from a trip to Yosemite with other French Canadian students.

We officially became proud Coyotes! And, if like us, you want to study abroad and learn a new language and a new culture, take a look at the National Student Exchange program, it makes everything (especially the paperwork) much easier.

# Students get colorful for charity

By EMILIE CHACON Staff Writer

The happiest 5k on the planet passed through San Diego on Nov. 3 at Qualcomm Stadium.

The Color Run is a colorful five kilometers where at every kilometer, the runners pass through a color station where a group of people throw a specific color powder on your white outfit: pink at the first station, yellow at the second, orange at the third, blue at the fourth and rainbow at the finish line.

The Color Run is not your average race experience.

Its main goals are to have fun by running, walking or even dancing to the finish line and not to forget, getting as colorful as you can be.

"I usually like to run at home as training," said student Sophie Cote who attended the race. "When I heard about The Color Run, I thought that it would be so much fun to run while getting colored. I was looking forward to be as colorful as a rainbow."

Like Cote, her friend and classmate, Valerie Beland, heard about the race back in October when the race was held in her home city of Montreal.

"I saw pictures of The Color Run on my Facebook feed page and I was a bit jealous that some of my friends had participate in an event as fun as this one. When I learned there was one race in San Diego, I registered right away," said Beland.

Not only do runners have a blast at the race, but by registering for the event they also help a local charity, Big Brothers, Big Sisters of San Diego County. A portion of the registration money goes to the organization that sponsors the race in each city, so you are running and fundraising to local communities.

"It is good to know that I am helping while I am having a blast. It feels good," said Beland.

At the finish line, the CSUSB girls were amazed by their experience.

"It was so fun! The five kilometers run felt like maybe one or two kilometers only. It went so fast," said Cote.

When asked if they would recommend this activity, they all answered "Definitely!"

Student Marilyn Remillard added "You don't even have to be in shape to enjoy your experience. As there is no timer, you can complete the race at your own speed without feeling rushed."

There are many families with children who participated in the race, some still in strollers, some people were even in wheelchairs. No need to be an expert runner to participate!

As mentioned on their website, "Color runners come from all different ages, shapes, sizes and speeds; but everyone toeing the start line has a blast. Whether



Photo courtesy of Sharon Montgomery

Students showed their fierce yet colorful side as they ran, walked and even danced to the finish line of the 5k Color Run.

you are a casual morning mall walker or an Olympic athlete, the three miles of The Color Run course will be the most memorable and colorful run of your life!"

The next race in southern California

will be in Los Angeles on Feb. 2, 2013 and in Irvine on May 11, 2013. If you are interested and want to try this cool experience, you can register directly on The Color Race website at thecolorrun.com.

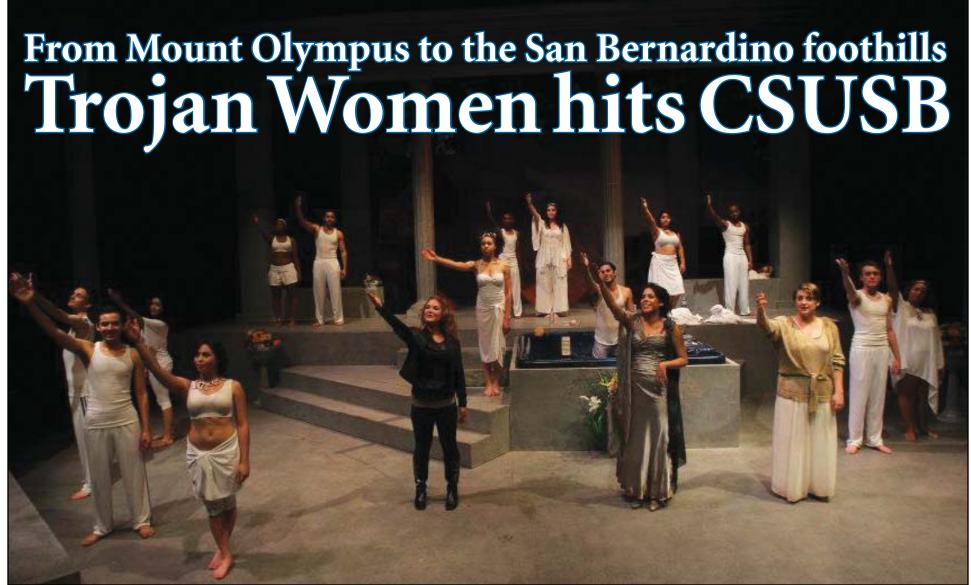


Photo courtesy of Robert Whitehead

The wonderful ensemble cast of "The Trojan Women: A Love Story," a take on Euripides' classic play directed by Charles L. Mee. The play revolves on the trials and tribulations of the women of Troy and Athens left behind in the throes of war.

#### By ANTHONY LOPEZ Staff Writer

In the intimate setting of the Ronald E. Barnes Theater, the epic tale by Euripides, "The Trojan Women: A Love Story," was wonderfully performed last Friday night by the CSUSB Department of Theatre Arts.

Euripides' story is originally set in Troy and Greece at the end of The Trojan War, giving an account of what happened to the women of Troy. It then switches into a tale of the Greek men returning from war, but is given a contemporary interpretation with the adaptation by the playwright Charles L. Mee, all to the delight of the audience.

In this modern production, Mee has soldiers carry Uzis instead of spears and talk about tanks and helicopters in place of chariots and ships, all the while expanding the major themes of the original play. For both the environment and depth of the story, the play is a success for the CSUSB Theatre Arts Department.

The story dives into mature themes, such as the suffering of women and children during war, the role of women, honor and even philosophical ideas of fate and free will.

Questions arose about the role of women during the chaos of war with an echoing background of humor and drama.

San Bernardino resident Mary Chaplin said, "I enjoyed it, it was a much deeper version of the play that I've ever seen."

One of the biggest reasons why the audience left satisfied was because the company was able to weave the story through worthy performances, entertain the individual and pose interesting questions about gender roles in society.

The performance of the ensemble cast did a great job of communicating the themes of the story. Alexandra Juarez gave a strong performance as the dethroned queen Hecuba, T.J. Sloan gave an entertaining presentation of Talthybius, Julian Monk showed depth as both Bill in the prologue and Eddie in the play and Kristie Lynn Uhler showed some killer vocals as

Cassandra while singing "Helter Skelter."

"I think [the play] is really prevalent to today, with the war we are in," said Sloan. "I don't think people [realize] how war affects women sometimes and this play showcases that."

In these discussions on the atrocities committed during war, the chorus talks about the experiences that they go through. It includes everything from domestic violence, rape and other abuses, with each woman telling her sad tale.

Yet despite the gloom of the topics, the play is entertaining with the musical numbers and the quick wit of the script. The usage of contemporary tunes like "Helter Skelter," "Candy," and "Blue Moon" mesh well with the play.

"The show was actually great, it is very powerful, very moving at times, it can be a lot of fun at other times," said Theatre Arts Box Office Manager Josh Gren. "It is just a really great mix of music, emotion, and raw power."

"I really enjoyed the pre-show, that happens before the audience gets into it, before the show really starts, where the girls have an opportunity to be themselves and entertain, before the horrible comes down on them, so I'd encourage audience members to come early," continued Gren.

The overall atmosphere was engaging. The stage brought to mind the destruction of a city. The backdrop had a painted building torn in half revealing the 5 story structure, along with the back of a beat and broken up beetle stuck on side of a wall that released smoke.

The awesome backdrop was reminiscent of a very real war zone.

Yet the environment was very manipulative, with Rick Hoglund and Sean Longstreet playing music to fit the mood controlling the audience with each chord. Furthermore, their music was spot-on while the performers sang their tunes.

"The Trojan Women" runs until Nov. 18, with showings on Fridays and Saturdays at 8 p.m., with matinee shows available on Sundays at 2 p.m.



Photo courtesy of Robert Whitehead



Photo courtesy of Robert Whitehead

## **Arts & Entertainment**

# Underground Music Society hits the airwaves with new radio show

By MARIELA LIMON

Staff Writer

Coyote Radio's newest show, The Underground Music Hour, airs Tuesday nights at 5 p.m. and features local artists from across the Inland Empire.

The show, a collaboration among Coyote Radio, the Underground Music Society and Airborne Intl. highlights the best of underground music that is produced locally.

Emmanuel Rodriguez, founder of the Underground Music Society said that, "Underground music covers every kind of music, its just not mainstream and that is the only thing that defines underground music."

Cam Grant, Adam Washington and Kev Alexander are the disc jockeys that are in charge of the hourly show. All three are part of Airborne Intl., where they distribute their work such as graphic design and promotions.

Although they are not affiliated with the school academically, they participate in the Underground Music Society, a recognized organization on campus.

"This is all still fresh to us, we barley started to do this over the summer," said Alexander.

Although they are fairly new at this and as a team have only broadcast four shows all of them seem very comfortable and excited about their new jobs as radio hosts.

"Our show is about artists promoting artists, giving them a professional platform to promote their music," said Grant.

The radio show is an outlet for these local artist to get the exposure they need to branch out with their work and get attention from the shows audience.



Mariela Limon | Chronicle Photo

Adam Washington, Kev Alexander and Cam Grant host the UMS radio show every Tuesday at 5 p.m. in the Coyote Radio office to share diverse underground music to CSUSB students.

Independent artists have a lot more work to do when they are not signed to a major recording company. "Promotion is just way different, independent artists promote themselves," said Washington.

Grant himself knows this all too well. He too is a local artist trying to put his music out there and says "You have to become your own publicist, your own merchandise seller"

"Young artists, all they need is the platform to make it and once you make that platform accessible it allows new things to

spring forward," said Rodriguez

The Underground Music Hour and Coyote Radio in general are that platform that these artists from the Inland Empire need.

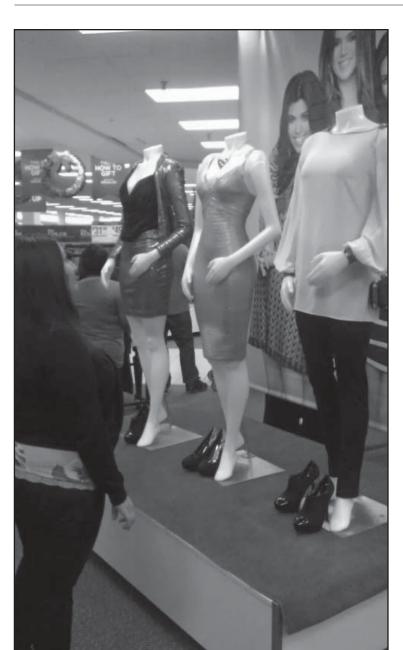
"Underground music is starting to transform," said Alexander. As a radio show they are not loyal to just one genre of underground music; they are willing to play anything.

Rodriguez's ultimate goal for the show is to make people on and off campus come together through the music.

Besides their vocal promotion of local artist, they also promote their shows, events that are held on campus and current local and national events. "We tell everybody about shows that are coming up and local artists," said Washington.

The Underground Music Hour hits the airwaves every Tuesday night at 5 p.m.

You can listen at the Coyote Radio website at coyoteradio.csusb.edu, on iTunes and on the TuneIn app. Local artists are encouraged to send music that they'd like to have on the airwayes.



Lupe Duran / Chronicle Photo

 $\label{lem:condition} A \ lone \ CSUSB \ student \ admires \ the \ Kardashian \ Kollection \ released \ at \ Sears \ department \ stores.$ 

# The Kardashians cash in on Coyote's passion for fashion

By LUPE DURAN
Staff Writer

We all like to think that we have our own unique fashion sense and that we dress the way we do because it's our style. The truth is, the way we dress, the way we do our hair, our choice on nail polish color, it's all influenced by some outside source.

One major influence that's been leaving their mark on the fashion scene is the Kardashians, who came into the spotlight back in 2007.

Kim Kardashian, along with sisters Khloe and Kourtney, are without question major fashion divas and they know it. They not only have their own clothing line at major retail stores like Sears, but they also own two stores in Calabasas and Miami.

The line contains animal print, jumpsuits, dresses, over-sized sunglasses, scarfs, handbags and jewelry. Anything you can think of, the Kardashians' fashion line has it.

"I love their clothes," said

student Maribel Ramirez. "They get a little crazy with their patterns sometimes but you just need to know how to pull off the look."

Clothing isn't the only thing these girls are setting a trend on. A lot of girls love those Kardashian curls and both her and her sisters' stunning make-up techniques.

"I always try to do my makeup like Khloe does hers, it's always perfect for the occasion," said student Jessica Romero.

"Keeping Up with the Kardashians," the TV reality show that's allowed the sister socialites and their family into our homes for the past five years is an insight into the family's life but even more so gives viewers the chance to check out some of the outfits Kim, Kourtney and Khloe show off

The show not only tips viewers on the girl's fashion "do's" but also on their fashion "don'ts," as seen on various episodes when they make fun of their mother, Kris Jenner, for wearing some of the ridiculous outfits she wears and subtly pointing out to view-

ers what is and isn't "fab."

On the television show's Facebook page, "Keeping Up With the Kardashians," there are constant posts of the girls' "outfit of the day" like Kim Kardashian in "all black everything" and "all white everything," both are looks that judging by user's comments are to die for.

Last week, Khloe was seen rocking some metallic nail polish from the "Kardashian Colors" collection in a few of the site's photos and it seems like overnight everyone chimed into the neutral color metallic nail look.

Already hitting the racks is winter wear from the Kardashian line, which includes hoodies, sweatpants, and sweaters.

"I saw a shirt with a big shoe on the front of it and thought who would wear that, then I remembered I saw Kourtney wearing it in a picture online and remembered it actually looked really cute," said a Sears shopper.

Goes to show how influential the ever-popular Kardashian name is, right?

#### **Arts & Entertainment**

# R.E.D. is Ne-Yo's most diverse album in years

By ERICKA RUIZ
Staff Writer

R&B singer Ne-Yo is back to show a different side of himself on his new album *R.E.D* that was just released on Nov. 6.

The album title is an acronym for "Realizing Every Dream." It features collaborations from different popular artists such as Wiz Khalifa, Tim McGraw, Kanye, Calvin Harris and much more.

The singer is most recognized for his talent and skills in song writing and producing music for highly known artists like Beyonce and Rihanna.

Crafting music became such a priority in his career that his fans were left wondering when he would come out with another album. Ne-Yo's debut album, back in 2006, was the initial breakthrough of his career.

Last year's 4th album, "Libra Scale" disappointed many of his fans, for which he mentions "[*R.E.D*] is not an apology, but to a degree it's like I got a little too cool for the room with the last one," according to his official website, neyothegentleman. com.

The album features a diverse style of music that includes Hip-Hop, Country-Pop, and even Club/Dance music.

Ne-Yo's recently released single is now in the top ten on the Billboard's Top 100 list for the first week of November.

The song titled "Let me love you," was released this summer, and since then fans like student, Marc Carillo mentions,

"a club favorite and a recent ringback."

The intro track of the album is titled "Cracks of Mr. Perfect," a song of self-revelation to his audience. For being the first track on the album, the song has more than just a pleasant melody.

"Don't make em like you" is a song that features Wiz Khalifa, a young Hip-Hop artist that has gained a spotlight in the music industry. The track seems like a recycled theme of Ne-yo's hit song of 2008, "Miss Independent." The portion of rap in the song by Wiz Khalifa gives it a more urban feel.

Shifting from Ne-Yo's known genre, the track titled, "she-is," features a mixture of R&B and Country. The duet with country singer, Tim McGraw, (don't need all these commas, remember to say sentence aloud with and without pauses to see which works best) surely ties perfect with the intentions to the song.

On a more personal level, "Alone with you," is a song dedicated to Ne-Yo's daughter, Maddie. Powerful messages like, "Don't you ever let your heart believe, that I wouldn't happily, swim across whatever sea, just to be alone with you."

The lyrics in the song sound perfect, and reflect a beautiful unconditional love a father has for his daughter.

Ne-Yo's ability to create songs and to manipulate different genres of music has become the reason why this album is so great. As an artist, Ne-yo has shown his fans that he has matured and is taking every step to further his career.

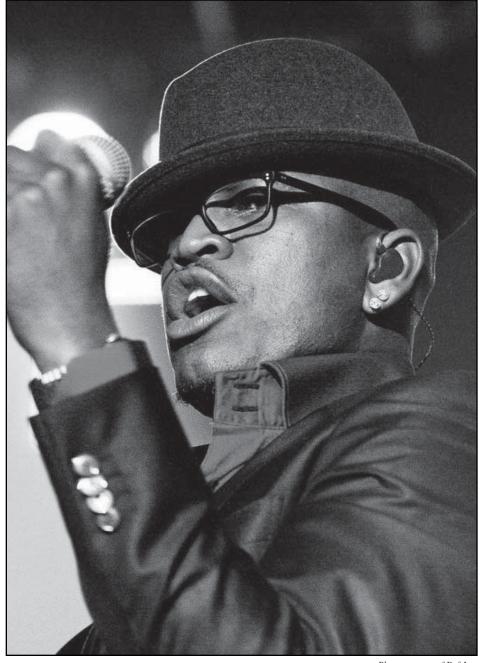
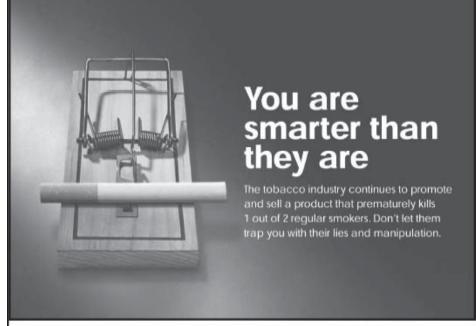


Photo courtesy of Def Jam

Ne-Yo is back in full swing with his critically acclaimed new album, R.E.D. The album is influenced by different genres.





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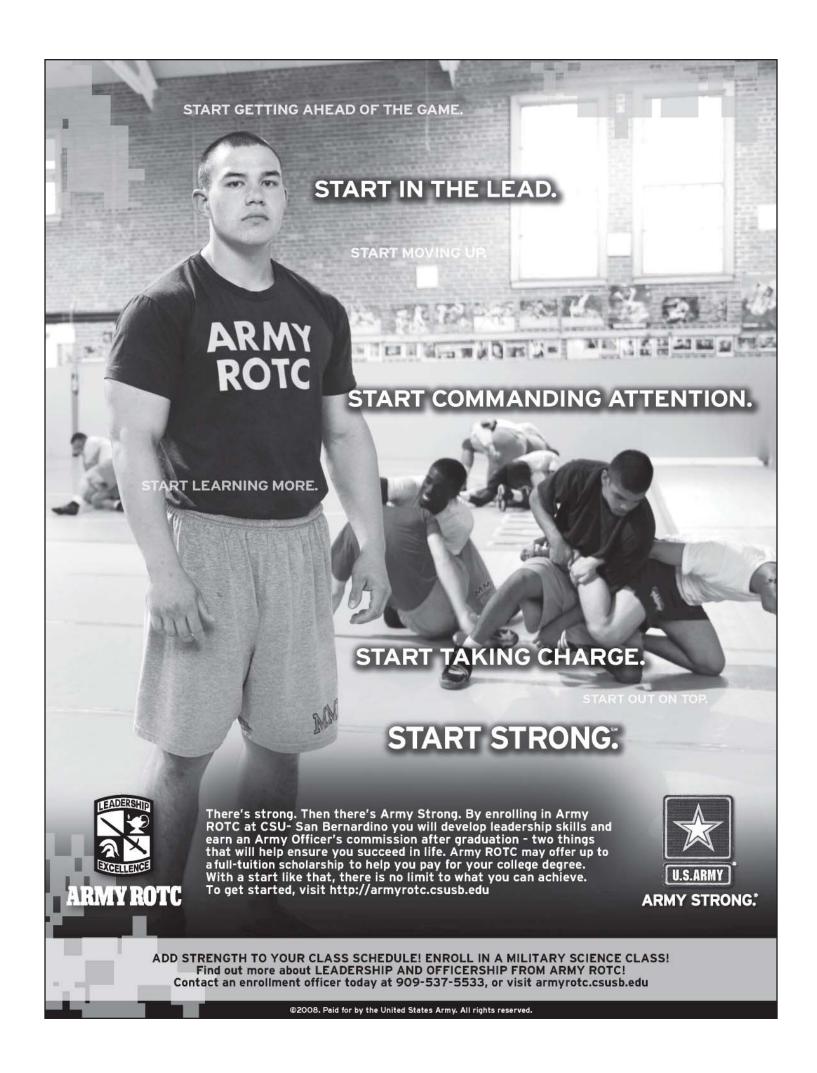
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#### COYOTE COMMENTARY

# Mike Brown's dismissal leaves fans wondering who is next

By JOVANI GAMA Sports Editor and **CHELSEA UNDERWOOD** Asst. Sports Editor

The verdict is win; Mike Brown is no longer the Los Angeles Lakers' head coach, and it appears as if a new era of Lakers's basketball is about to begin.

The Lakers made headlines last year after they announced that the great Phil Jackson's predecessor would be the former Cleveland Cavaliers' Coach of the Year Mike Brown.

Jackson, who retired after the 2010-2011 campaign with a mind boggling 11 championships to his credit, left behind shoes as big as the city for which he coached to

While initially up to the challenge, Mike Brown seemed to lack the "it" factor that it takes to survive in Hollywood.

After his Lakers suffered an uncharacteristic second round exit at the hands of Oklahoma City Thunder in last year's playoffs, the citizens of Los Angeles turned their backs on Brown and called for his head!

Okay, maybe not for his head, but the chants for Brown's removal resonated throughout the Staples Center as well as the entire city.

While Lakers management



Keith Allison / Flickr

Some may argue that Mike Brown was fired too early into the season, but most Laker fans are looking forward to a fresh start with a new coach.

expressed their desire to give Brown ample opportunity, a loss on the road to the Utah Jazz along with an intense Kobe Bryant death stare seemed to be all the organization needed to let him go.

Mitch Kupchak, Lakers General Manager, explained his decision to fire Brown during his interview on Friday, Nov. 9.

"Mike's a good man. Very hard working; maybe one of the hardest working coaches that I've ever been around," said Kupchak. "The bottom line is that the team was not winning at the pace that we expected this team to win and we didn't see improvement."

Kupchak continued to elude to the fact that the team that he was in charge of constructing was not performing up to par, and what's worse, was showing little signs of improvement.

The Lakers, who have started the season with a dismal 1-4 record, continued to preach patience, but with lack of progress and players who at times looked uninterested in their craft, Kup-

For now, assistant coach Bernie Bickerstaff will be given the right to fill in the empty coaching position until someone else is

chak's patience finally ran out.

The question is, now that Brown is out, who will the Lakers bring in?

Seconds after it was revealed that Brown was fired, rumors and speculations began swirling across the internet.

With names like Mike D'Antoni, Stan Van Gundy, and even Phil Jackson being tossed around, it is difficult to gauge who will take over the position, as each coach is great in his own

The most interesting name taking over headlines, however, is Jerry Sloan.

The Hall-of-Fame coach has been retired for over a year, but was recently linked to vacant coaching positions, indicating that the 70 year old still has the desire and ability to coach.

The no-nonsense coach seems like an ideal fit for the star studded Lakers, as discipline on the offensive end and especially on the defensive end have clearly been lacking.

In addition, Sloan's "flex offense" seems ideal for the Lakers' starting five, as Steve Nash's effectiveness finding cutters and slashers will surely resemble that of hall-of-famer John Stockton's. who Sloan also coached.

While Sloan refused to comment on the possibility of coaching the Lakers, it is clear that the prospect of winning an NBA championship is enticing to Sloan who, despite all of his accolades and prestige, has yet to have the opportunity to hoist up the Larry O'Brien trophy.

The Lakers seem to be the best bet to make this happen for



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# Olinger earns first team All-CCAA honors



Megan Acuna / Chronicle Photo Olinger loves soccer, but has ambitious beyond the game.

By MEGAN ACUNA Staff Writer

anner Olinger modestly describes himself as "just a hard working student athlete."

The Washington native has had a stellar four years playing goalkeeper for our Coyote men's soccer team.

"I've played soccer since I was four and I enjoyed every second," said Olinger.

This season ended with a shutout win against CSU East Bay and with Olinger only having had allowed nine goals which gave him a .845 saves percentage with 48 saves out of 59 shots on goal.

This phenomenal performance gained him recognition when he was awarded first-team All-CCAA honors for this season.

"I was a little bit surprised considering we didn't make post season this year but I was happy about it," said Olinger.

Olinger is majoring in Kinesiology with a focus in pre-physical therapy.

With plans to graduate in the Spring 2013, he has intentions to go to graduate school and is diligently working hard in all of his classes.

"I'd love to work with athletes but it takes a while. Any physical therapy is fine; athletes are just a bonus.

I need to be in a three-year doctorate program. I'd like to go to Loma Linda or CSU Long Beach. I've also applied to schools closer to home," said Olinger.

With home hundreds of miles away in Washington, it's amazing that Olinger was able to adapt these past four seasons and play as well as he has for the Coyotes including keeping up with a great GPA.

"I miss my family and the atmosphere. It's very different here. Washington is more relaxed while California is very fast paced," said Olinger.

Even though school and working at the Rec Center on campus takes up most of his time, Olinger enjoys movies, books and music like any other college student.

"My two favorite movies of all time are "Gladiator", because it's inspiring with good story and plot, and "Se7en" because it's very smart. My favorite sports movie is "Green Street Hooligans". I read the Lee Child *Jack Reacher* novels and I like everything from country to rap. Eminem and Zac Brown Band are my favorite artists."

Olinger adds that he has in fact never been to a concert, but wishes he had gone to Stagecoach.

He has, though, been to soccer games.

"I follow soccer but I don't look up to any players and have no one player I'm inspired by, I just like the game. My favorite team is Everton F.C.," said Olinger.

It's always interesting for sports fans to learn about athletes and their pre-game rituals and superstitions.

"I try to keep the same warm up and same habits before every game. I listen to music and try not to be too serious or too goofy." He jokingly adds that he has no "smelly habits" like not washing his uniform

"I try to do my best in school while performing as well as I can on the field. It's a balancing act."

If he continues to be a hard working, high-achieving student athlete, Olinger can count on an extremely bright and successful future ahead of him.



Megan Acuna / Chronicle Photo

Olinger's performance behind the net this season was a huge plus for his team, and earned him All-CCAA honors as well.

# THIS WEEK IN SPORTS:

**November 12, 1892** 

Pudge Heffelfinger receives \$500, becomes 1st pro football player

November 14, 1964

Detroit Red Wings Gordie Howe sets NHL record 627th career goal

November 15, 1988

Dodgers outfielder Kirk Gibson wins NL MVP Award

November 16, 1957 Celtic Bill Russell sets NBA record of 49 rebounds

# THE LATEST IN SPORTS:



#### **COYOTE BLOG**

Mike Brown out; who's in?

Check out pg. 14 to see what we think about Mike Brown being fired, and who we feel would be the best fit to take over his position

#### SPORTS TRIVIA

Each week the Coyote Chronicle will try to stump the students with sports trivia. The answers will be given the following week in the next issue. So get your sports thinking caps on.

The Celtics and the Lakers have the most, and second most NBA titles in NBA history, respectively. Which team has the third most titles?

Answer to this week's question will be revealed in next week's issue!



Tuesday 11.13.12

# Coach Oliver unsatisfied with 44 point win

By RYAN LIBBY Staff Writer

The Coyotes were able to earn a 97–53 victory in their only exhibition game of the year against Cal Tech.

The game was an opportunity for head coach Jeff Oliver to see what more needs to be improved despite a 44 point win.

"We were awful in every aspect of the game," he said. "We didn't stick to our defensive principals, our transition defense was atrocious and offensively [we] didn't execute one iota."

There were a few moments in which Cal Tech was able to find an open player off of a screen for a three point shot. This play ran three consecutive times at one point in the game, and while they wound up as empty possessions for Cal Tech, the looks they were able to get at the basket were too good for comfort.

Cal Tech would finish the night 8 of 24 from the three point arc, but most of that was due to poor shooting, not strong defense, specifically failure to pick up the open shooter.

One thing that was noticeable was the strong pressure the Coyotes put on the Cal Tech ball handler, finishing the night with 15 steals.

"Our principals are ball pressure, help side," said Oli-

ver. "We had ball pressure at times, but our help side was bad."

In man-to-man defense it is important that somebody is there to help out in case the main defender gets separated from the ball handler.

By the end of the game Cal Tech was probably tired of seeing a CSUSB defender right in their face, but if they were able to set a screen for an open shot, it was difficult for the Coyotes to stop them.

With such a decisive victory there had to be something that Oliver saw as a positive. After a quick answer of "nothing," Oliver took a moment and mentioned something that was missing last year.

"We shared the ball," said Oliver. "We looked for each other. We made the extra pass. [We] didn't necessarily make the shot afterwards, but we played unselfish."

Oliver wants to see more passing in the future, a stronger team chemistry which he said, that the Coyotes are developing.

From the opening tip-off CSUSB went on a tear scoring the game's first nine points.

Center Pablo Genevo would finish with 14 points and 10 rebounds. Most of his performance came in the second half as he found himself spending most of the first half on the sidelines due to early foul trouble.

"[Genevo] got two fouls and that's one thing we're

working on. He can't get in foul trouble along with our other two posts until we get deeper and healthier," he said.

It is important that Genevo stays on the court as the team is relying on him to be a factor while first team All-CCAA forward Kwame Alexander waits to become eligible.

Genevo showed some leadership capabilities as he was talking to his teammates, letting them know where to go on a particular play as well as encouraging them to keep up the offensive tempo.

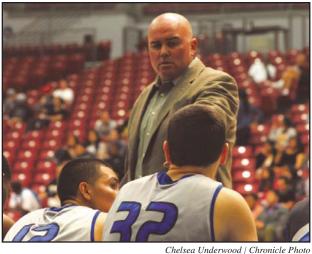
'Well just the first thing, as coach says, we need to talk to each other," Genevo said. "On defense [and] the offensive end it's important to talk and let them know, your teammates, that you're there. That's the first reason for talking."

Coyotes guard Lacy Haddock also would finish with a team high 21 points and was 8 of 8 at the free-throw line.

In future games, the Coyotes look to keep up the outside shooting. Even though the team finished 9 of 24 from three, Oliver wants to see possibly a bigger number in that

"There will probably be more games where we actually have to take more [threes]," laughed Oliver.

Regular season play begins Nov. 13 as the Coyotes travel to Santa Barbara to face Westmont. Game time is 7 p.m.



Even with a lead coach Oliver continues to urge his players to execute properly.



Genevo, Goins, and Martinez wait anxiously on the bench for a chance to play.



Gouch and the rest of the Coyotes pleased their coach with their ball movement.

# Volleyball gets wake up call after weekend loss

By DEVAN LEE Staff Writer

The CSUSB's women's volleyball team suffered a loss to the UC San Diego Tritons in La Jolla, California on Nov. 7.

"We were playing unmotivated and looked half asleep out there," said Assistant Head Coach Danny Scott.

The team's loss marks the end of a seven game winning streak they held prior to the match. The Lady Yotes started off the match by winning the first two sets over

However, momentum appeared to take a wrong turn for the Coyotes as their rivals came back to win the next three sets consecutively. This ultimately led to the unfortunate loss to a long-time rival of the

The result of the match left CSUSB women's volleyball team with an overall record of 18 wins and 8 losses as of Nov.

The loss also marked the third conference loss for the Lady Yotes.

The momentum of the game seemed to be in the Coyotes' favor in the beginning of the match. According to game stats, CSUSB only had one attack error out of an overall total of 66 attacks in the first two

sets of the match.

Freshman outside hitter Alexandria Torline once again led the team with kills with a total of 15. In addition, her fellow freshman teammates Ashlev Solis, outside hitter, and Brenna McIntosh, middle blocker, also contributed to the first two set victories.

Solis had a total of 13 kills while Mc-Intosh had a total of 11 kills and 12 blocks.

By the end of the second match, CSUSB had a total of 33 kills out of 66 total kill attempts, averaging a kill to attempt

Although the Coyotes may have had the upper hand at first, the team's efforts were unfortunately short lived.

CSUSB was just a few points shy from adding another victory to their winning streak during the third set. Unfortunately, UC San Diego refused to give up their lead and scored three kills to win the set.

The result would be the same at the end of the following two sets.

Despite narrowing the deficit by one point in the third set, CSUSB was ultimately outscored by the Tritons resulting in a shocking defeat.

Once the Tritons won the fourth set, knotting up the game at 2 sets apiece, the momentum of the contest was clearly shift-



Women's volleyball's defeat at the hands of UC San Diego has reminded them that the road to a title is not an easy one.

ed in the Tritons' favor.

CSUSB found themselves trailing in the fifth and final set, but the athleticism of players like senior setter Camille Smith kept the Coyotes in the game.

Smith, who tried to yield her young teammates to victory was able to bring the Lady Yotes within one point of the lead at one point in the final set.

Needless to say, UCSD continued their fight and ended the match with a game winning kill by freshman outside hitter Danielle Dahle.

"We always try to come back strong from a loss like this one," said Assistant Head Coach Scott. "All we can do is continue to win games and try to make it to playoffs."

CSUSB has two games remaining in the regular season. Both games will take place this month at the opposing teams stadium. They face Cal State Monterey Bay on Nov. 16 and Cal State East Bay on Nov. 17.