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FLC: Kinesiology Teaching Orientation to Kinesiology

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California State University, San Bernardino
College of Natural Sciences/Department of Kinesiology
KINE 2100, Orientation to Kinesiology, Section XX, Semester
and Year

Course and Instructor Information

Instructor: [INSERT TEXT]
Office location: [INSERT TEXT]
Telephone: [INSERT TEXT]
Email: [INSERT TEXT]
Office hours: [INSERT TEXT]
Class Days/Time: [INSERT TEXT]
Classroom: [INSERT TEXT]
Others: [INSERT TEXT]

Faculty Web Page (Optional)

Sample text: It is important to use descriptive links for all hyperlinks in your document. For example, instead of <http://blackboard.csusb.edu>, use visit the [California State University San Bernardino Blackboard](#) website. If you need to provide a link address for reference, please be sure to list it but disable the link, for example <http://blackboard.csusb.edu>

Course Description

This course introduces students to the influences of Kinesiology through the historical and philosophical lens of physical activity, physical education, movement behavior, as well as the broader cultural, philosophical, political, intellectual, and economic patterns affecting the discipline and its sub-fields. Included in this course is information about career pathways including graduate education.

Student Learning Objectives/Outcomes

Upon successful completion of this course, students will be able to:

Learning Outcome (LO) 1...**Understand** foundational scientific knowledge in kinesiology. (*Aligns with PLO 1 & 2*)

LO2...**Evaluate** peer reviewed research in kinesiology. (*Aligns with PLO 1 & 3*)

LO3...**Understand** various psychomotor, psychological, cognitive, and/or behavioral parameters in a variety of populations. (*Aligns with PLO 2*)

LO4...**Analyze** various points of view related to kinesiology. (Aligns with PLO 1, 2, & 3)

Required Texts/Readings (note where available)

Textbook

A History and Philosophy of Sport and Physical Education, 7th Edition, Robert A. Mechikoff

Other readings (from textbooks, professional organizations, etc.)

Discipline Introduction: Exercise physiology

Discipline Introduction: Biomechanics

Discipline Introduction: Motor behavior

Discipline Introduction: Psych & Sociology

Discipline Introduction: Pedagogy

Discipline Introduction: Exercise Professional

Assignments

Enumerate and briefly describe assignments for the course and indicate alignment with learning outcomes. Include information about due dates and assignment weights.

Assignment Idea: Career reflection/ideas - project, paper, presentation, etc.

Assignment Idea: Exploration of other historical topics not covered in class- project, paper, presentation, etc. (Seek instructor's approval of topic)

Exam 1 - Orientation

Exam 2 – History & Philosophy

Other:

- class discussions
- online discussions
- quizzes
- in-class assignments
- explore faculty interests/specializations, such as online
- etc.

Grading Policy

Specify grading policies including how grades are determined, what grades are possible, whether extra credit are available, what the penalty is for late or missed word and what constitutes a passing grade for the course.

University Policies

Instructor(s) shall refer students to the "General Regulations and Procedures" in the CSUSB Bulletin of Courses for the university's policies on course withdrawal, cheating, and plagiarism. Below are examples only.

Plagiarism and Cheating

Sample text: Students are expected to be familiar with the University's Policy on cheating and Plagiarism. Please review this at (CSUSB Bulletin, pages 51-52). "Quote here the university's policy." Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person's ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified.

Classroom Protocol

Note expectations for participations, attendance, arrival times, behavior, safety, cell phone use, etc.

Dropping and Adding

Sample text: You are responsible for understanding the policies and procedures about add/drops, academic renewal, etc. found at [\(CSUSB Bulletin, pages 46-48\)](#).

Campus Policy in Compliance with the American Disabilities Act

CSUSB Syllabus Policy (2.g) states that at a minimum, each course syllabus must contain a statement of ADA compliance (below are the 2007-08 official statements for supporting students with disabilities), and the reminder that it is the student's responsibility to seek academic accommodations for a verified disability in a timely manner.

Support for Students with Disabilities

Main Campus:

If you are in need of an accommodation for a disability in order to participate in this class, please see the instructor and contact Services to Students with Disabilities at (909) 537-5238.

If you require assistance in the event of an emergency, you are advised to establish a buddy system with a buddy and an alternate buddy in the class. Individuals with disabilities should prepare for an emergency ahead of time by instructing a classmate and the instructor.

Palm Desert Campus:

If you are in need of an accommodation for a disability in order to participate in this class, please let me know ASAP and also contact Rosie Garza in Services to Students with Disabilities at the Palm Desert Campus in RG-209, 760-341-2883 extension 78117, or at the San Bernardino Campus in UH-183, 909-537-5238, ssd@csusb.edu.

If you require assistance in the event of an emergency, you are advised to establish a buddy system with a buddy and an alternate buddy in the class. Individuals with disabilities should prepare for an emergency ahead of time by instructing a classmate and the instructor.

Course Schedule

(Note: subject to change with fair notice.) List the agenda for the quarter including when and where the final exam will be held.

Date	Topics, Readings, Assignments and Deadline
Week 1	Intro to kinesiology
Week 2	Disciplines: Ex phys
Week 3	Disciplines: Biomechanics
Week 4	Disciplines: Motor behavior
Week 5	Disciplines: Psych & Sociology
Week 6	Disciplines: Pedagogy
Week 7	Disciplines: Exercise Professional Assignment: Career reflection/ideas - project, paper, presentation, etc. Exam
8	Intro to History and Philosophy (Ch 1)
9	Ancient cultures: Sumer, Egypt, China, Mesoamerica (Ch 2)
10	Greece and Rome (Ch 3, 4)
11	Middle ages, Renaissance, Enlightenment
12	Sport & PA in early America
13	Sport & PA in 20 th century
14	Assignment: Exploration of other historical topics - project, paper, presentation, etc.
15	Contemporary issues surrounding sport <ul style="list-style-type: none"> • Ex) Qatar World Cup – building stadium using modern day “slave” labor

Date	Topics, Readings, Assignments and Deadline
	<ul style="list-style-type: none"><li data-bbox="630 243 971 275">• Ex) Doping/ethics, <i>Icarus</i>
16	Exam

NOTE TO FACULTY

(Delete this section after use, and do not include in your final syllabus copy.)

Before working on your syllabus, read the [CSUSB Syllabus Policy](#).

This template includes only the minimum that each course syllabus must contain as per Syllabus Policy, Section 2.