FLC: Kinesiology Teaching Orientation to Kinesiology

Christopher R. Hill
*California State University, San Bernardino*, christopher.hill@csusb.edu

Follow this and additional works at: [https://scholarworks.lib.csusb.edu/q2sep](https://scholarworks.lib.csusb.edu/q2sep)

**Recommended Citation**
[https://scholarworks.lib.csusb.edu/q2sep/61](https://scholarworks.lib.csusb.edu/q2sep/61)

This Course Outline / Syllabus is brought to you for free and open access by CSUSB ScholarWorks. It has been accepted for inclusion in Q2S Enhancing Pedagogy by an authorized administrator of CSUSB ScholarWorks. For more information, please contact scholarworks@csusb.edu.
California State University, San Bernardino  
College of Natural Sciences/Department of Kinesiology  
KINE 2100, Orientation to Kinesiology, Section XX, Semester and Year

Course and Instructor Information

Instructor: [INSERT TEXT]  
Office location: [INSERT TEXT]  
Telephone: [INSERT TEXT]  
Email: [INSERT TEXT]  
Office hours: [INSERT TEXT]  
Class Days/Time: [INSERT TEXT]  
Classroom: [INSERT TEXT]  
Others: [INSERT TEXT]

Faculty Web Page (Optional)

Sample text: It is important to use descriptive links for all hyperlinks in your document. For example, instead of http://blackboard.csusb.edu, use visit the California State University San Bernardino Blackboard website. If you need to provide a link address for reference, please be sure to list it but disable the link, for example http://blackboard.csusb.edu

Course Description

This course introduces students to the influences of Kinesiology through the historical and philosophical lens of physical activity, physical education, movement behavior, as well as the broader cultural, philosophical, political, intellectual, and economic patterns affecting the discipline and its sub-fields. Included in this course is information about career pathways including graduate education.

Student Learning Objectives/Outcomes

Upon successful completion of this course, students will be able to:

- Learning Outcome (LO) 1…**Understand** foundational scientific knowledge in kinesiology. *(Aligns with PLO 1 & 2)*
- LO2…**Evaluate** peer reviewed research in kinesiology. *(Aligns with PLO 1 & 3)*
- LO3…**Understand** various psychomotor, psychological, cognitive, and/or behavioral parameters in a variety of populations. *(Aligns with PLO 2)*
LO4…**Analyze** various points of view related to kinesiology. (Aligns with PLO 1, 2, & 3)

**Required Texts/Readings (note where available)**

**Textbook**
A History and Philosophy of Sport and Physical Education, 7th Edition, Robert A. Mechikoff

**Other readings (from textbooks, professional organizations, etc.)**
Discipline Introduction: Exercise physiology
Discipline Introduction: Biomechanics
Discipline Introduction: Motor behavior
Discipline Introduction: Psych & Sociology
Discipline Introduction: Pedagogy
Discipline Introduction: Exercise Professional

**Assignments**

Enumerate and briefly describe assignments for the course and indicate alignment with learning outcomes. Include information about due dates and assignment weights.

**Assignment Idea**: Career reflection/ideas - project, paper, presentation, etc.

**Assignment Idea**: Exploration of other historical topics not covered in class - project, paper, presentation, etc. (Seek instructor’s approval of topic)

**Exam 1 - Orientation**

**Exam 2 – History & Philosophy**

**Other:**

- class discussions
- online discussions
- quizzes
- in-class assignments
- explore faculty interests/specializations, such as online
- etc.
Grading Policy

Specify grading policies including how grades are determined, what grades are possible, whether extra credit are available, what the penalty is for late or missed work and what constitutes a passing grade for the course.

University Policies

Instructor(s) shall refer students to the “General Regulations and Procedures” in the CSUSB Bulletin of Courses for the university’s policies on course withdrawal, cheating, and plagiarism. Below are examples only.

Plagiarism and Cheating
Sample text: Students are expected to be familiar with the University’s Policy on cheating and Plagiarism. Please review this at (CSUSB Bulletin, pages 51-52). “Quote here the university’s policy.” Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person’s ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified.

Classroom Protocol
Note expectations for participations, attendance, arrival times, behavior, safety, cell phone use, etc.

Dropping and Adding
Sample text: You are responsible for understanding the policies and procedures about add/drops, academic renewal, etc. found at (CSUSB Bulletin, pages 46-48).

Campus Policy in Compliance with the American Disabilities Act

CSUSB Syllabus Policy (2.g) states that at a minimum, each course syllabus must contain a statement of ADA compliance (below are the 2007-08 official statements for supporting students with disabilities), and the reminder that it is the student’s responsibility to seek academic accommodations for a verified disability in a timely manner.

Support for Students with Disabilities
Main Campus:
If you are in need of an accommodation for a disability in order to participate in this class, please see the instructor and contact Services to Students with Disabilities at (909) 537-5238.
If you require assistance in the event of an emergency, you are advised to establish a buddy system with a buddy and an alternate buddy in the class. Individuals with disabilities should prepare for an emergency ahead of time by instructing a classmate and the instructor.

**Palm Desert Campus:**
If you are in need of an accommodation for a disability in order to participate in this class, please let me know ASAP and also contact Rosie Garza in Services to Students with Disabilities at the Palm Desert Campus in RG-209, 760-341-2883 extension 78117, or at the San Bernardino Campus in UH-183, 909-537-5238, ssd@csusb.edu.

If you require assistance in the event of an emergency, you are advised to establish a buddy system with a buddy and an alternate buddy in the class. Individuals with disabilities should prepare for an emergency ahead of time by instructing a classmate and the instructor.

### Course Schedule
(Note: subject to change with fair notice.) List the agenda for the quarter including when and where the final exam will be held.

<table>
<thead>
<tr>
<th>Date</th>
<th>Topics, Readings, Assignments and Deadline</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 1</td>
<td>Intro to kinesiology</td>
</tr>
<tr>
<td>Week 2</td>
<td>Disciplines: Ex phys</td>
</tr>
<tr>
<td>Week 3</td>
<td>Disciplines: Biomechanics</td>
</tr>
<tr>
<td>Week 4</td>
<td>Disciplines: Motor behavior</td>
</tr>
<tr>
<td>Week 5</td>
<td>Disciplines: Psych &amp; Sociology</td>
</tr>
<tr>
<td>Week 6</td>
<td>Disciplines: Pedagogy</td>
</tr>
<tr>
<td>Week 7</td>
<td>Disciplines: Exercise Professional</td>
</tr>
<tr>
<td></td>
<td><strong>Assignment</strong>: Career reflection/ideas - project, paper, presentation, etc.</td>
</tr>
<tr>
<td></td>
<td><strong>Exam</strong></td>
</tr>
<tr>
<td>8</td>
<td>Intro to History and Philosophy (Ch 1)</td>
</tr>
<tr>
<td>9</td>
<td>Ancient cultures: Sumer, Egypt, China, Mesoamerica (Ch 2)</td>
</tr>
<tr>
<td>10</td>
<td>Greece and Rome (Ch 3, 4)</td>
</tr>
<tr>
<td>11</td>
<td>Middle ages, Renaissance, Enlightenment</td>
</tr>
<tr>
<td>12</td>
<td>Sport &amp; PA in early America</td>
</tr>
<tr>
<td>13</td>
<td>Sport &amp; PA in 20th century</td>
</tr>
<tr>
<td>14</td>
<td><strong>Assignment</strong>: Exploration of other historical topics - project, paper, presentation, etc.</td>
</tr>
<tr>
<td>15</td>
<td>Contemporary issues surrounding sport</td>
</tr>
<tr>
<td></td>
<td>• Ex) Qatar World Cup – building stadium using modern day “slave” labor</td>
</tr>
<tr>
<td>Date</td>
<td>Topics, Readings, Assignments and Deadline</td>
</tr>
<tr>
<td>------</td>
<td>-------------------------------------------</td>
</tr>
<tr>
<td>16</td>
<td>• Ex) Doping/ethics, <em>Icarus</em></td>
</tr>
<tr>
<td></td>
<td>Exam</td>
</tr>
</tbody>
</table>

**NOTE TO FACULTY**

(Delete this section after use, and do not include in your final syllabus copy.)

Before working on your syllabus, read the [CSUSB Syllabus Policy](#).

This template includes only the minimum that each course syllabus must contain as per Syllabus Policy, Section 2.