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Coyote Chronicle

coyotechronicle.net

Obama continues military tribunals

By **OMAR GUZMAN**
Staff Writer

President Barack Obama has decided as of March 8 to continue military trials of Guantanamo Bay detainees two years after he promised to close the military prison.

Whether or not the Guantanamo Bay detainees should be tried under civilian or military tribunals is an issue that

has captured the attention of some CSUSB faculty, who gave their opinion on the matter.

“The best way to handle these prisoners is to bring them to a fair justice system whether or not they are released or prosecuted, but not by military tribunals, where some have been tortured and broken now to where they act like children. It is a disgrace to this nation,” said Dany Doueiri, assistant professor of World Languages and Lit-

erature.

Kevin E. Grisham, faculty executive board member for the center of Islamic Studies at CSUSB said, “The problem with trying the prisoners in civilian courts is that they may have to use secret information that if made public can endanger the lives of many people. There may also be more serious problems if some of these prisoners are

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Sharonda Harris | Chronicle Photo

Students Justine Plemons and Kimberlee Benton assist comedian Justin Rivera perform one of his hilarious magic tricks.

CSUSB becomes comedy central

By **SHARONDA HARRIS**
Staff Writer

With finals approaching, students were able to momentarily forget about exams, and laugh their butts off.

Associated Student Incorporated (ASI) hosted its annual ‘Comedy Den’ on March 8.

Nick Kendle, vice president of university affairs, decided that the ‘Comedy Dens’ should be held each quarter, contrary to the and far spaced scheduling of the event in the past.

“These quarterly comedy dens are a way to help people relieve right before finals; and it helps when you can laugh and

forget about high gas prices, tuition, and test,” said Kendle.

This Comedy Den featured comedienne and MC Cocoa Brown.

“What I liked best about this event was Cocoa, the host. She kept the show alive. Her jokes were always on point,” said student Omolara Oluyemi.

“It’s great to have an education in your back pocket. I have a Bachelor’s and Master’s. I can quit any time, and easily be a professor at a college,” said Brown.

Kendle says that he noticed Brown at a CSUSB event years ago and felt that it would be great if the campus held more comedy slams for students to attend.

Continued on Pg. 3

No more smoking on campus

By **LINDSEY MARTINOVICH**
Staff Writer

Smoking on campus is prohibited ... or nearly so.

The following smoking policy was recommended by the CSUSB administrative council and approved by CSUSB President Albert Karnig in the beginning of the 2010-2011 school year:

According to the new smoking policy, “Smoking is prohibited on all CSUSB property and in all indoor and outdoor spaces owned, leased, licensed, or otherwise controlled by CSUSB, with the exception of designated smoking areas.”

This policy shall be assessed in two years from its inception date to determine its effectiveness and appropriateness.

Also stated in the policy, “Smoking is prohibited in all vehicles owned by CSUSB and at any event or activity on campus property.”

The policy expects all CSUSB students, faculty and staff to comply.

Optimistically, CSUSB believes that with time and patience, this policy will eventually become widely accepted and followed.

In addition to the policy, non-smoking signs are placed throughout campus. All ash cans are to be removed on campus unless they are in the designated smoking areas.

According to the Student Health Center (SHC), “The success of this policy depends upon the courtesy, respect and cooperation of users and non-users of tobacco products.”

Any member of the CSUSB community may respectfully ask individuals to comply with this policy.

The SHC, along with the Student Taskforce Against Tobacco (STAT), are committed to collaborate with all campus community entities in an effort to promote, educate and implement this policy.

Looking out for the betterment of all, the purpose of the smoking policy is to promote a healthy educational and work environment for all members of the CSUSB community.

The SHC hopes that this policy will create a supportive environment for those individuals who currently use tobacco and are seeking to quit.

The SHC claims that, “Research shows the likelihood of a person will be able to quit smoking is enhanced when the work environment has eliminated or curtailed the ability to smoke. For many smokers, the restrictive environment provides the required impetus to quit.”

Although the policy sounds great, it still leaves many students’ questions unanswered.

Where are the designated smoking areas? Is there a fine for those caught violating the policy, and if so how much? Who is responsible for enforcing the policy?

“I didn’t even know there were smoking areas on campus, I feel like people smoke wherever they want to, especially outside of the [Santos Manuel Student Union],” said student Kamerin Bateman.

“I have noticed a definite decrease in people that I see smoking on campus since my freshman year here at Cal State,” said student Arianna Flores.

Even though there is still some ambiguity within the smoking policy, “CSUSB is committed to create a safe, healthy and productive environment for its students, staff and visitors,” as stated in CSUSB’s policy guidelines.

Students can learn more about the policy by checking policies.csusb.edu.



Richard Bowie | Chronicle Photo

Smokers will soon need to find a new place to get their fix.



Coyote alumnus named “Fastest Rising Star”

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What are the real reasons gas prices are so high?

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The fall of Charlie Sheen

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Four-legged friends help de-stress before finals

See Page 7

The do’s and don’ts of MLB Spring Training

See Page 15

Women’s basketball fails to clinch NCAA top spot

See Page 16

Students sound off on Spring Break plans

By **ANGEL BELTRAN**
Staff Writer

Mexico remains on top of the current travel warnings list issued by the U.S. Department of State, although it remains one of the most popularized destinations for spring break travelers.

Travel warnings are issued by the Department of State when a country is deemed far too dangerous for Americans to travel to.

According to the Department of State website, more than half of all Americans killed in Mexico in 2009, whose deaths were reported to the U.S. Embassy, were killed in the border cities of Ciudad Juarez and Tijuana.

The Texas Department of Public Safety also issued warnings to college students about traveling south of the border for spring break.

However, Cancun and Puerto Vallarta made it onto this year's MSNBC top ten spring break destinations for college students.

"Mishaps tend to happen when students have that sense of freedom and not



Keith Pomakis | Courtesy of Wikimedia Commons

Popular Spring Break destinations may include places like Cancun Beach, but travelers may be unaware of its dangers.

thinking. It's easier for them to act irresponsible [on vacation]," said Elanor Perry, immigration specialist at CSUSB's international center.

"[When] you're out in a new city, or out in a new country where you may not know the laws or rules, or not be familiar with the place. We encourage travel but if you're not used to the country, still [act] responsible and pay attention to what's around you," added Perry.

According to the Department of State website, alcohol is involved in the vast majority of arrests, accidents, violent crimes, rapes, and deaths suffered by American students on Spring Break. Disturbing the peace, lewd or indecent behavior, littering, driving under the influence, drinking on

the street or on public transportation, using public transportation without payment, or making obscene or insulting remarks are all considered criminal activities by Mexican authorities.

CSUSB student Gaby Ilabaca said she recommends being cautious of your whereabouts, walking around in groups, knowing the area beforehand and not going in hotel rooms with strangers.

It doesn't matter where students travel for spring break, precautions will always need to be taken especially when "partying is involved."

"The problem is that youth have that sense that nothing will happen to them," said English professor, DeShea Rushing. "People go to drink and party and become easy prey and they don't even realize it."

"One of my students was given the date rape drug, and she was raped. Before this happened to her, she used to be an active student in class and we connected as people," said Rushing. "When she came back from vacation, it was like her spirit was drained out of her. She was like a zombie. Before I got a chance to talk to her she dropped out and moved back East."

Rushing further went on, "I wish she would have talked to me, I wasn't her counselor but I could have directed her to the correct person to talk to for help."

If an incident of this nature occurs while on vacation, it is best to report and seek help as soon as possible.

Students are advised to check the state department website for travel news and alerts at www.4studentsabroad.state.gov.

SIDE NOTE: The Coyote Chronicle received a number of letters of concern about the opinions piece entitled "14th Amendment shouldn't harbor illegal immigrants," written by Rachel Cannon in our February 21 issue, and the cartoon that accompanied it. While we vehemently support our writers' right to voice their opinion in this independent entity, the Coyote Chronicle would like to apologize to anyone who was offended by the cartoon chosen to run alongside the editorial. The editorial staff is reviewing guidelines on how it chooses art/graphics to best reflect the content written by our writing staff.

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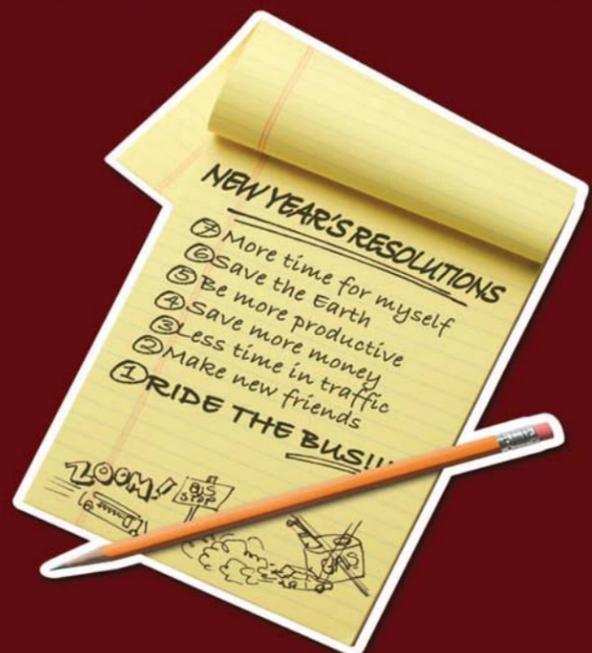
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Mackenzie von Kleist | Chronicle Photo

Former Coyote Mark Hartley was honored as Best Performer and Fastest Rising Star by Campus Activities Magazine for his work as director of student leadership and development.

Alumnus finds higher purpose

By **MACKENZIE VON KLEIST**
Staff Writer

Former CSUSB student receives a high honor for campus leadership.

Once a young college student, he was eager to learn and strived to become the successful college student he knew he could be.

Mark Hartley, director of student leadership and development, returns to the CSUSB campus as an inspirational speaker and author whose purpose is to have each student be as passionate about their college career as they are about their social life.

Hartley has won the 2011 Best Performer and Fastest Rising Star from Campus Activities Magazine.

"How cool is this?" said Hartley. "I know everyone that gets nominated for other awards says it but I truly just felt honored to be nominated, and actually winning the award is just such a great honor."

With over 200 nominations from our campus as well as other campuses and people he has come into contact with, Hartley was launched into the contest with four other nominees, and successfully won.

"This award does not pay me any-

thing, but having this sort of recognition is going to open up doors for me, and I want to use this to utilize and send my message out there," said Hartley.

"This generation has the key to this futures success, and I want them to live up to excellence and prepare to take this country where it needs to go," he continued.

Along with the award for Fastest Rising Star, Hartley is being featured in the magazine's April issue with an interview and full page spread about his accomplishments and success that enabled him to get this far.

Most subscribers to the magazine use it as a resource to book inspirational speakers, musicians, comedians and events for their campus activities and draw in a more overall school spirited atmosphere.

The magazine operates as a resource to bring student buyers together with the artist and agencies who cater to the collegiate market.

The magazine aims to introduce students to new and innovative programming opportunities while letting them know about some of the more popular performers and shows other intuitions have found.

Attending one of his inspiring speeches two years ago about "Greeks and

grades," has stuck with me throughout my time here at CSUSB.

Hartley said his goal is to push each student to become accountable for their studying habits and make sure that they have fun in college but always know that they are here for their degrees and without success here, the real world will only be harder.

One of the main habits that I took from the speech was his recommendation of seeing school and studying like a job while you are here.

If you are on campus Tuesdays and Thursdays, then dedicate yourself 8 a.m. to 5 p.m. studying so when you are done Friday your social life can begin without guilt about that paper you might have not finished during the week.

Taking these habits into my everyday life in college is preparing me for my future in my profession, and I have Mark Hartley's inspiring speech to thank for that.

Beyond inspiring students Hartley is also a published writer who has several different books on leadership

For more information about the award, visit campusactivitiesmagazine.com and/or for more information about Mark Hartley visit markhartleyonline.com.

Community projects on chopping block

By **HECTOR GAMA**
Staff Writer

The Obama Administration has proposed new budget cuts that will leave the poor pleading for help.

On February 14, 2011, the President released his FY 2012 Budget which contained a 50% cut to Community Services Block Grant (CSBG), the core funding for community action agencies.

In addition to this, as much as 49% may be cut from the Low-Income Home Energy Assistance Program (LIHEAP), the primary funding for low income home heating.

There are also other proposed cuts that would affect the programs and services we provide to San Bernardino County's most vulnerable residents.

The House Appropriations Committee has recommended cuts for 2011 that would slash CSBG, LIHEAP, Community Supplemental Food Program, jobs programs, affordable housing, Head Start, heating assistance, community health centers, and many other vital community services programs.

These extreme and damaging cuts would disproportionately hurt the jobless and low-income families that are served.

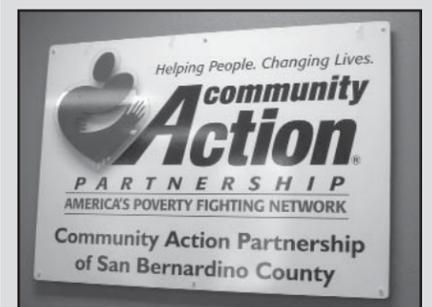
House Republicans are targeting the Community Services Block Grant for virtual elimination as part of the re-authorizing of the FY 2011 Continuing Resolution.

Why is this a problem?

CSBG is the only federal program focused on comprehensive services to people in need. If eliminated, the 1,100 Community Action Agencies across the country will be forced to slash programs, or close their doors.

Community Action Agencies are locally focused organizations designed to offer programs that are specifically based on the assessment of the various local community needs.

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Hector Gama | Chronicle Photo

Vital community programs now face big budget cuts.

Comedians come out to relieve stress of impending finals

Continued from Pg. 1

Inspired by several comedians, Brown gives credit to the comics who have influenced her comedy genius.

"I got my comic inspiration from J.B. Smooth, Cool Brotha Ice, Fred Rick, Fat Doctor, Devin Davis, and Kevin Hart; but the utmost respect goes to the great women comics; you got your Monique's, Sheryl Underwood's the list goes on," said Brown.

Brown shared her start as a female in the male dominated profession.

"Honestly, when I came into the game, it was only

male comics, and no I wasn't sleeping with anyone," said Brown.

"And they treated me like an equal. They respected me and they wanted me to be original, creative, and step-up my game," she continued.

Brown says that she feels comfortable going before or after any male comic.

"My favorite moment was when Cocoa made jokes about the audience members," said Oluyemi.

Comedy Den also featured comedians Chris D'Elia and Justin Rivera.

Students were able to assist Rivera with some of the

magical comedy sketches he has performed at the Improv Comedy Club and Restaurant and other local venues.

While D'Elia had the audience in tears with his multiple dialects, and 'inner gangsta' skit.

He got his start five years ago in LA doing local gigs.

"It's hard to get good stage time, in LA you know. People are pretty cut-throat in the beginning. Like in the beginning stages, people are really competitive before anybody has real success," said D'Elia.

Now that ASI has goals to maintain the Comedy Den on a quarterly basis rather than annually, students are anxious to see what comics close out the school year.

In memoriam: Aerianthi Coussoulis



Courtesy of CSUSB
Nick and Tina Coussoulis, left, stand with Nick's parents, Aerianthi and James Coussoulis in front of a model of the arena and Health and Physical Education complex.

First and foremost, the Coyote Chronicle extends its condolences to the Coussoulis and CSUSB family, following the loss of a mother and fellow Coyote.

Aerianthi Coussoulis is a name that may only ring a bell to those who pass by the north eastern end of campus, but to all students and faculty of CSUSB, she was more than just one of the namesake's of our sports arena.

Mother to one of the greatest CSUSB alumni, Nick, her devotion to her son and her family helped not only her son through college but countless other students, including seven of her own family members.

Her nurture and care for her family, and love and support of her husband James most certainly played a part in Nick's care for students and the devotion the entire family gave to CSUSB.

Military trials at GITMO to resume



Michael Billings / Wikimedia Commons

Military detainees await their trials in maximum security detention facilities such as this here in Guantanamo Bay, Cuba.

Local programs face fiscal cuts

Continued from Pg. 2

According to the CAAP, this would mean that Community Action Agencies deliver programs that are of the most need to the community and its citizens, thus reducing duplication of services offered by other organizations and maximizing efficiencies of delivery of service.

The agencies help people get education, training, employment, food, childcare, shelter, housing, transportation, and home energy and weatherization assistance.

This would include Head Start for preschool children, centers for seniors, and others that offer summer feeding for children, home care for the elderly, alcohol and drug rehabilitation, dental care, and the teaching of values to young people.

Also on the chopping block is CSBG, a nationwide program designed to provide a range of services to assist low-income people in attaining the skills, knowledge, and motivation necessary to achieve self-sufficiency.

According to csd.ca.gov, services are provided to local communities for the revitalization of low-income communities, the reduction of poverty and to help provider agencies to improve and increase their capacity at achieving results and to develop community resources with whom to link services and funding.

The Community Action Partnership



Hector Gama / Chronicle Photo

The CAAP is one of the local programs that will face cuts.

of San Bernardino (CAPSBC) is very concerned with the impact that these reductions will have on our communities' service levels.

They are working with our state association and national agencies to develop a strategy to convey the importance and merits of CSBG and other funding streams.

Over the next month, their Board of Directors will be meeting with San Bernardino's elected officials to inform them on the impact these cuts will have on the county.

The CAPSBC were unavailable to comment on the effects that the proposed cuts would have on CSBG.

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released."

Coinciding with Grisham, Scot Zentner, political science professor said, "I favor military tribunals naturally because of the necessities of national security."

He added, "The country expects President Obama to do some justice and needs to recognize that he has to give up on civilian trials in order to do that."

Grisham further added to the discussion by explaining that military tribunals work to an extent, but they do need work. The main problem of these trials is that they go "against many American principles of justice" he explained.

Zentner explained that prisoners of war used to go back to their own countries after the war was over, but due to the complicated continuing war, releasing the prisoners would not be considered.

"If Obama had kept his promise and closed the prison in Guantanamo the Arab community would have had more faith in the American system, but the U.S. continues to play a double standard role," said Doueiri.

Many wonder whether Obama still might have future efforts to close the prison even though there is no hope for this action in the near future.

"There might be future efforts if they can figure out the logistical concerns of the Congress, the right place to keep the prisoners, and how to maintain the safety of the American people," said Grisham

Zentner went on to say that if Obama is re-elected he may try to close down the prison again, but his main political mistake was not that he continued military tribunals, it was the promise he made to close it in a year.

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Tuition hikes call for a financial spring break

By **MATT EDGERTON**
Staff Writer

Tuition fees increased yet again for the already impoverished students of CSUSB. The CSU Chancellor's Office stated in a press release, "Pending final approval by the full board, the five percent increase will take effect for the winter/spring of 2011 and will raise tuition by \$105 per semester for undergraduate students, \$234 for credential program participants and \$252 for graduate students.

Tuition will rise from the current \$2,115 to \$2,220 for the spring quarter for full-time undergraduate students. The committee also approved a recommendation to increase tuition by 10 percent for the 2011-12 academic year."

The question to address with these constant fee increases is where is it going? Is it going to the students, facilities or teacher pay?

It seems the answer is that these increases go to stimulate enrollment so that the school can take more students in each year.

According to the CSUSB web site, there are an estimated 15,014 full time students in attendance at this school. A rough estimation just counting the undergrad increase (\$105) will generate the school around \$3 million dollars in revenue over the last two quarters.

Factoring in the credential and graduate student fee increases, we are looking at a substantial amount of cash, but as I've asked before: where is it going?

I asked the student body reading this article, have you seen an increase in school beautification? Or maybe there have been more classes made accessible to the student population?

At this time, as a student, all I've seen is that classes have been harder to get, parking tickets more aggressively distributed, books are still ridiculously expensive, and parking passes are still grossly overpriced.

Yet it's only going to get worse as time goes on. The Chancellor's Office stated, "Pending approval by the full board, full-time tuition will increase by \$444 per academic year for undergraduate students, \$516 for credential program participants and \$546 for graduate

students for fall 2011. Undergraduate tuition will rise from \$4,440 to \$4,884 per year."

It looks like the student population will continue to face the issue of rising fees as we are confronted with another increase at the end of this year.

It seems this is our new reality.

I'm sure we will see constant fee increases in the coming years; if this year has been an indicator of future policy in 2012, it'll probably be another five or 10 percent and before long we may be looking at tuition near the \$6,000 per year mark.

Fees have increased by a third over what we were paying just a couple of years ago. In my opinion, if the school were merely to reduce some of the cost associated with college the students would feel more appreciated. My vote goes to lowering parking costs. As I said before the passes are grossly overpriced.

If the school were to drop the price by \$20 or so they would be much less painful for the students to purchase. Overall I feel this would be a highly visible way the school could give back to the students.



Students are already riddled in debt even before hitting graduation or getting their first job. New tuition hikes just compound financial frustration of being in college.

Eating disorders require on-campus specialists

By **RACHEL CANNON**
Staff Writer

Eating disorders wreak havoc on not only the physical but the mental health of those that suffer from them. The number of those suffering rises every year.

Female college students are by far at the greatest risk for developing such a problem.

According to the Massachusetts Eating Disorders Association, up to 40 percent of college women suffer from disorders such as anorexia, bulimia and binge eating disorder (BED).

That means if there are 15 women in your classroom as you read this, odds are that up to six of them are endangering their health through extreme dieting, bingeing, purging, or some combination of the three.

On top of the damage this is exerting on their bodies, they are also dealing with the anxiety, depression and general distress that this disorder has brought into their lives.

These numbers are shocking. Which is why I was astounded to find how little local universities, including CSUSB, are doing to help students with eating disorders.

Upon investigation, I was told that students with such problems are referred to off-campus sources to find help.

In my opinion, this is not sufficient. Many students may be hesitant to seek help from such a source, for a variety of reasons.

For one thing, college students are one of the busiest and most-stressed out demographics on the planet (a

condition which, incidentally, plays a huge role in the development of eating disorders). Seeking off-campus help may seem impossible to fit into an already-busy schedule.

Additionally, many students may be unsure that their condition is serious enough to warrant such treatment, or may be in denial about the existence of an actual disorder. For such students, an on-campus professional may appear to be a better option.

The greatest obstacle towards off-campus eating dis-

Up to 40 percent of college women suffer from eating disorders such as anorexia, bulimia and binge eating disorders

order treatment centers, however, is the cost.

According to eatingdisordersonline.com, daily costs for inpatient treatment of eating disorders average \$1,000 a day. While outpatient treatment is more affordable, the price can still be out of reach for college students without health insurance.

For these and other reasons, it seems to me that an on-campus specialist in eating disorders to whom suffering students can turn for help is essential.

To clarify, CSUSB's Psychological Counseling Cen-

ter is home to many great counselors with training pertaining to eating disorders. But my feeling is that these problems are so prevalent and so complicated that at least one professional who deals exclusively with eating disorders is required.

In addition to this huge step, CSUSB also needs to implement more programs to raise awareness and combat these problems.

The Santos Manuel Student Union Pride Center held a talk on March 9 called "The Standard of Beauty" which addressed body image, and the school participates in Fat Talk Free Week every year.

These programs are great, but according to the National Eating Disorders Association, poor body image is only one cause of eating disorders. There are a wide variety of other factors, including low self-esteem, feelings of a lack of control in life or prior physical or sexual abuse, just to name a few.

This is why we require programs which focus specifically on eating disorders and all their causes. Most importantly, students need to be taught how to recognize and how to deal with them, whether they or their peers are suffering.

Until the school improves its resources, if you or someone you know may suffer from an eating disorder, there is help for you.

Visit the school's Psychological Counseling Center or visit its website for a list of local resources and hot-lines available for you to get the help you need.

Dame mas gasolina... but not for \$3.97

By **ANDREA BRANDSTETTER**
Staff Writer

As I drove to school the other day, I was struck by the lyrics of a well-known Beach Boys' song:

"Come on let's cruise, ya got nothin' to lose."

All I could do was shake my head and laugh.

California's drivers, especially students, have a hell of a lot to lose these days. Most notably: money.

The price of gas has risen exponentially over the past couple of months, largely due to the unrest in the Middle East, where the U.S. imports some of its oil.

The *San Francisco Chronicle* reported that the price of crude oil has now reached \$100 a barrel for the first time since 2008, when gas prices reached an all-time high.

According to several AAA officials, the high gas prices are a result of "investor demands" as opposed to factors related to supply and demand.

"Investors have been willing to speculate that prices will increase further and that they will be able to make a profit on the produce they are purchasing today," said AAA spokesman Matt Skryja.

If recent trends are any indication, our pain at the pump is likely to continue.

According to ABC News, the national average for gas is now \$3.52 per gallon, an increase of 12 cents from last week and 77 cents from a year ago.

Naturally, Californians pay more for everything, including filling up at the pump.

A recent report by the AAA found that Californians now pay approximately \$3.91 per gallon of gas, an increase of 50 cents from early last month.

KPSP Local 2 News reported that the average price of gas in the Inland Empire is \$3.90.

What makes these gas prices worse for Californians are the included state and federal taxes, which amount to 66 cents per gallon.

Taxes are always unwelcome, but they may do some good if the revenue is used to reduce the state's \$25.4 billion deficit.

Nevertheless, as gas prices soar and pocketbooks shrink, many are voicing their concerns, including CSUSB students.

"It's really difficult because we [students] are trying



Andrea Brandstetter / Chronicle Photo

Gas prices around campus are among the highest in the county. Gas stations along University Parkway are on the brink of hitting four dollars per gallon again.

to pay for our tuition, books, and parking permits. Having to pay [more] for gas is just ridiculous," said Alissa Ochoa.

For Ochoa, who drives a Ford Excursion, filling up her tank three-quarters of the way costs her roughly \$65.

Laurena Tamayo is in the same boat, \$45 for just half a tank of gas in her Chevy Silverado.

"I'm scared for the summer," Tamayo admitted.

Toebe Caldwell, who drives a Chevy Malibu, is frustrated by the entire situation.

"Stuff goes up and we have to pay for it. We don't get to boycott," Caldwell said.

Even students who don't drive are scared about the high price of gas.

"I think the prices are ridiculous. They make me not want to get a car," said Dorothy Sempasa.

For reasons which include the high cost of gas, I believe the U.S. should engage in more oil drilling at home.

Instead of spending of billions of dollars importing oil from countries that don't like us, why not use the resources we already have?

Although there are plenty of safety concerns regarding oil drilling, particularly after the BP oil disaster, I believe our government can enforce stronger safety regulations that will reduce the likelihood of another similar event.

Of course, alternative energy is the wave of the future in terms of this issue, and I gladly support American investment in it.

At the very least, oil drilling at home could provide a temporary solution to a long-standing problem.

For more about gas prices:

Check "Gas busters: the facts about how to get more gas" Pg. 8

Campus eateries not cutting it for students

By **ERIKA MARTINEZ**
Staff Writer

Whenever I think about eating on campus, I get this upset feeling in my stomach, and in my wallet.

Luckily that doesn't happen enough.

I eat on campus sometimes, when I don't find the time to go home and fix a hot plate; it's only a two minute drive.

But when there are those days that I must eat on campus, I go for the usual, the 99 cent soft taco from Taco Bell.

I've grown tired of that, and with the news that broke out that Taco Bell wasn't using "real" meat, I've totally distanced myself from the fast food restaurant.

With prices on the rise of just about everything, food included, it's hard to decide what to eat and how much to spend.

It bothers me that the food on campus is a bit more expensive than food off-campus. I can't help but compare these prices to prices elsewhere.

On most days I bring my own lunch and snacks to school, the usual sandwich. Along with that, I buy some chips from the vending machine for \$1.

But today was different; I was in the Coyote Market, located in Santos Manuel Student Union (SMSU).

When I found the chips that I thought would complement my sandwich, I decided to get them. Turns out the bag of chips are smaller in size.

As I pull out the dollar to pay for it, the cashier says "\$1.30."

I'm in shock. I can buy a bigger bag for a \$1.29 at the gas station on University Avenue.

So, after paying for what should have been a bigger bag of chips, I decided to see if any other place on campus had some sort of deals to help out the starving student they're supposed to be serving.

The on-campus Taco Bell sells tacos that are 99 cents, but they don't have the \$2 meal that comes with a soda, chips and your choice of a burrito, gordita or taco that's available at restaurants off campus.

Next, I went to the Denny's Express. Real Denny's restaurants offer meals that are \$2, \$4, \$6 or \$8. But Coyotes are out of luck here, too. Turns out the CSUSB Denny's Express doesn't because, as the cashier told me, they're just Express.

These "meal deals" I like to call, would have the potential to help out students greatly. It would help me out by allowing me to stay on campus and not lose my parking spot right in the front.

That's something that I debate when I

don't bring my sandwich, whether I should spend money on food that can barely fill me up or whether I should go home and lose my parking spot.

For the most part though, I end up going home, saving myself a couple of bucks and losing my precious parking spot.

The campus food prices wouldn't bother me if I went home to eat all the time; unfortunately, I don't.

So for now like many students I'm stuck searching under rocks for meal deals that help me out and fill me up rather than foraging in the ever expensive SMSU.

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Students take time away from studying for finals to battle stress and pet therapy dogs

By **ANGELINA GARIBAY**
Staff Writer

Finals are right around the corner and students are feeling worried, anxious, stressed and pulled in four or five directions with assignments; what is a student to do?

Some students curled up next to a pooch or snuck in a massage, enter the Pet Away Worries and Stress (PAWS) event held to remedy such collegiate maladies.

The Student Health and Psychological Counseling Center hosted this event on March 8 to help soothe the anxiety that comes at finals' time with therapy, dogs and free massages.

"I'm stressed about all the stuff that comes at the end of the quarter," said student Kelsey Slater.

Over 300 students participated in the four-hour event, petting away their stress and chatting with the trainers in the Lower Commons.

"It's fun and relaxing. You never get a chance to pet so many," said student Eddie Lopez.

The seven dogs came in all sizes ranging from the 120-pound, Black Russian Terrier, Petrovich, to the 17-pound Pekinese, Gizmo the Gremlin.

The students' laughter could be heard



Angelina Garibay / Chronicle Photo

Looks can be deceiving and Petrovich, a Black Russian Terrier, despite his size, is a friendly dog who just wants belly rubs. The therapy dogs gave students time to enjoy their break.

around the room at the dogs' antics of putting their paws out to shake or playing dead.

It was a relaxing atmosphere as groups of students were sitting on the floor with the dogs while asking the trainers questions about the dogs' histories.

Several of the dogs were rescued from unfortunate circumstances but took to the therapy dog training amazingly well.

One of the dogs, Emma Zen - part Labrador and Great Dane - was rescued from an animal shelter and now has her own website, emmazen.com, and Facebook page. This dog has a big repertoire of tricks and even takes acting gigs.

Emma's owner, Debra Jo Chiapuzio, feels like she is the lucky one since getting Emma. Owning this special dog has opened doors for Chiapuzio to feel fulfilled by helping others.

The trainers were also doing their part to let the students release their stress by inviting them to talk about finals as they petted the dogs.

CSUSB students weren't the only ones who had a great time with the dogs. A group of students from Ramona Alessandro Elementary were on a field trip and got to enjoy the experience as well.

The elementary students were especially drawn to the huge Pyrenees, Cera,



Angelina Garibay / Chronicle Photo

Even therapy dogs need a break. This four-legged pooch is pooped and takes a much needed rest while students watch.

as they enjoyed burying their hands in her long fur. Her owner, Kathie Park, surprised them when she said she had four more Pyrenees' at home. That brought up questions about how much food Cera consumes.

"She only eats four cups of dog food a day," said Park.

Even though Cera looks big, she only weighs 89 pounds and her metabolism doesn't require as much food.

The Student Health and Psychology

Counseling Center had planned to have five massage therapists at the event to last the entire four hours. Unfortunately, only two showed up and only stayed for two hours.

Regardless, 40 lucky students were treated to a free massage, compliments of those students from Kaplan College.

Another PAWS event is planned for spring quarter finals. A word of advice; get there early for a free massage!

Rudeness all around, cell phones take away our face to face etiquette

By **KARA DEMENT**
Staff Writer

We have many different sorts of wonderful technology to communicate, but our lack of etiquette is driving us further apart.

Etiquette is the set of rules we have all agreed to in order to be considerate to one another, whether it's talking on the phone, text-messaging or a face-to-face conversation.

Nowadays, our etiquette has gone down the drain. Nobody knows the proper way to talk on the phone anymore and our text-messaging has hit an all-time high.

We text while we drive, when we're in class, when

we're supposed to be learning and even while somebody is trying to have a civilized conversation with us.

We do it non-stop!

There is never a moment we are not text messaging or talking on the phone.

It's ridiculous and quite sad that we can't put our phone away for five minutes to have a conversation with one another.

I admit I'm completely guilty. I don't use the appropriate phone, text messaging or conversation etiquette.

However, I don't think I'm to blame for it.

For example, my parents taught me the proper way to talk to people and even made me take a manners class when I was 10 years old. So, why is it that I'm not using

the skills that have been given to me?

The answer is simple.

The times have changed. Our generation is clueless about phone etiquette because we so rarely make actual phone calls.

Yes, we text, but only because we don't know how to use etiquette properly over the phone. Plus it's a lot faster for us to get the message to the receiver.

Text-messaging also demands a set of etiquette, and this includes text-messaging while we're driving and while we're in class, when we're supposed to be learning.

It's rude to text when somebody is trying to talk to you and even worse when you're driving.

Continued on Pg. 9

Tough times means looking for more discounts



Jessica Ramirez | Chronicle Photo

Discounts through ASI can give students tickets to theme parks and movies so they can have fun while also being cheap.

By **JESSICA RAMIREZ**
Staff Writer

Saving money is a goal of many people during this financial crisis, and as we fight the crunch, people find they don't have that extra money for those desired trips as Spring Break and summer loom closer.

Well students don't have to look any further than Associated Student Inc. ASI is offering the discounts you have been searching for.

Why pay \$12 when you can pay \$7, saving you \$5 at the movies? Or who wouldn't pay a mere \$95 for a two-day stay at Disneyland as opposed to a gross amount more.

ASI is an organization on campus that represents the needs and interests of our student body and promotes and organizes many of the events held on campus.

The ASI Box Office sells tickets from the dispenser to parks such as Castle Park, Legoland and Knott's Berry Farm at a good price.

The most requested tickets sold are for Disneyland. ASI has two special offers: the one-day pass for \$71 for adults and \$65 for children and a two-day stay for \$94.25 for all ages.

Movie tickets are another big seller. ASI offers tickets for AMC, Edwards Cinema and Krikorian Theater.

Other popular places that the ASI Box Office sells tickets for are Sea World, Universal Studios, Medieval Times, Scandia, Six Flags Magic Mountain and Castle Park.

The prices are discounted and can help save you money.

Sea World tickets are sold at \$55 per adult and \$48 per child, Universal Studios is \$55 for all ages, Medieval Times \$42

per adult and \$31.50 per child, Scandia for all ages is \$13.50, Six Flags Magic Mountain tickets are \$26 per adult and \$17.50 for child, and Castle Park tickets are \$16 adults and \$12 for child.

Take note, Prices are subject to change due to expiration of tickets.

The tickets are available for purchase to students, faculty and alumni.

To purchase the tickets you must have a valid Coyote ID or an alumni fee card, and the ASI Box Office only accepts cash or check.

There is a limit of 10 tickets per person due to the fact that some people re-sell the tickets.

"I bought movie tickets and Disneyland tickets; the service has been good so far," said student Maria Fierros.

ASI offers tickets to the most popular places that students are interested in going to.

"We sell what we know will sell, and once in a while we'll try out other places that students request more of," said Diana Wilson, a student employee for the ASI Box Office.

The discounts are year-round except on spring break when the office is closed, and on Fridays during summer.

"I think it's a good place to save. It's a cheaper kind of service for students," said student Lety Molinero.

If you're looking for entertainment or something to do and are not willing to spend much money visit the ASI Box Office for cheap and fun deals.

For more information and hours of service visit the ASI website at asi.csusb.edu or the ASI Box Office located in the Student Union next to the ASI Office (SMSU-108).



Dishing it up with Diana



By **DIANA CANSINO**
Features Editor

I managed to lose my voice. I sound like bird squawking on its death bed. But that doesn't stop me from eating.

Granted, I haven't been able to splurge on eating out thanks to gas prices and my lovely commute to school five days a week.

My mom has been my salvation during this difficult stage of my life; she's cooked for me each day. Nonetheless, I try to stuff my face as often as I can. No sore throat will get in the way of my love for food.

I do have to adjust though; I mean, I want to get better. So I have been eating hot foods and drinking hot beverages. This week has been all about caramel macchia-

tos and homemade soup.

Let's face it: when we get sick, it's back to mom's house to get us back into tip-top shape, and that's exactly what I've been doing, because Mother knows best.

I did not have chicken noodle soup, but I did have noodles with some chili, cabbage, soy sauce and fish sauce. It sounds like an odd combination, but it's one of

those foods that just smelling it makes you smile. I realized for some reason I'm not that person that loses weight when they get sick; if anything, I gain it.

I feel like food is the only way to get me out of my slump. And that's all right in my book. My voice is still hoarse; hopefully it will clear up soon, because I'm in the mood for ice cream.

Gas busters: ways to get more bang for your buck

By **KATI PATAG**
Staff Writer

We are all in this together.

Unfortunately, the rise of gas prices is not something that we would like to be facing, but we are.

There are many myths out there about how you can save gas and get the most mileage out of your car, and without thinking, we all employ at least one of these myths that we think save time and money.

For starters, turning off your air conditioner in the summer time thankfully does not save a ton of gas; therefore, we can drive comfortably knowing that we are not using excess gas and we are not overheating ourselves.

According to Yahoo! Consumer Re-

ports, auto testing has proven that running the air uses a very small amount of gas.

This was not always the case, but as our cars have improved and become more efficient, the air conditioners themselves have become more efficient as well.

Rolling down your windows can actually add drag to your car, causing your gas mileage to drop. For best gas mileage, keep the fan running and keep your windows up.

Student April Standifer was asked about this myth.

"If my gas is low I turn my A/C off in the summer. Otherwise, if I have a full tank I leave it on because having the windows down is worse," said Standifer.

The way you drive your car impacts your car's gas mileage significantly; how-

ever, changing your driving habits, for example, hugging a curve rather than braking, more than likely will not make much of a difference.

Another misconception is that turning your car off or putting it into neutral while going downhill will improve your mileage.

While this does save some gas, it is extremely dangerous because you have minimal control over your vehicle.

To save your gas with this method, you can take your foot off the pedal instead of putting your car in neutral.

This is much safer and will save you gas.

Student Vanessa Perez was asked about the validity of this myth.

"Sometimes, I feel like if I do put my car in neutral it isn't safe because I don't

feel like I have control," said Perez.

One last myth: pumping your gas in the morning because the temperature outside is cooler. The theory is that cooler gasoline is more dense, therefore, you get more gas in your tank. It is true that when gas is cool it is denser; but this is where the misconception comes in.

Gas is held in an underground container where it is cool, which means that it does not matter what time of day you pump.

You can save on gas by taking care of your car and have it serviced regularly, not overfilling your gas tank and not flooring it when you are stopped at a light. Take it easy on that pedal. It will save you money.

For more about gas prices:

Check "Dame mas gasolina" Pg. 6



Kara DeMent | Chronicle Photo

Face-to-face interactions aren't the same now that we have technology at our fingertips, and often we tune people out.

Answer your phone, please

Continued from Pg. 9

Like they say in traffic school, "Be considerate of other drivers."

This also pertains to the no-texting-while-driving dilemma, something that we're once again totally clueless about.

"There isn't phone etiquette anymore because everything is done via texting and even then I don't think that etiquette exists. The personal touch of a phone call is gone," said student Stephanie Real.

I don't think etiquette has completely vanished; I just think our generation has

become so tied up in the fast way of communication by text-messaging and e-mail that we forget to be considerate towards one another.

We forget to treat others as if we were talking to them face-to-face. We often don't live in the moment and tend to miss out on things. It's something at which we should better ourselves; you never know when the proper phone etiquette might help you ace that telephone interview that you've been preparing for.

Damascus: designs that are personalized to your own touch

New clothing line lets people create their own wardrobe by letting people be the designer

By R. ANTHONY DIAZ
Staff Writer

If your campus group needs a fresh urban look, search no further. The founders of Damascus are here to help.

The founders of Damascus, Nate Khouli and Josh Lyon, expressed their creativity by designing T-shirts for their friends, family and people around San Diego.

Shortly after, organizations from San Diego State University, night clubs and local bands begin to inquire wanting to know more about the head-turning designs that seemed to be the local buzz. Now, that local buzz has become a movement, expanding without limits.

"We wanted to stir things up, make an imprint and cause people to ask questions," said Khouli.

That is exactly what they got: a handful of curious people wanting more and allowing them to embark on a new business venture.

They get their inspiration from everyday life; they focus on

what is thrown in front of them that many others fail to see. Hip and urban phrases like "Live now, die never," "It's nice to like," or "Rage harder," song lyrics and random pictures of women are just the beginning of how Damascus finds inspiration in an urban city with so much to offer.

"We revolve around provocative topics, loud music, going against the herd, anarchism, and rebelliousness," said Khouli.

What sets them apart from other design companies, aside from their creative touch is that you can begin with an idea or picture if you already have something in mind, and they will give it a fresh twist, blowing you out of the water.

Not only are you getting something different, you can help create it.

At the end of 2009, damascusapparel.com was not only making T-shirts but pro-

viding exceptional customer service and shipping orders across the nation.

They are dedicated to not only producing everything out of the box, but to making sure that you are taken care of, and just plain happy.

Aside from their hard work with their creative and business teams, they find time to give back to the community in various ways.

Laura Macofsky, a public relations intern at Damascus Media and Apparel, helps with label offers.

"This company is driven by modern ideas affecting society, and improving the daily beauty in everyday things," said Macofsky.

With the support they get from everyone, they have made a conscious effort to share their success and offer support to organizations involved in: cancer research, rape/abuse prevention, drug/alcohol prevention, and lesbian, gay, bisexual and transgender rights, to name a few.

"The impact we already have left on society is phenomenal. Making people actually feel good about what they are putting on their bodies helps us to connect personally."

"The impact we already have left on society is phenomenal. Making people actually feel good about what they are putting on their bodies helps us to connect personally."

Damascus Founder
Nate Khouli

Getting to see our creations worn by people all over the country is a reward in itself. Making people actually feel good about what they are putting on their bodies helps us to connect personally," said Khouli.

They have been working with presidents of student organizations here at CSUSB in hopes of impacting our campus with new ideas, styles and a turning point in expressing yourself.

If you are looking for some great graphics to represent your club, organization or simply yourself, make sure to check them out.

For more information on the company, or if you want to submit an idea and check out their items, you can visit their website thehideflife.com, or contact them directly at (619) 501-4452 and unleash your inner designer.



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Damascus | Facebook

A new spin on clothing: Damascus takes client submitted images and transforms them into fashion that people can wear.



Courtesy of ABC

Charlie Sheen has dominated entertainment outlets since recent comments and interviews highlighted a public dispute with CBS and the producers of his sitcom "Two and a Half Men."

When a "winner" starts to lose it

By **MATTHEW BRAMLETT**
Staff Writer

Here's a prediction: Charlie Sheen will be either dead or in prison by the end of the year.

The popular actor, who has appeared in such classics as "Shadow Conspiracy" and "All Dogs Go To Heaven 2," has spent the past few years playing one of the central characters on the nation's highest-rated television sitcom, "Two and a Half Men."

It was a gig that established Sheen as the highest paid television actor working today, earning an estimated \$1.8 million per episode.

But in recent weeks Sheen has become known for something completely different. He has been in the middle of a media firestorm, firing off nonsensical outbursts and trashing the people he knows and worked with, including his shows co-creator, Chuck Lorre.

His random musings, in which he claims to have "tiger's blood and Adonis DNA," are funny if not disturbing. His Twitter page, set up just a few days ago, already has over 2.2 million followers, and there are many voices on the Internet and abroad that are egging him on and adopting Sheen's strategy of "winning."

He has dubbed his Los Angeles mansion the "Sober Valley Lodge" (in reference to Sheen claiming he cured himself

of his substance abuse problems with his mind) and has set up a kind of fortress with two women he calls his "goddesses": porn star Bree Olson and graphic designer Natalie Kenly.

But underneath the bombastic and weirdly defiant exterior Sheen is exposing to the world, a more sinister problem emerges.

The unavoidable truth is that Sheen is in the midst of one of the most unbelievable and gigantic meltdowns in recent memory.

What's more, the entirety of it is being broadcast to the world.

The media blitz has resulted in the loss of everything important in Sheen's life. His job at Warner Bros. was terminated, and he is prohibited from even setting foot onto the studio's premises.

Furthermore, Sheen's twin sons, Bob and Max, have been taken from him and sent to live with Sheen's estranged wife, Brooke Mueller.

One can only watch his video blog, innocently titled "Sheen's Korner," to watch his rapid downward spiral.

In a recent entry, entitled "Torpedoes of Truth Part 2," Sheen looks gaunt and disheveled, with messy hair and an paranoid look emblazoned on his face.

While talking to his associate on the phone, Sheen takes frequent drags of his cigarette, drinks a concealed beverage, and shouts out random slogans such as "Win-

ner winner chicken dinner" in a hackneyed and upsetting manner.

Entertainment Weekly called it, "The saddest performance of [Sheen's] career."

While the initial amusement of Sheen's antics has given way to grim horror, Sheen has not shown any signs of stopping.

He has sued Warner Bros. for \$100 million, claiming that the studio owes him for his lost gig and the emotional stress he has endured.

Despite the recent insanity involving his son, Martin Sheen continues to be supportive.

"You have to have an equal measure of concern and love and lift them up," the elder Sheen said in an interview with Britain's Sky TV. "So that's what we do for him."

Psychologists, including Dr. Drew Pinsky, have speculated that Sheen is exhibiting signs of bipolar disorder, and is in the middle of a particularly powerful manic episode. Of course, if this is true, the impending depressive episode could be even more devastating.

Meanwhile, sites like TMZ have been reveling in Sheen's meltdown, devoting the majority of their coverage to whatever crazy thing Sheen says or does. His darkest moments are mere fodder for the entertainment networks.

Charlie Sheen's life is unraveling, and all we can do is watch.

The Top Ten Sheen-isms

Compiled by **JENNIFER BAUGH**
Assistant A&E Editor

10. "If you're a part of my family, I will love you violently."

9. "I probably took more drugs than anyone could survive. I was banging seven-gram rocks, because that's how I roll. I have one speed, I have one gear: Go."

8. "It's perfect. It's awesome. Every day is just filled with just wins. All we do is put wins in the record books. We win so radically in our underwear before our first cup of coffee, it's scary."

7. "I have a disease? Bulls****! I cured it with my brain."

6. "I'm not Thomas Jefferson. He was a p****."

5. "I got tiger blood, man. My brain ... fires in a way that is - I don't know, maybe not from this particular terrestrial realm."

4. "I don't live in the middle anymore. That's where you get slaughtered. That's where you get embarrassed. From the prom queen. And I just...it's just not an option."

3. "I am on a drug. It's called Charlie Sheen. It's not available because if you try it, you will die. Your face will melt off and your children will weep over your exploded body."

2. "I'm sorry man, I got magic and I've got poetry in my fingertips, you know, most of the time — and this includes naps — I'm an F-18, bro. And I will destroy you in the air. I will deploy my ordinance to the ground."

1. "I'm bi-winning. I win here and I win there. Now what? If I'm bi-polar, aren't there moments where a guy like crashes in the corner like, 'Oh my God, it's all my mom's fault!' Shut up! Shut up! Stop! Move forward."

Rango camouflages rating guidelines

By **GRACE GARNER**
Staff Writer

Moviegoers should expect dry humor from a film set in such an arid desert. However, they may be surprised by Paramount Pictures latest effort starring Johnny Depp's voice acting.

"Rango," released March 4, features always-quirky Johnny Depp as a domestic chameleon on a quest to find himself.

A true thespian at heart, our protagonist is thrust from his lonely terrarium into the Mojave Desert while acting out a scene with his dear "friends" — or a beheaded, one-armed Barbie doll, a wooden palm tree, a dead bug, and a wind-up plastic goldfish.

From the get-go, you understand "Rango" is going to be more of a "grown-up movie" than you thought. Especially after the protagonist asks the disfigured, shirtless Barbie: "Are those real?"

Even while you laugh, you can't help but ask yourself: Should these kids in here be watching this movie?

Indeed, as the plot progresses "Rango" transforms more into a PG-13 cartoon movie than a now — in your

mind — mere PG.

The plot itself is actually quite simple. After making up a few lies and acting as "Rango" — a stage name so to speak — who is all gut-instinct and bravery, his lies become unfurled as the town mayor of Dirt, a wizened old tortoise, steals all the water to build upon a new age of industry and hires Rattlesnake Jake to get rid of Rango.

You can only imagine how the rest of the story goes.

While the plot is simple, there is a depth to it that only adults could possibly grasp. The questions of "Who am I?" circulate in Rango's mind throughout the film, a chameleon desperate to be somebody.

Though I didn't fall in love with "Rango," the animation was incredible and Hans Zimmer does not disappoint with the score, which was almost too perfect for a cartoon "western." Movie director Gore Verbinski ("Pirates of the Caribbean") does a good job of giving "Rango" action scenes Steven Spielberg would be proud of — and all in cartoon form.

Depp and the rest of the cast (Isla Fisher as Rango's lizard girlfriend Beans and Abigail Breslin as tough little armadillo Priscilla) reaffirm their voice acting talents, but "Rango" falls short of being a complete success.

Advertised as a children's film, the PG rating brings into question the mysterious, controversial land between PG and PG-13: Where does the buck stop, before or after Beans spits "Go to Hell!" to Rattlesnake Jake?

This is an incredibly quirky movie that is for adults. It is most certainly not universal and if not for its looks and acting talents, it would have flopped. However, if you're looking for a fresh film chalk-full of bizarre, "Rango" will most likely be right up your alley.

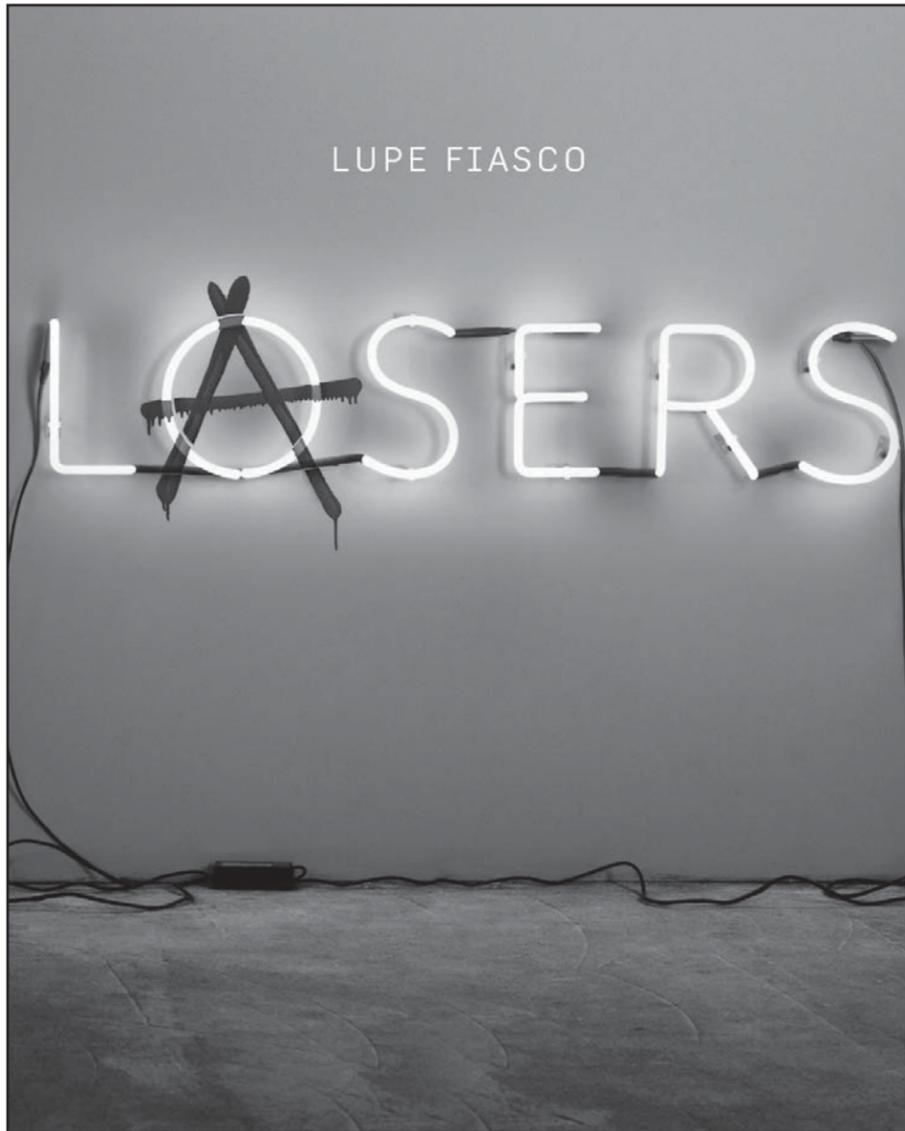
Just remember: Disregard the rating and get ready for constantly saying "Rrrango!" with a Mexican accent — a sure way to annoy friends and family at the drop of a hat.



Courtesy of Nickelodeon Studios

Rango is a heart warming story of a quirky chameleon and his journey home.

Fiasco beams on his darkest project



Courtesy of Atlantic Records

Disputes with Atlantic Records caused so much frustration, Lupe contemplated retirement before the release of *LASERS*.

By **JENNIFER PETERS**
Staff Writer

Lupe Fiasco's latest album, *LASERS* has listeners beaming after patiently waiting for the March 8 release.

Fiasco has been working hard writing and co-producing *LASERS* (an acronym for Love Always Shines Everytime, Remember to Smile) alongside The Neptunes and The Audibles to name a few.

There has been plenty of hype surrounding this album for nearly two years. Many fans feared they would never hear another album from the rapper after he announced last year that he was retiring from hip-hop.

Due to conflict with Atlantic Records, *LASERS* has been held back for over a year.

Fiasco stated that the making of the album was "a very painful, dark, f'd up process," in an interview with MTV UK.

Fans, like student Bryan Wilson, were elated when the album released despite the struggle. "I was one of those devoted fans that protested the record label and petitioned for the record to be released."

When asked how he came up with the title in an interview on BET's "106 & Park," Fiasco said "I thought *LASERS* would be a dope name for an album, so when I came up with it I just put it in my 'think-tank' and let it evolve."

In an interview with *Complex Magazine* Fiasco said, "I'm happy for the fans, this is their album. This is the album that they fought for and that's what made me write these songs."

In an interview with *New York Maga-*

zine, Fiasco talked about the supports of the fans and how it motivated him to release this album.

"It was amazing, humbling, and inspiring, to the point where I went back in the studio and did more records ... it made everything real, that your music is actually something that people want," said Fiasco.

"And it's something that is successful, not in selling records, but the way it moves people and inspires them to do better for themselves."

To promote his new album, Fiasco has been making appearances on major television shows like "BET's 106 & Park," and "Lopez Tonight." In 2010 He also released a viral video on the Internet titled "The L.A.S.E.R.S. Manifesto."

The video encouraged the growth and prosperity of the nation. In the video Fiasco says "We will not lose because we are not losers, we are *LASERS!* *LASERS* are revolutionary. *LASERS* are the future."

When asked how he felt about the album Fiasco said "One thing I try to stress about this project is, I love and hate this album. I listen to it and I'll like some of the songs."

"But when I think about what it took to actually get the record together and everything that I went through on this record — which is something I can't separate — I hate this album," he continued on in an interview with *Complex Magazine*.

This album is a mix of hip-hop and R&B with a political message that promotes growth and inspires movement.

It is definitely an album for all to go out, get and keep on repeat.

Lavigne seeks to return to roots

By **CARMEN HERRERA**
Staff Writer

Avril Lavigne, released her fourth studio album *Goodbye Lullaby* after a four-year hiatus. The new album includes the top 20 hit single "What the Hell."

Lavigne's fourth effort heads a different direction than her previous multi-platinum album *The Best Damn Thing*, where fans experienced a more pop genre than her infamous punk-rock style.

"The album is not as pop-rock as my previous stuff. All my records have been really diverse: You've got your mid-tempo and then your super pop song and then a more aggressive one and a ballad."

True to staying diverse, Lavigne has not completely shed her loud, upbeat, pop side. Fans of her previous pop album will not be disappointed with songs such as "Smile" and "Stop Standing There," showing high energy and catchy melodies that will make your head bob listening.

The album's lead single, "What the Hell," has been compared to her number-one single "Girlfriend" for its contagious groove and peppy vibe. Lavigne described it as "the most pop track on the record and the least personal song from the album."

After thoroughly covering the pop genre, Lavigne was ready to go back to her usual style with an album filled with emotion and heart.

"It's stripped down," says Lavigne to *suite101.com*, "I love performing that way, so I really felt like it was time to make a

record like that."

Fans who enjoyed her deeply, grungy, punk style from 2002's *Let Go* and 2004's *Under My Skin*, will be pleased, as the majority of the album's lyrics and tunes trace back to her darker side.

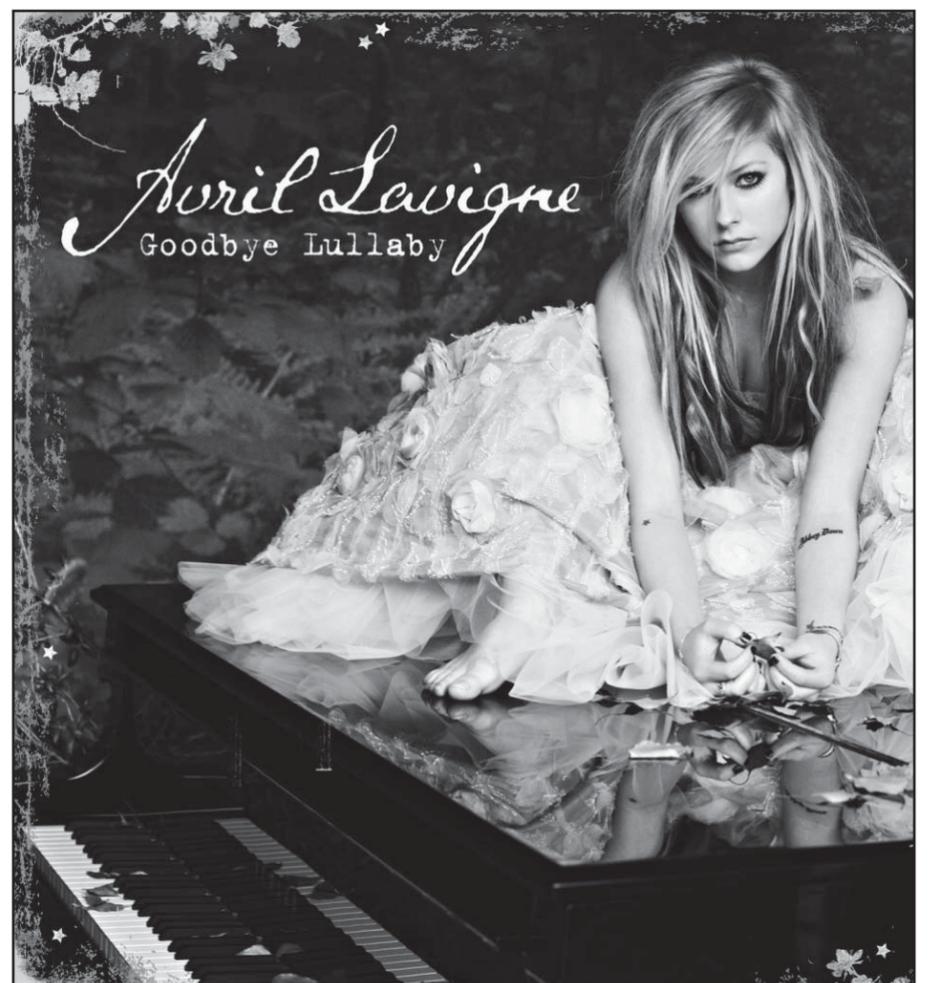
Goodbye Lullaby is about saying goodbye to something that's comforting, familiar, and opening a new chapter in life. This album for me is very bittersweet, and it's just about life and all the different emotions, life being a journey and having to find inner strength," said Lavigne to *Take40.com*.

Lavigne's divorce to Sum 41 frontman Deryck Whibley no doubt influences the emotionally driven lyrics presented in the album.

Songs "Remember When" and "4 Real" express heartbreak over relationships. Lyrics read: "I don't wanna look back/Cause I know that we have something/The past could never change."

The most personal and deep song of the album is the ballad "Goodbye" which influenced the album's title. The song written and produced by Lavigne herself is seemingly directed towards Whibley.

"Goodbye brown eyes/goodbye for now/take care of yourself" are the lyrics from the heartbreaking ballad. The song's raw emotion and heartfelt lyrics can be described as the album's best song which many of her fans can relate to.



Courtesy of RCA Records

Avril Lavigne's latest album has a sound reminiscent of her original work that captured the attention of so many fans.

The album also includes an extended version of last year's single "Alice," which was used in part of the soundtrack to Tim Burton's highly successful film "Alice in Wonderland."

The album's mellow and deep music brings emotion that anyone can relate to. Lavigne told *Rolling Stone*, "It's so easy

for me to do a boy-bashing pop song, but to sit down and write honestly about something I've been through, it's a totally different thing."

Four years in the making, Avril Lavigne fans will enjoy *Goodbye Lullaby* as it returns to Lavigne's older musical style that launched her into stardom.

Facebook: Evolving into much more than networking

By **COURTNEY RINKER**
Staff Writer

Facebook is changing again in the hopes of keeping their position as the top social networking site.

On March 11, a series of new Facebook changes started taking effect. Facebook released a new Facebook Pages, messages, and even movie rentals through Warner Bros. One of the most interesting changes is the new ability to rent and purchase movies through Warner Bros. on Facebook.

It's as simple as "liking" the movie. If you "like" the movie you can pay three dollars to watch the film through Facebook.

In a move that other distributors are sure to follow, Warner Bros. released "Batman: The Dark Knight" as a rental through Facebook and promises more releases in the future.

In addition, there are changes being made to Facebook Pages, which are pages set up for non-personal use.

Most of the changes to Facebook Pages is geared towards businesses, organizations, and brands who want to interact with their fans.

Now, Facebook Pages users can use Facebook as a business with the ability to "like" other pages, comment on pages, see news feed as recent/top news, choose which news to view, and see notification updates in the same way personal pages are able to interact.

The major downside of Facebook choosing "top news" is that it automati-

cally sorts out what it considers to be "top news," without any regard to what you consider. In other words, you better check twice to make sure Facebook hasn't skipped over any run-of-the-mill news that you might be interested in.

The biggest bonus of using the Facebook Page is that you can post something on your Facebook business page as yourself instead of becoming the voice of your business.

You can stay updated with changes made to the Facebook Pages by visiting www.facebook.com/FacebookPages.

The evolution of Messages is something every Facebook user will be interested in.

The company's CEO Mark Zuckerberg wrote in a blog about how the new Messages will work.

Messages now allows you to decide how you'd like to talk with your friends—SMS, chat, e-mail or Messages—and they will receive your message through whatever medium/device is most convenient for them.

"You can both have a conversation in real time. You shouldn't have to remember who prefers IM over e-mail or worry about which technology to use. Simply choose their name and type a message," said Zuckerberg.

One of the more interesting changes is the creation of @facebook.com e-mail addresses for any Facebook user who wants one.

People no longer need to be on Facebook to talk with friends—whether these



Courtesy of Facebook

Facebook users will start to notice changes from the social networking giant including page layout and simple operation.

friends are Facebook users or not.

Zuckerberg insists that Messages is not e-mail.

"There are no subject lines, no cc, no bcc, and you can send a message by hitting the Enter key. We modeled it more closely to chat and reduced the number of things you need to do to send a message."

"We wanted to make this more like a conversation," said Zuckerberg.

Time will tell how this affects other big messaging companies.

This is a small step towards becoming a media giant—competing against virtually every aspect of social networking and social media.

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CALIFORNIA STATE UNIVERSITY, SAN BERNARDINO

Trauma to first within five days

By KELEIGH ACOSTA
Staff Writer

A recent motorcycle crash left professional Supercross rider Blake Baggett with head trauma and memory loss.

Baggett, 19, rider for Monster Energy/Pro Circuit Kawasaki, was doing his daily training at Glen Helen Raceway in San Bernardino during the first week of March when his day took a turn for the worse.

The San Bernardino native was getting ready for the Daytona Supercross race which was scheduled five days after the accident.

After riding four laps at the practice track, Baggett was thrown head first into a dirt wall after his front tire struck a large rock.

"I was coming around a right hand corner, and inside the rut there was a rock," said Baggett.

"As I was exiting the corner the rock popped my front wheel up causing me to lose control of the front end and tossing me into the face of the jump," he continued.

Baggett was rushed to Redlands Hospital by his mother Leann Baggett.

"My biggest concern was making sure there was no bleeding in his head and no broken bones," said his mother. "In this sport it is better to be on the safe side and know the facts. I focused on keeping him calm and answering his questions to help his thinking catch pace."

A major concussion left Baggett unaware of where he was, how he crashed, along with the names and faces of those closest to him.

"I started to remember little things on the drive home from the hospital," said Baggett. "I knew my balance was off and my depth perception was also pretty bad."

Doctors released Baggett with strict instructions to rest up and let his body and brain recover.

"I didn't remember anything from the second the crash happened until leaving the hospital. Bits and pieces would come and go throughout the next few days. I still don't remember anything after the crash. I'm able to put it together, but only from what everyone has told me."



Keleigh Acosta / Chronicle Photo

Blake Baggett went from rushing headfirst into the hospital to finishing first across the line at the latest Daytona race.

After numerous tests, CAT Scans, and plenty of rest, Baggett slowly regained his memory.

Thursday morning, three days after the crash, Baggett was instructed to test his ability and see if he was ready to get on the bike.

Baggett is a member of the most prestigious team in the sport. He has been on the team for less than a year and is second place in points for the 2011 Supercross Lites championship, thus making the Daytona race a big deal to rider and team.

After observing Baggett's test ride, team owner Mitch Peyton informed Baggett that regardless of his previous injuries, he would be racing in Daytona.

"The crash was obviously unexpected. It definitely threw my mental thinking off.

I was off schedule and I was not on my normal routine. I didn't know how I was going to feel the next time I rode," said Baggett.

On race day, Baggett managed to keep his routine consistent. He mentally calmed himself by watching his breathing, following his daily nutrition plan and focusing on his strengths.

"All I kept telling myself was that I rode strong on Thursday. No questions asked, you rode good Thursday, you can do it again," said Baggett. "But I was definitely nervous."

Most riders agree the Daytona track is not only physically demanding but exceptionally dangerous.

"It's definitely the scariest track out of all the supercross and motocross circuits to me," said Baggett. "It's so physically chal-

lenging because it has beach sand, clay, grass, and regular dirt. It's not just plain dirt like we are used to. All those elements combined make it hard to adjust our bike setup."

Due to his previous injuries Baggett's team and family prayed he rode smart and not only focused on winning, but kept his mind on safety.

"I can't sit still when he races," said sister, Bayley Baggett. "I worry about him, but his crash is the past, race time is positive thinking time."

Once again, Baggett immediately took the lead.

"I did get the holeshot, meaning I was up front first. I rode some protective lines the first lap because Barcia, my main competition was on my tail," said Baggett. "The first lap he was breathing down my neck. I kept telling myself to ride smart."

By mid-race, Baggett was able to pull away from Barcia and maintain a considerable gap ahead of him. He led the rest of the race with a fifteen second lead.

"All that goes through my head is I want to win. I knew I had it, I just needed to focus on staying up. Two laps to go I was thinking, don't throw it away you just led this whole race."

As Baggett passed the checkered flag it took a moment to realize he had just won his first victory of the season.

"When I passed the finish line it didn't sink in. I rode over to my mechanic and my family, and it finally started to set in when I saw all the team and fans cheering."

"I would say the crash made me push harder. I had put in all the training in the weeks before, and I knew I had a good opportunity to win Daytona. I couldn't let a crash get in the way of me winning."

Baggett plans to start his next week of training with the mind-set that getting hurt is not an option.

"My expectations are high for the next race. There is no reason I can't win. I want to carry over confidence from Daytona and race smart."

After an amazing, yet terrifying week, Baggett plans to lead his team to another victory at the next supercross race in Indiana.

Basketball glory and Cinderella story

By J. LEVI BURNFIN
Assistant Sports Editor

Companies all over the nation are about to see a substantial drop in their employees productivity for about three full weeks.

That's right, it is March Madness time and college basketball is going to capture the nation's attention as 68 of the best teams face off in a single-elimination, winner take-all tournament. It is not for the faint-hearted as we learned last year when Duke beat Butler in an exhilarating championship game.

This year has been more unpredictable than any year in recent memory. There have been 12 different teams ranked in the top five of the coaches' poll because there have been several weeks where multiple top-10 ranked teams lost.

Parity is more prevalent this season than any other which means that the March Madness Tournament will assuredly live up to its moniker of "madness."

But there are still a couple teams that are good bets to make a deep run into the tournament and possibly cut down the nets.

First, currently number one ranked Ohio State, led by

freshman forward Jared Sullinger, is one of the favorites to reach the final four.

Sullinger, at 6 feet 9 inches tall and 280 pounds, is a force in the paint as he leads the team in points per game and rebounds per game.

But Ohio State lacks an experienced player at the ultra-important, come tournament time, point guard position. Right now, Aaron Craft is that player but he is only a freshman and I am skeptical that he is ready to lead this team to the championship.

We cannot discuss March Madness without mention the defending national champion Duke Blue Devils.

Duke lost last year's team leader, Jon Scheyer, to graduation but has not missed a beat thanks to this year's seniors Nolan Smith and Kyle Singler. They continue to play the type of basketball that has made Duke and Coach Krzyzewski a national college basketball power for years.

However, they have become too reliant on three point shots. In Dukes four regular season losses, they are a combined 26 for 108 from three-point range. Yes, I know that most teams would lose if they shot that bad from three-point range too. But Duke is not most teams.

Now I know most of you are screaming sarcastically right now "who the \$*&%%* will win then?"

I believe Kansas will take it all.

Kansas is incredibly efficient on offense, as they lead the nation in both field goal percentage and assists per game. They are also fifth in the nation in points per game (ppg), averaging 82.2 ppg.

They are an experienced team; all five of their starters are at least juniors.

Last year's NCAA tournament experience was one of disappointment as the Jayhawks were upset in the second round by Northern Iowa. But I think that disappointment will drive them to the championship this year.

How about some possible Cinderella stories?

Butler had a three game losing streak in the middle of the season but have won nine straight games since including winning the Horizon League Tournament.

I am also keeping an eye on two teams that played each other last year in the first round of the NCAA tournament: St. Mary's and Richmond.

Both teams have experience in the tournament that could prove to be invaluable and allow both teams to advance into possibly the sweet 16.

But whether I prove to be close to Nostradamus or more like the Hunchback of Notre Dame, one thing is certain; this tournament will be "madness."

Polo struggles to tread water

Lady Coyotes float at 7-10 on the season after being set back by an unprecedented seven game losing streak in the pool

By **J. LEVI BURNFIN**
Assistant Sports Editor

CSUSB's women's water polo endured an off-season full of strife only to start a season filled with even more struggles.

The team is off to a disappointing start after two straight years of subpar performances.

The team started off the season with a 3-3 record but immediately lost seven straight and an average team would start to have doubts about their ability to compete.

But this is not an average team. They have already experienced hardship in and out of the pool.

"I was really excited to get [the season] underway because I knew we had so much talent and so much potential," said Head Coach Sarah Reneker.

However, four student-athletes did not have the drive that was needed in order to compete at a collegiate level.

"Sometimes players come in from high-school or a [junior college] and think 'I got this ...' but the college level is so much more intense [that] a lot of them get burned out," said Reneker.

Reneker declined to name the two recruits and two returning players outright but did indicate that they had a ton of talent and that if they had the heart that some of the other players had, they would have been extremely valuable players to the

team.

Reneker believes that the offseason struggles may have made them a better team because she would rather have a team with less talent and bigger hearts than a team with more talent but did not have the drive to compete at the highest level.

"Our team is very bonded and very positive with one another so it worked out for the best," said Reneker.

Still, many obstacles have risen from the decision of the girls to leave the team. The most important may be that the team is

shorthanded as they only have three girls that are able to come off the bench and give the starters a rest.

They are playing teams that have more than 20 players on the team while the lady coyotes only have 13 girls.

The best example is when CSUSB played the NCAA Division I and 14th ranked Hartwick College.

Hartwick has 23 players on the roster, 10 more than CSUSB, but the Lady 'Yotes were still able to compete and only lost 14-10.

In spite of all the struggles the team has endured, the goal remains the same: to get better and improve their conference seeding from the last couple years.

"We never give up because we know how much talent we have and how much heart we have," said Reneker. "We actually have a good chance of finishing third or fourth."

The Coyotes have not had a winning season since 2008 where they went 20-17 overall. Since then, they are a combined 27-46 and have finished eighth each of the past two years.

The team still has quite a way to go considering the seven game losing streak but there are areas that could be improved that would immediately have an impact on their win-loss record.

Reneker believes that the biggest improvement the team needs to make to start winning more games is to communicate better.

"We need to communicate more on offense, that way we will be stronger when finishing the game," said Reneker.

"We are right there with all these teams, we're losing by one goal but it's because we are not finishing," Reneker continued.

The Lady 'Yotes lost five games by two goals or less. Being able to finish those games would have taken a disappointing record and transformed it into a strong start for a talented yet short-handed team.



J. Levi Burnfin / Chronicle Photo

The water polo team may have had it rough so far this season, but this year's squad is one of the toughest in years.

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Coyote Chronicle: Athlete of the Week

Name: Britney Butler

Sport: Women's Softball

Position: Infielder

Class: Sophomore

Moment: vs. Chico State

Butler hit .615 over a four game weekend vs. Chico State. The second basemen had 8 hits, 3 of them being homeruns. Butler helped the Coyotes with 7 RBI's and scored 8 times. The Coyotes swept the Wildcats on Saturday including a 13 run dagger to end the series. With power behind her hits, Butler helped the set the pace of the 'Lady Yotes this past week.

More About:

Britney Butler has earned the Outstanding freshman campaign for the Coyotes ... been named Freshman of the Year in the California Collegiate Athletic Association as well earning first-team All-CCAA honors at the utility position in her short time at CSUSB.

Amongst other honors, the terror on the pitch that is Butler came from Poly High School before joining the Coyotes, and has a long list of sluggers that predate her excellence at CSUSB.

Only a sophomore, Butler's major is still undeclared, however she enjoys riding dirt bikes in her spare moments.



Ben Delgado | Chronicle Photo
Seen running alongside fellow teammate, Felicia Cervantes (left), Britney Butler (right) sets a pace that other teams can't keep up with as the Coyotes surge ahead.



Spring Training, a baseball must-do

All photos taken by Jesus Romero | Chronicle Photo

By **JESUS ROMERO**
Sports Editor

Spring Training gives you a behind the scenes look on how major league ball players, work on fundamentals, take batting practice, stretch and bond as a team. The stars that kids look up to are seen as just regular guys.

There are two Spring Training locations, the Cactus League in Arizona and the Grapefruit League in Florida.

Half of the Major League Baseball teams are roughly within a 19 mile radius of one another when in Arizona.

I have been going to Spring Training in the deserts of Arizona for the past 12 years.

Fans of all ages will be able to watch

their favorite players and coaches as they get ready for the game.

Most of the complexes were the players practice, give a chance to interact with the fans. After the players are finished with their workouts, they usually sign autographs and take pictures with the fans, hand out baseballs or bats they may have broken and can no longer use.

When I was young, I would collect my favorite player's autographs as well as try to get the entire team to sign a baseball. Kids are usually the ones that ball players tend to give the most attention to, since they are the role models for them.

Some of my most favorite Spring Training moments include, playing catch with future Hall of Famer, Trevor Hoffman, talking to Tony Gwynn about my

swing and even being a bat boy for a game.

Those are memories that I will have forever and will be able to tell my kids one day. In fact, I will take my kids and family to Spring Training like my dad did.

It is a tradition that all baseball lovers should experience.

It is only a four hour drive from Southern California, and could make for a relatively inexpensive road trip. Games are as cheap as \$6 a ticket for lawn seats, and there are plenty of hotels nearby to choose from. You can take in sandwiches and bottled water (as long as it's sealed), and you save money in the game.

There are still a few more weeks to go before all the major league ball clubs go back to their cities for the regular season. So now is the best time to go for a road trip.



Fans lining up for players after the game to get autographs



Fans are able to watch players up close while they practice



Cheap great seats, including the lawn seats in the outfield

This week in Sports:

March 15, 1869

The Cincinnati Red Stockings became the first pro baseball team by fielding a competitive team in the National Association of Base Ball Players (NABBP). They had 10 salaried players.



Coyote Jock Talk

March Madness is here. Make sure you fill out a bracket with the Coyote Chronicle Sports section for a chance to win a \$50 gift card to BJ's Restaurant and Brewhouse. Go to coyotejocktalk.blogspot.com for the link to enter.



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Canadian finds second family with softball team

By **HANNAH ALANIS**
Staff Writer

From almost 1,500 miles away, Cassidy Lee was able to catch the attention of CSUSB softball coaches.

For this Vancouver native, softball is life.

Lee explained, "There weren't many options for softball players back home. I chose CSUSB because it's one of the toughest conferences in division two. California also has great weather, and I'm still only a two hour flight home to my family."

On the pitcher's mound and in the field, Lee has demonstrated leadership during her four-year career as a Coyote women's softball player.

Head Coach Tracy Duncan describes Lee as "our go-to-pitcher. She has good movement, she's consistent and she keeps batters off balance."

With practice almost every day and double headers twice a week the lady 'Yotes have become her second family.

Coach Tracy highlights the teams unique sportsmanship when she explained, "They root for each other to succeed ... everyone is genuinely happy for their teammates to do well."

In the short amount of time she has off the field, you can find her watching her favorite team the Vancouver Canucks or do-

ing homework in the study hall.

Keeping up the GPA as well as being a full time student is a requirement to play sports here at CSUSB.

"Maintaining a good GPA is hard with all the practicing and traveling" said Lee.

However, Lee has been able keep her focus and soon she'll be graduating with a degree in Business Sports and Entertainment Marketing.

Living on her own for the first time has also proven to be a challenge.

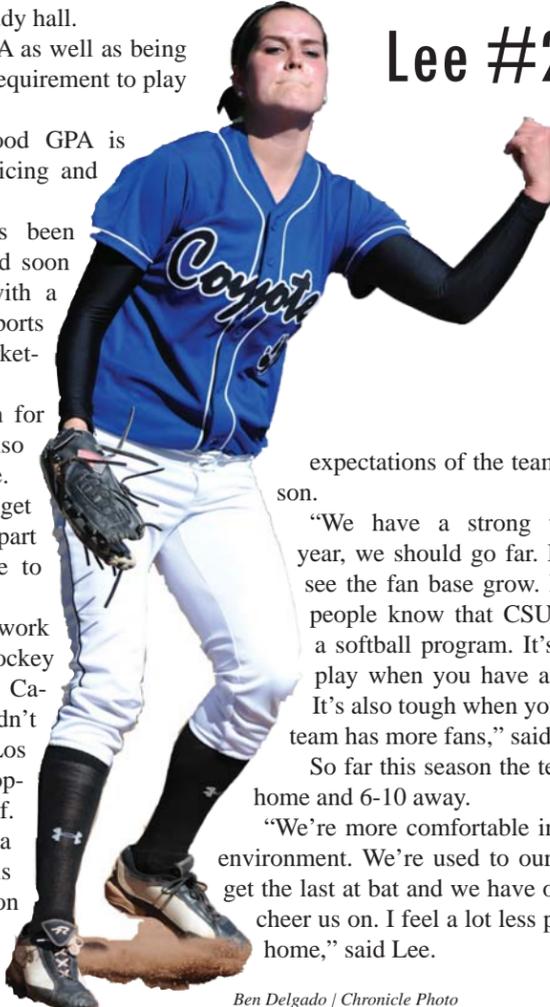
"Whenever I get homesick, the hardest part is realizing I just have to deal with it," said Lee.

Lee's dream is to work for her hometown hockey team the Vancouver Canucks, but she wouldn't mind working for the Los Angeles Kings if the opportunity presented itself.

She clearly is on a path to achieve her goals due to her determination and hard work ethic.

Both the coaching staff and Lee have high

Lee #20



Ben Delgado / Chronicle Photo

Lee relies on the motivation of her coach and teammates to help her during away games.

"Every team has a disadvantage when they're away. It's all about having the last at bat. We haven't struggled; we've lost four games in the last inning against top teams, that's pretty great," said Coach Tracy.

"This is the best and most cohesive team I've ever had. The girls truly fight, and that's why they'll go into post season," she continued.

Lee and her teammates are working hard to put on an exciting season, so come watch the CSUSB women's softball team!

expectations of the team this season.

"We have a strong team this year, we should go far. I'd like to see the fan base grow. Not many people know that CSUSB offers a softball program. It's easier to play when you have a fan base. It's also tough when your visiting team has more fans," said Lee.

So far this season the team is 6-0 home and 6-10 away.

"We're more comfortable in our own environment. We're used to our field, we get the last at bat and we have our fans to cheer us on. I feel a lot less pressure at home," said Lee.

Lee's 2011 Stats:

Games started:	12
Record:	5-5
ERA:	.399
Innings pitched:	66.2
Strikeouts:	47
Opp. Batting Avg:	.288

'Yotes miss chance to advance

By **KIERA THOMAS**
Staff Writer

CSUSB continued to strive for victory as the Women's basketball team advanced to tournament play, alas that drive ended in the first round.

The Lady 'Yotes were selected to compete in the 2011 NCAA Division II West Region Tournament held at Kellogg Gym at Cal Poly Pomona in which they lost their opening game of the tournament 71-43, ending this year's season.

Under the direction of head coach Kevin Becker, the team was eager to participate in the tournament again for the fourth consecutive year. The rewarding feeling of being one of the only teams still competing was enough to spark the fight in the players, despite coming up short

"Heading into the tournament, I think we just want to meet all expectations and stay focused and consistent. This is our second chance coming out of the CCAA tournament. We need to be in it to win it," said Senior guard Sabrina Gonzalez.

Even though the team lost, this season

showed a very coordinated team.

"We handle our business on the court and we play really well together. We support each other and are close," said Gonzalez.

The Lady 'Yotes were led by Eisha Sheppard, Danielle Shows and Gonzales; who have shown their drive and hard work throughout the season.

Despite the season ending without a tournament win, their hard work is evident both on and off the court leading not only to the NCAA berth but individual awards as well.

Sheppard was very proud to be named to the first team All-CCAA as well as second team All-West Region collectives. These attributes continue to fuel her determination and winning spirit.

"When I heard I won the awards, I was shocked and glad. It made me feel good to know my work was being noticed," said Sheppard. "People called and congratulated me even before I knew I had won."

Gonzalez, along with Shows, also gained honors for the second team All-CCAA honors.

Feel the rhythm, feel the ride, it's soapbox time

By **JESUS ROMERO**
Sports Editor

The Red Bull Soapbox race will be flying through the streets of downtown Los Angeles May 21.

It's up to you now to design the soapboxes that will be racing in the Spring.

The deadline to enter your participation application is March 25.

Now get your thinking and your hard hats on, because there will be plenty of creativity in the soapboxes.

One of the requirements is that the soapbox cannot be powered by any type of motor. It can only be powered by gravity and imagination.

The weight limit for the project has to be less than 176 pounds (not including the driver).

The drivers must be at least 18 years of age, but the five man crew working on the job can be of all ages.

Some of the past contestants have included a can shaped soapbox looking like a Red Bull and others an actual red bull with horns and all.

However, they don't have to be Red Bull-themed or related to the project, they can be anything you think of, from birds to small dog houses on wheels, ANYTHING goes.

There will be tons of prizes for the winners and fun filled day.

The event is free for the spectators. They encourage you to come out and support the crew who has put together the creative soapboxes masterpieces.

For more information on the event check out the Red Bull website at redbullusa.com and then search keywords soapbox derby.

The Chronicle will be there with our own cart, so check it out and maybe even sign up and compete, it should be energy-fueled event.

Women's Softball

Wednesday 3.16.11 @ 1PM (Home)
vs. CSU Dominguez Hills

Friday 3.18.11 @ 1PM (Home)
vs. CSU Stanislaus

Saturday 3.19.11 @ 1PM (Home)
vs. CSU Stanislaus

Women's Water Polo

Tuesday 3.15.11 @ 3PM (Home)
vs. Marist College

Friday 3.18.11 @ 11:30AM/3:15PM (LMU Invite)
vs. Whittier College/Princeton Univ.

Saturday 3.19.11 @ 9AM/2PM (LMU Invite)
vs. Colorado State Univ./CSU Long Beach

Men's Baseball

Thursday 3.17.11 @ 3PM (Home)
vs. CSU Dominguez Hills

Friday 3.18.11 @ 3PM (Home)
vs. CSU Dominguez Hills

Saturday 3.19.11 @ 11:30AM (Away)
vs. Dominguez Hills

Men's Golf

Monday 3.21.11 @ All Day (Away)
vs SoCal Intercollegiate
(UC San Diego host at Mission Viejo)

Tuesday 3.22.11 @ All Day (Away)
vs SoCal Intercollegiate
(UC San Diego host at Mission Viejo)