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2022

### Panel Discussion: “Meet the Ladies: What is Cafecito Con?”

CSUSB - Latino Education and Advocacy Days (LEAD)

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## LEAD Original Programming

### Cafecito Con...Entre Mujeres

#### Panel Discussion: "Meet the Ladies: What is Cafecito Con?" (Season 2: 2022)

START – 00:00:00

[ Positive music ]

[ wolf howl ]

>> Hello, and Welcome to Cal State San Bernardino Campus live in studio fifty four [inaudible] programming. This is "Cafecito con."

>> Welcome to Cafecito con. We are a show where we invite guests to inform us, enlighten us, and inspire us by sharing about themselves and the spaces that they step into and make their own. We are a team of three intergenerational women who, one, hope to bring you conversations about women, with women, and for women, We hope to build community, a community without borders.

>> We call our talks "Cafecito con," to have an open forum for a variety of conversations and content. We want to share a cup of love and create spaces for womanhood, to chat, to learn, to grow. We want to reclaim our spaces of conversation. We're not chismeando, we are compartiendo, sharing our stories and most importantly, we are giving our best to each other. We will talk about life, business, faith and dreams. [inaudible]

>> My name's Stephanie [inaudible]

>> I'm Dalila Vazquez.

>> I'm Rosa Martin Munoz.

>> And we are here on a new stage, a new life for our show. We started this a year ago, right?

>> A year ago.

>> It's been a year that we've had the shows in -- We did audio only and we brought women to have conversations with us, and share the stories, and have a lot of fun with that, and look at us now. So we have -

>> Still in the midst of a pandemic where everything was virtual.

>> Right.

>> All via Zoom. I never even met you in person, Dalila.

>> I know, it took a while, yeah.

>> You guys were actually doing podcast without meeting each other at first.

>> No, we hadn't seen each other. It wasn't until we went to [inaudible] that we finally met.

>> Yeah.

>> [Inaudible] right?

>> Yeah.

>> So we started off virtually and now look at us. Now we have to put makeup on and we had the get dress, and [inaudible]

>> We can't do our podcast in pajamas.

>> No jack pants.

>> And, people, you have the option to listen to us or to watch us, and also meet our guest. We have had some phenomenal women that we hope to have back, some of them whenever they can, and have these conversations that hopefully mimic what you could have at home, what you could have when you have your gatherings, right?

>> Which [inaudible] Do you want to explain what type of guests we've had in the past?

>> So let's see, we've had people who are at college admissions. We have had women who are in unconventional positions, like in construction, women in -- imagine that, women in construction.

>> Women in construction.

>> We've had women who are in the yards. I think one of the ones that comes to mind right away is Jenny, when we did -- She's a social worker. But [inaudible] the Latin burlesque on the side. So we have a little bit of everything.

>> Entrepreneurs.

>> Entrepreneurs, real estate.

>> Golf trainers.

>> Golfing, that's right!

>> Women that have created community around them now.

>> And brought women together for greater purpose.

>> It is about being latina, because that's who we are. But it's not exclusively about being latina, right? Because how do we grow if we don't reach out, if we don't get comfortable connecting and networking with those who don't look like us? Right?

>> Definitely learning about other cultures, and it's just very educational and it just makes you a better person overall.

>> Exposure.

>> Exposure, yeah.

>> Definitely. It's definitely important, and I think that that's what education -- the formal education does for some of us, but also the informal education has it's value, right ? I mean, I do advocate for people to go to college if they want to, but I also recognize that it's not accessible to all, and not everyone learns what they need to learn in college, entrepreneurship is a way of getting an education in real life and I often tell business owners, small business owners when I talk with them, I tell them, you know, you have your PhD in whatever is that you do, because you've earned it, you studied it, you know it, you command it, and that's what that means, right? But we definitely want to open the doors for dialogue.

>> Absolutely. One of those our kitchen conversations, but bring them to your table.

>> Yeah, rught? And, thank you, ladies, because I know that this was my idea and I was cooking it for some time, but I am so blessed that the both of you said yes to this crazyness, and sometimes I take you for a loop [inaudible].

>> I mean, we get to talk and learn about other women and, I mean, that's really helped me to even learn more about myself and and my own spirituality, my own purpose, my own power. Ah, it's been a great road.

>> Yeah, definitely having these different conversations with the various women, I'm just - each conversation has like a certain [inaudible] to it at the end of the day, [inaudible] after he listened to, you know, you - it just gives you that little bit of motivation and sometimes it's just helpful because you might be going through something similar. And the message that we're bringing in that show really has helped me personally a couple of times, as we're going through this. I really enjoy being here and been able to bring these experiences to people, so -

>> Yeah. I do have to share with you, ladies. I had this motto in life. I always think it isn't always what I wanted to be, but it is what needs to be, right? And so I really thank you for kind of like, maybe not verbally, maybe not willingly, but definitely in action accepting that motto, because here we are.

>> Definitely.

>> I mean I can confidently say I would not have done anything like this if it wasn't for you taking that leadership and initiative and creating this new vision and -- you know, you start to see yourself doing it alongside you. And I've definitely grown along the whole process. So thank you, Dalila, for --

>> It's all yours to keep.

>> So [inaudible] talk about our transitions moving forward, like where are we taking the show next. So do you want to. Fills us in on what we're doing and where we're at today?

>> So from now on we will have this video conversations that would be [inaudible] as a visual audio and an audio where people can connect with us, and hear about what we're doing, who we're meeting, who we're introducing. We are going to be planning for the whole year. We have some shows, some tricks up our sleeve and so we just want you to stay with us and, by all means, please, do make comments. Please. let us know what you wanna hear. If it is within our reach, we can make it happen, right?

>> Definitely. Yeah, I agree. Any topics that we need to talk about, that haven't been talked about, I think, you're going to be hearing about those.

>> And most importantly, what we're doing here is expanding our platform and reaching more people, sharing more stories and, hopefully, having some things resonate with our audience.

>> Absolutely. That was one of our things in our meeting, I think was how are we gonna reach out to the different generations, right? Because that's why we're here. We are representing three different generations possibly here, and we want to reach out to more generations. We want to reach out to the younger people that may not know about us. So being able to take upon this opportunity so that we could reach as many people as possible is what we're here to do.

>> With a very important message of, all of you can do very similar things. And you know this entrepreneurship, intrapreneurship, creating, leading. I think that's the most important message for everyone, is we can all - we are all leaders in our communities, we are - there's things that we can do individually as - and also as in groups.

>> Because you guys started this a year ago.

>> Yeah, a year ago -

>> You two started a year ago, and now we are here, so that's [inaudible]

>> [Inaudible] I was in New York. Remember we did zoom, and I was in New York. You were in Orange County and our guest was -- Where was Vanessa?

>> She might have been in Long Beach, might have been in [inaudible]

>> Yeah, so -

>> Our first guess -- We didn't even record it, because we weren't there.

>> Yeah.

>> We weren't there yet. We've grown, now we have some microphones.

>> Yeah, definitely.

>> Studio that -

[ Crosstalk ]

>> A crew.

>> Thank you, crew.

>> Thank you. So, please, stay tuned. Listen to us. Subscribe to our show. Subscribe to lead, take advantage of what is been offered. You know, I don't think it is good to have a good thing when you have it in a drawer. Good things are meant to be share, so let's share with the world.

>> What would you say to people that might be afraid to reach out not know - have the courage to reach out to somebody like us or something to make a suggestion?

>> You know, I know it's a cliché. The worst thing that anyone can say is no, and the no usually is a maybe or maybe not now. So don't let that stop you. And if we're not available, somebody else will. You know, maybe there is someone else that you know, that you have been thinking about, that you want to connect with. We're all human beings full of faults, full of desires, and qualities. So there is more that connect us than makes a difference. So I say, take a chance. I definitely believe in that.

>> I like that, I like that.

>> Take advantage of your resources. Will be there at the lead conference and, you know, where people are part of your community, ready to impart in knowledge, in whatever resources we can. So we're here for you.

>> Yeah, and with that we'll sign off, and until the next one. Enjoy your cafecito con whomever you want to enjoy it.

[ Laughs ]

*END – 00:12:20*