October 11th 2010

CSUSB

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Breaking barriers with rock walls

The DisAbility Sports Festival celebrated its fourth annual event on Saturday, Oct. 2.

The festival allowed people of various ages and abilities to take part in activities like rock climbing, tennis, kayaking, and various other sports.

"Sports help develop confidence, social skills, coping skills, and assertiveness," said the director of the event, Dr. Aaron Moffet.

Moffet launched the sports festival in 2007 after witnessing the inequalities people with disabilities encountered.

“I have not been rock climbing since I've been in my wheelchair," said participant Mark Jones.

It had been eight years since Jones went rock climbing and five years since he was in an accident that left him disabled.

Professional rock climber, Mark Wellman, was paralyzed in a mountain climb.

CSUSB has now merged with Google Apps for Education and created new Gmail accounts for every student.

Like most changes, it may take time to get used to, and so far, the new student e-mail accounts have gotten mixed reviews.

“The change wasn't necessary, because most people don't use it outside of school anyway," said student Veronica Fonseca. "It was way too difficult to access."

According to David Neighbours, interim assistant director of Telecommunication Network Services, there have been over 250 calls so far, from students who were having trouble logging into their new accounts.

CSUSB student, Chris White, said that having a student Gmail account is a good thing. "It's nice to have all your e-mails linked to your phone. With the other account, you couldn't do that." Most students are still wondering why the change was made at all.

“The primary driving force behind this decision was economics," said Neighbours. "For at least 10 years, we have used SUN [Solaris], but recently SUN was purchased by another company. The new company charges each person who uses the e-mail system."

Members of the center will be ready to offer brochures regarding underlying LGBT issues such as advice on how to "come out," or disclose their sexual orientation to family, work and church members.

The day will also include Human Rights Campaign information as well as Pride Center T-shirt giveaways. Morgan Lim, panelist for the Pride Center, wants to extend an invitation to those who may not know about the Pride Center or visit SMSU.

"I'd like to encourage people from other parts of campus to ask whatever questions they have because the whole purpose [of Coming Out Week] is to be informed and answer questions," said Lim. Founders Dr. Robert Eichberg and Jean O‘Leary adopted this day in 1988, in celebration of the 500,000 people who marched in Washington, DC for gay and lesbian equality.

This is the first year CSUSB will have an entire week dedicated to the celebration. Here’s what to expect at this week’s upcoming events:
DisAbled know no bounds

Continued from Pg. 1:

The DisAbility Festival became a regional event with people from Utah, Arizona, and Nevada participating with approximately 600 attendees this year. Gloria Echevarria brought her son, Frankie, to the festival and said sometimes kids with disabilities feel like they are alone.

“He loves it,” said Echevarria. “It gives him the opportunity to get involved with other kids and his peers.”

“I think [the festival] helps people recognize that people who have physical and learning limitations can still do activities with or without modifications,” said volunteer Linda Hanks.

Hanks is studying to be an adaptive physical education teacher. Yet another participant at the festival was Jordan Galves, a 16-year-old karate enthusiast. Galves said she encouraged her peers to overcome their fears and participate in the event.

“I try it. You can do it,” said Galves. The DisAbility Sports Festival proves just how amazing the human body and more importantly, how strong the human spirit can be.
continued from pg. 1:

**Pride Center comes out in support**

Meet Your Campus Queer on Tuesday will be held in the SMSU lobby from noon to 1 p.m. Staff from the Pride Center, in an attempt to engage more students, will be offering information and answering questions outside the comfy confines of the center.

“We want to put a face on the Pride Center,” said Amaris Simmons. “We don’t want to discourage people who have been in the momentum of queer culture, but do not fall into the definition of a community college.”

For those who are interested in attending CSUSB, adhering to this deadline is vital to gaining admission because “There’s certainly a chance that we will stop accepting applications,” said Robinson, about Fall 2011.

Students can find more information by visiting csusb.edu or contact the Admissions office.

**Budget squeeze pushes deadline**

By JOSE MONZON
Staff Writer

The priority period to file an application for admission into CSUSB is from Oct. 1 to Nov. 30 for the upcoming academic year.

In the past, deadlines may have been more flexible, but budget restraints have forced the university to limit admissions.

“It all boils down to the budget,” said Arlene Reed, interim associate director of the Admissions and Operations office.

“We are responding to the fact that we don’t have the funds to serve as many as we want to serve.”

Accepting fewer students may not seem beneficial, but Reed said that it was actually a good thing.

“It helps us give students better service,” said Reed. “It also gets students ready for meeting their classroom deadlines.”

Both Reed and Sid Robinson, vice president of university affairs, said that the target goal of acceptable applicants has not been determined for the fall of 2011 as it has continually moved and shifted.

“We don’t deny many [applicants],” said Reed even though she also stated that more have had to be denied than in recent years. She said most applicants were made eligible for openings in the future rather than denying them per se.

Reed also said that admissions looks at local area students, defined specifically as the ten community colleges in the area, and later looks at students out of the area.

They are currently accepting applications for upper division transfers and first time freshman.

According to Reed, “returning students are given additional consideration but do not fall into the defined local area.” This is one of those shades of grey where there is no direct line of priority.

“We don’t want to discourage the people who have been in the momentum of school,” said Reed. “With the budget constraints we can’t shut off our community colleges.”

Continued from Pg. 1:

CSUSB students hit: the brakes, the speed limit of 25 mph at the northern part of campus is now being enforced harder than ever.

Despite the five posted signs that caution drivers of the speed limit and pedestrians, many still disregard the law.

Now that the speed limit is being enforced strictly, students are weighing in with their opinions.

“Last year the speed limit was 40 mph speed limit on Northpark Boulevard to 25 mph on East Campus Drive,” said Lyndsay Flores. “You have to use your breaks the entire time. I understand why the speed limit is so low; there’s tons of runners but even when I’m going 35, people pass me up all the time.”

“speed trap” is parking.
The more we connect... ...the more we disconnect

By LOUIS PENNA
Staff Writer

In a world increasingly tangled in the interwebs, everyone and their mom can “friend request” you from their Twitter, Facebook and (insert procrastination assisting social network here).

We can’t just ignore these virtual friend requests, after all, they make us feel special and wanted, and so we accept.

We accept a completely informal, lackadaisical acquaintance. An acquaintance that does not serve any purpose in our lives; a popularity fashion statement.

I have seen countless circles of friends where everyone is looking down at their phones. My roommates even text each other across the room.

The new generation of technology has made two separate social environments: one in reality, and one on the World Wide Web.

It’s clear that we do act differently in our lives online. We can’t just ignore these virtual friendships. People tend to be more secure with themselves and what they say when on the Internet. Ask yourself how much more comfortable you are flirting with the girl/ guy in philosophy on her/his “wall” than in class?

Facebook claims that 50 percent of active users log on each day. We are so accustomed to being online that we are becoming increasingly unfamiliar with face-to-face interaction.

This unfamiliarity makes us prone to isolating ourselves in reality as the distinction between virtual and live communication becomes apparent.

This level of disconnection has also created a breeding ground for uncensored opinions. You don’t have to look far on any forum or YouTube clip to see people’s honest opinions boiling over the web-page. Protected behind a computer screen, people are quicker to reprimand others for their beliefs when the conversation isn’t happening in a Starbucks.

Another channel of this type of communication is available to children as well. Xbox Live and Playstation 3 lobbies are a cesspit of some of the most obscene and vicious 10-year-olds I have ever heard. I’ve listened to more f-bombs in a 10 minute period on Call of Duty than in a scene from “Pulp Fiction”.

Websites such as 4chan encourage a free-for-all, intolerant, shut up and listen mentality of communication. The recent story of cyber bullied Rutgers freshman, Tyler Clementi and his suicide is a perfect example of the worst of social networks capabilities.

This effect extends beyond just social interaction but to how we conduct ourselves in reality. A job search has become as impersonal as downloading and submitting an application.

Handshakes and eye contact have been replaced by e-mails and emoticons.

The new generation of communication favors expediency over courtesy and non-chalance over professionalism. With the recent release of the film, The Social Network, maybe now people can see a little of the darker side of their favorite addiction and learn how these sites evolved into something bigger and more powerful.

The negative aspects of this culture shift are more apparent as the number of registered Facebook users exceeds 500 million, enough to be the third largest country.

Social networks have connected us, but are also inadvertently isolating us.

Opinions

Monday, October 11, 2010

By KEVIN MILLER
Copy Editor

Society today is considerably more sexually liberated than it was just a couple of decades ago. Sexual liberation, however, has brought with it an era of sexual carelessness.

This becomes most apparent upon entering college. However, has brought with it an era of sexual carelessness.

The sudden freedom many experience, coupled with the sea of new people, thrown together for hours a day with no one telling them what to do often leads to things such as unsafe sex. It’s something that shouldn’t be messed around with.

As young people who are dealing with the heavy responsibility of earning good grades and carving out a future for themselves, they are also inadvertently isolating us.

The negative aspects of this culture shift are more apparent as the number of registered Facebook users exceeds 500 million, enough to be the third largest country.

Social networks have connected us, but are also inadvertently isolating us.

Sex, Cheating, Lies & STDs: Why college students can no longer forfeit their health for meaningless sex

The more we connect... ...the more we disconnect

By LOUIS PENNA
Staff Writer

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Sex, Cheating, Lies & STDs: Why college students can no longer forfeit their health for meaningless sex

The sudden freedom many experience, coupled with the sea of new people, thrown together for hours a day with no one telling them what to do often leads to things such as unsafe sex. It’s something that shouldn’t be messed around with.

Though sex is normal and shouldn’t be treated as an oddity, many people aren’t safe about it. It is, in part, due to poor sexual education during adolescence.

For example, many people are unaware that in order for birth control to be as effective as possible, it must be consistent and regular use. If not taken regularly, its effectiveness can lower significantly.

Moreover, as far back as 1990 in an article titled “Sex, Lies and HIV,” featured in The New England Journal of Medicine, 34 percent of men and 10 percent of women had told lies in order to have sex: the results of a study of 665 southern California college students.

Now, with more people gaining access to universities, imagine how much higher that number is today.

Additionally, there are staggering statistics that prove sexual carelessness amongst young people.

For example, “In 2004, 88 percent of people with STDs are between the ages of 20 and 29, with 32 percent being 18 or 19,” said Lapriel Clark, a nurse practitioner at the Bear River Health Department in Utah. Now, on the cusp of a new decade, these numbers have undoubtedly continued their upward climb.

We have long since left the age that valued waiting until marriage for sex. As a culture, we have grown to embrace the “Sex and the City”-lifestyle of multiple partners, casual sex and drunken hookups, and thusly, knowledgeable use of protection is becoming more and more pertinent.

It is important to understand the risks involved, especially with the rise of STDs. Many sexually transmitted infections have incubation periods of up to six months, so until you’ve had two clear tests six months apart, you can never be certain that you’re not infected- and that’s only if you haven’t had risky sexual encounters during that six month period.

Avert.org reports that 1 in 5 people living with HIV have not yet been diagnosed, and the total number of people living with an HIV infection in the U.S. is thought to be around 1.1 million. Avert.org also lists that between 2007 and 2008, syphilis cases increased by 18 percent. On top of that, California is ranked as the state with the ninth highest syphilis rate in America.

College students have the highest rate of sexually transmitted infections in the United States, and a huge part of it is due to our disdain for protection.

As young people who are dealing with the heavy responsibility of earning good grades and carving out a future for ourselves, it would be foolish to risk our health in exchange for a couple of one-night-stands when we didn’t really want the deal the hassle of the five seconds it takes to use protection.

People tell lies to have sex, cheat on their partners and even have casual sex from time to time. The risk of unwanted pregnancy or disease is too high to avoid condom usage. Part of growing up is being responsible and making sure you are playing safely.
The general education requirements for undergraduates need significant change and reform.

General education should only consist of one year, as opposed to two, and capstones should be eliminated.

After your first year (freshman year) you would be required to declare a minor or major or both. Your second year would consist of minor and the 3rd and 4th year would consist of the student’s major and completion of a minor.

As graduates everyone would have a major and minor, thus creating a well-rounded student but, more importantly, a focus and specialization started early on.

A major and minor, thus creating a well-rounded education and to provide a broad education and to prepare you for specific professional and occupational goals.

Why can’t this focus for “specifics” start earlier on in the undergraduate study, and help arm the students with a more focused curriculum?

Graduation rates are compared to the schools focus on general education on the website, WhatWillTheyLearn.com. The site offers a chart that gives college a letter grade based on how they feel the school emphasizes general education.

For example, when comparing Loyola Marymount University and CSUSB, the numbers proved fascinating.

In terms of their general education, Loyola received a letter grade of an F and CSUSB got a B. Loyola sustains an 80 percent graduation rate, while CSUSB sits at 45 percent.

Why do you think they sustain an 80 percent graduation rate?

I believe one reason is because they place a smaller emphasis on general education requirements and a core focus on major.

More students finish with their undergraduate degree in four years, the connection seems undeniable.

Former executive chancellor for academic affairs for the CSU system, David S. Spence said, “We need to do everything we can to help our students graduate. They take so many courses they don’t really need.

This would reward the hard working high school students that already completed their high school degree, thus moving to a more advanced general education but only for one year.

Then, they would quickly transition to a more specialized area which would help with their future and chosen profession after graduation.

Some argue that reducing general education requirements would produce an overly focused education.

However, requiring a minor to be chosen at the sophomore level would help ensure a well-rounded education would be secured.

Additionally, capstones are only for money and revenue, they are not for our overall benefit of “well rounded educations”

It would be more beneficial for the students to focus and have a strong background in the area that they have chosen and thus help give them a competitive edge.

American students today need focus and change to beat this national economy.

We need to arm our graduates with the best weapons of knowledge and focus to compete in this national and international arena.

By ALLISON UPSTILL
Staff Writer

Opinions

Rent texts, save big
By COURTNEY POOLE
Staff Writer

It doesn’t matter if you buy textbooks online or at the campus bookstore, it’s an exhausting task, especially on your wallet.

We all know the campus bookstore gouges us when we buy our books from them and offer us pennies on the dollar during buyback.

However, starting this fall quarter the bookstore has offered the option to rent our textbooks instead of buying them. The 50 percent price discount is impressive and the rent option is also cheaper than buying a used copy of the textbook.

So why should you rent? One great, obvious reason is so you can save money. In these tough times I personally examine all ways I can save money.

I have not purchased a textbook on campus for two years. I buy online because I usually find my textbooks for less than 50 percent of the bookstore price.

The drawback to purchasing books online is you cannot see the condition of the book. You also face the inconvenience of waiting for the book to arrive. Sometimes I cannot afford to wait two weeks for a book I needed yesterday.

For those of us who wait until the last minute to buy our books renting the book on campus saves me time, money and possibly my grade.

What are the perks of renting? One perk of renting is highlighting or writing in the margins is acceptable. Water damage or torn pages will cost you the price of the book, but highlight away.

I decided to look into the option of renting this quarter. I found out that not all titles are available for rental and the publisher decides which titles can be rented. The bookstore has no decision in the matter.

I did some research into renting texts on campus versus online rentals. Barnes and Noble and Chegg.com both offer rental options. At Chegg.com the rental time can be extended but both sites offer enough time to use the book for a semester or quarter term without extending the time.

The price and rental terms are about the same either online or here at the bookstore so it would all depend on where you can find the title you need for your class.

I love the rental option. I think the bookstore is smart to offer this option to us since we must buy or obtain our books, plus the bookstore is here on campus anyway, making it the most available thing for our budget.
The reason we want a Verizon iPhone

An excerpt from the “Secret Diary of Steve Jobs,” a blog written by Daniel Lyons, editor at Forbes magazine and writer for Newsweek, the followings is from the popular “No-so-brief chat with AT&T” that went viral when the iPhone was first being rumored to appear with Verizon.

“... So let’s talk traffic. We’ve got people who love this damn phone so much that they’re living on it. Yes, that’s crushing your network.

Yes, three percent of your users are taking up 40 percent of your bandwidth. You see this as a bad thing. It’s not. It’s a good thing. It’s a sign that people love what we’re doing, which means you now have a reason to go out and double or triple or quadruple your damn network capacity.

Jesus! I can’t believe I’m explaining this to you. You’re in the business of selling bandwidth. That pipe is what you sell. Right now what the market is telling you is that you can sell even more! Lots more! Good Lord. The world is changing, and you’re right in the sweet spot.

While I’m ranting, let me ask you something, Randall. At the risk of sounding like Glenn Beck Jr. — what the $#*@ has gone wrong with our country? Used to be, we were innovators.

We were leaders. We were builders. We were engineers. We were the best and brightest. We were the kind of guys who, if they were running the biggest mobile network in the U.S., would say it’s not enough to be the biggest, we also want to be the best, and once they got to be the best, they’d say, How can we get even better?

What can we do to be the best in the whole $#*ing world? What can we do that would blow people’s $#*ing minds? They wouldn’t have sat around wondering about ways to $#*@ over people who loved their product. But then something happened.

And now here we are.

Right here in your own backyard, an American company creates a brilliant phone, and that company hands it to you, and gives you an exclusive deal to carry it — and all you guys can do is complain about how much people want to use it. You, Randall Stephenson, and your lazy stupid company — you are the problem. You are what’s wrong with this country.

I stopped, then. There was nothing on the line. Silence. I said, Randall? He goes, Yeah, I’m here. I said, Does any of that make sense? He says, Yeah, but we’re still not

iPhone for Verizon

But has the Android already stolen the market?

By DANIEL SCOTT

Staff Writer

Verizon Wireless and Apple announced that the newest iPhone would be available to Verizon Wireless customers in early 2011.

That’s right, Apple’s exclusive contract with AT&T will end in January, making Apple’s iPhone a free agent.

But is Verizon’s iPhone too late?

The Wall Street Journal reported on Oct. 6, that the Verizon’s iPhone “would resemble the iPhone 4 currently sold by AT&T, but would be based on an alternative wireless technology used by Verizon.”

Verizon Wireless and AT&T run on different digital systems, making the adoption of the iPhone to the Verizon Wireless family, in the past, nearly impossible. This new method brings faster speed, comparable to a broadband connection, to Verizon’s iPhone, finally giving true 4G speeds.

Features such as the iPhone’s video chat will run smoother and fewer calls will be dropped on Verizon’s new network, according to claims by company officials.

Some cell phone users, like me, may have already lost faith in the iPhone.

Rumors have circulated for almost three years about the iPhone coming to Verizon Wireless, without producing results. I, for one, was once an Apple junkie.

I always wanted the newest iPod, was raised on Macintosh computers and I too, fell in love with the iPhone. But with frustrations from being teased for years by AT&T and Apple, the cost of over $250 to cancel a current wireless contract, and the eligibility for an upgrade, it is easy to see why smartphone users have turned towards alternatives.

It’s true that Apple may have been innovative with their cell phone creation, which paved the way for younger companies such as HTC and Samsung to create their own cell phones and learn from Apple’s mistakes.

Blackberry has improved their ability to support different media types and Blackberry Messenger can be very addicting. Android has created powerful phones, with the feature list growing as new operating system updates are released. Although, Android phones are new, in their short time they have managed to control over 20 percent of the current cell phone market, according to Newsweek.

Potential iPhone clients, like myself, who were once in awe of the iPhone, have moved on and purchased rival cell phones such as the Droid X, Blackberry Torch, or Samsung Instinct.

Is Verizon’s new partnership with Apple their final attempt to try to dominate the cell phone market?

Or maybe to remind young companies like Android, that Apple leads the way in innovation and creativity? I hope not.

I have kicked my Apple habit, fallen in love with my Android phone and I would never think of cheating on my new best friend.
Kids are always tough in pairs and these terrifying two need to be seen together. "Case 39" sets you up for a ghastly ride and "Let Me In" delivers the final bite.

Two separate movies, "Case 39" and "Let Me In" go hand in hand. Both feature preternaturally fearsome young girls, one who revels in her nature and one who fights against hers.

In "Case 39," social worker Emily Jenkins (Renee Zellweger) rescues Lily Sullivan (Jodelle Ferland) from being murdered by her parents. For protection, Jenkins takes the young Sullivan in.

As Sullivan admits to having bad thoughts about people and the unusual body count rises, it becomes clear to Jenkins that there is much more to Sullivan than she lets on.

Zellweger gives an honest effort in "Case 39," but falls short of the mark. Her acting doesn't mix well with horror.

Zellweger's effort is mitigated though, by Ferland. While Ferland portrayed an innocent child in 2006's "Silent Hill," she has gone to full-fledged demon child in "Case 39."

Ferland gives a great performance, able to come across as quiet, sweet and utterly menacing in a single scene. Her character plays against the conventions of the little girl in distress.

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While Bradley Cooper (Sullivan's child psychologist) and Ian McShane (Jenkins' detective friend) maintain a strong on-screen presence, Sullivan really carries the movie from beginning to end.

Most of all, the movie does an excellent job of dealing with the issue of broken families and childhood trauma, while adding a supernatural flair.

In terms of a double feature, Ferland and "Case 39" brilliantly set up a feeling of dread and unease, but it leaves the audience wanting more, which is when it's time to move to "Let Me In."

Writer/director Matt Reeves, who also directed "Cloverfield" is at the top of his game. Reeves wrote a marvelous remake of the Swedish film "Let the Right One In," based on the novel of the same name. Reeves keeps several scenes pretty much intact from the Swedish film, while adding his own style and tone to the work.

In the best vampire movie since "30 Days of Night," "Let Me In" tells the story of Owen (Kodi Smit-McPhee), a boy living in a small town in New Mexico who befriends his new neighbor, a young girl named Abby (Chloe Grace Moretz). As their friendship develops, a trail of bodies leads to Abby's so-called father (Richard Jenkins) and Owen is faced with the realization that his new friend has a taste for blood.

Though Abby is the required vampire in this vampire movie, the world of "Let Me In" is actually filled with monsters. From Abby's father, to the bullies that harass Owen, it insightfully looks not just at Abby, but at the monster in everyone.

Moretz, (who played Hit Girl in "Kick-Ass"), gives a commanding depiction of Abby in "Let Me In." She draws empathy from the audience and comes across as a girl with a genuinely good heart, despite her fearsome nature.

Moretz's performance is punctuated by quiet dialogue, emotion-filled silences and chilling ferocity when in full vampire mode. Even when she's not saying a word, she successfully hits a nerve just about every time she is on camera.

Smit-McPhee's performance compliments Moretz's very well. Just like he did in 2009's "The Road," he lights up the screen.

He shows Owen to be afraid, yet fun-loving, and, in many ways, just as strange as Abby.

In addition to the performances from the kids, Jenkins and Elias Koteas give simultaneously gripping and frightening supporting performances as Abby's "father" and "the policeman," respectively.

In the spirit of "The Grudge" and "The Ring," Ferland revives the creepy aesthetic of a little girl with long dark hair.

Moretz in "Let Me In" brought back some much needed dignity and fear to the vampire genre. It's not a movie for the faint of heart.

Bottom line: Moretz and Ferland bring terrifying and goosebump-raising performances to the screen.

These movies are well worth the money to see.

Child stars wow horror audiences

"Let Me In" and "Case 39" make a devilishly good blockbuster duo, with Moretz and Ferland taking the lead

By STEVEN AVILA
Staff Writer

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**The Social Network** shows us how one man’s own social life inspired the invention of our favorite addiction, Facebook

**By JENNIFER BAUGH**
Staff Writer

With 500 million users and counting, none can deny the brilliance and diabolical success of Mark Zuckerberg's Facebook, as it simultaneously connects and isolates us.

It's only likely that Columbia Pictures would support director David Fincher in sharing this story on a cinematic level. However, if you are hoping to watch this film on the basis of some sort of historical clarification as to the rise of this social networking monopoly, think again. This is by far, a more character-driven film.

What sets this movie apart is its portrayal of Zuckerberg as a cocky, yet socially-awkward genius disinterested in the networking monopoly, think again. This is by far, a more character-driven film.

The start of the film introduces a youthful bar scene filled with students near the Harvard campus. It is here where we are introduced to the undergraduate Harvard web-programmer’s crude, fast-talking comments as we engage in a conversation between the presumably, swollen-headed Zuckerberg (Jesse Eisenberg) and his girlfriend Erica (Rooney Mara).

This leads to him getting dumped as she describes her dating him as “like dating a Stairmaster.” With the help of his roommate, he begins to construct “FaceS mash,” a site where Harvard students may choose which Harvard girl is the most attractive.

As the site reaches 22,000 hits within a mere two hours, the university’s network gets blocked. Instead of getting a preview into the life of the famous stencil artist, we are introduced to an interesting character, a Frenchman who recreates the “Space Invader” game around the city.

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Staff Writer

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Still fist pumping

By ISABEL TEJADA
Staff Writer

The muscles, the tanning, the poof, the nails, and don’t forget the fist pump! These seem to be some of the essentials for the cast of MTV’s hit reality show Jersey Shore.

The fist pumping, tan loving cast started their love and hate relationships in December 2009 for season one. Here the eight roommates: Snooki, J Woww, Snooki, and Angelina write fist pump, and their crazy life could be that the cast members seem to be more energetic and in your face type of attitude within each other.

The Jersey Shore has created so much hype that that’s all people talk about. People go crazy with The Situation’s abs, their hype that that’s all people talk about. People cannot stand it.

Many people love their craziness’ yet others cannot stand it.

Both ways the Jersey Shore cast is still doing what they love to do and they are going to keep going strong until they can’t pump another fist.

Whether you follow the crew in earnest or laugh at their antics, Jersey Shore provided as one of this summer’s entertaining shows and continues to deliver that right amount of ridiculousness.

Siren songs of the summer

Kate Perry’s latest album made a splash over summer

By BRITTANY SHAW
Staff Writer

Katy Perry’s newest album Teenage Dream was the soundtrack of the summer for many teenage girls.

The song “California Gurls” was ranked at the top of Billboard’s Top 100 all summer long, and was just about impossible to avoid. It played on the radio, gyms and night clubs constantly.

California Gurls/’we’re unforgettable/daisy dukes bikinis on top/sun-kissed skin, so hot we’ll melt your popsicle.

These are just a few of the fierce lyrics from the song, but not even the lyrics prove how fierce Perry can be.

“I’m not saying, ‘Oh, my God! “California Gurls” is a genius opus!’ I just know what kind of card this summer needs, and that’s the one I’m playing,” Perry said to Billboard Magazine.

In fact, it was a genius card to play, turning Perry into a bigger music star then she already was.

Perry’s songs are so upbeat and catchy, even guys are getting caught singing along. It’s very typical to see a guy drive down the freeway with “California Gurls” blaring out of his car. Another aspect that makes this song appeal to boys is the fact that rapper Snoop Dogg is featured. He comes out rapping half way through the song, making quite an impact of the hit song.

Although, “California Gurls” is the most popular, it’s not the only great song on this album. The song “Teenage Dream” was the hit album of the summer, whether it brings good, bad, or fun memories, when we look back at summer 2010, Perry’s album will always be apart of it.
Students are taking action and lending a hand as well as becoming good examples in society. For one club on campus, Christianity serves as the motivation for these efforts.

Character in Action (CIA) was founded in the Fall 2007 in order to help spread the word of Christianity through servicing the campus and community.

Character in Action Be an Example Tuesdays are open to the general public on the first and third Tuesday of the month at 7:00 p.m. in the Santos Manuel Student Union (SMSU) theater at 7 p.m.

Lee started CIA because he wanted Christianity to be shown through drama and visual art.

“Almost all the Greeks ruled the school and being called Christian was cliché,” said Lee.

CIA has successfully multiplied since 2007. On average, 300 attendees take part in this club. CSUSB student Shara Fowler said “CIA gives us examples of real life experiences. I want to join the CIA committee because it will help me grow spiritually. I love having a club founder who is also a student because it's easy for him to relate to our struggles.”

Both Brittnay Brownridge and Kelsee Lewis, who are continuous attendees of CIA, said that it has improved their experiences.

“I continue to come to CIA because it's uplifting, great choirs, drama, and mime dance; plus it's in the middle of the week, and I like to support my friends in CIA.”

“CIA student leadership is important because it is practice to help prepare yourself for issues you will face in the real world,” said Lewis. Lee's advice for youth and students who desire to become leaders on campus, and in the community is to stay focused and to never give up.

CIA believes that you are never too young to start making a difference in your home, at school, and throughout your community, and they put this belief into action through their efforts in reaching and teaching character.

A huge charity project that CIA will be involved in this holiday season is the Christian Operation Gift Wrap Shoebox Toy Drive, where donated gifts will be wrapped and sent overseas to children in need. Students can find out more about Character in Action on Facebook, and for information on other on-campus, clubs visit csusb.edu.

**Full bellies for less**

**Recipes for students with little time and money**

By RUBEN REYNoso

The economic hardships of college students are at the butt of many jokes, and accordingly, so are their resulting dietary challenges. The “freshman 15” seems as much a trope of college life as Power-Point-driven lectures, and finding the last empty parking spot. Images of empty pizza boxes piling up to the ceiling come to mind. Calculations are made as to how long a diet of instant noodles must continue to save enough cash in order to buy that “necessary” text book.

With endless hours of studying and decreasing exposure to sunlight and fresh air, however, few students have the time, energy, or knowledge to experiment with tools in the kitchen other than the microwave.

**Students spend more than $11 billion a year on snacks and beverages.** Even students who live in the dorms and have meal plans spend a lot of money eating out.

StateUniversity.com

<table>
<thead>
<tr>
<th>Recipe</th>
<th>Cost</th>
<th>Serves</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pasta salad</td>
<td>Eight dollars</td>
<td>Four</td>
<td>One pound of Rotelli pasta, one can black olives, one cucumber, one red onion, one red bell pepper, one carrot, Italian dressing, Parmesan cheese and ground Pepper. Begin boiling a pot of water. Add salt to water. Wash, peel, and dice all vegetables and put into a large bowl. Put pasta in boiling water. When pasta is tender, drain into colander and wash under cool, running water. Pour pasta into bowl along with vegetables. Pour in a lot of dressing and sprinkle Parmesan cheese, shaved carrot skins, and pepper. Toss. Cucumber Salad</td>
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Sigma Nu fraternizes with the community

By ANDREA BRANDSTETTER
Staff Writer

For Jonathan Marquez, joining Sigma Nu has helped him grow as a person. “It’s helped me develop leadership skills, learn about time management and how different things are on this side of the country.”

Jeff Dominguez, a Sigma Nu member and spokesperson, believes that volunteering has many positive effects. “It benefits a man’s character to be willing to help out other people instead of just concentrating on himself,” he said.

The fraternity has participated in several volunteer projects both on and off campus over the last year. Many of these projects benefited charities and other philanthropic organizations.

Last year, it held a charity date auction which raised $2,300 for the Andre Sobel River of Life Foundation, an institution that provides financial assistance to needy families.

In the spring, it raised $1,200 for breast cancer research in collaboration with Zeta Tau Alpha and other fraternities. Sigma Nu members feel that volunteering is an extremely rewarding experience.

“I like helping someone who otherwise wouldn’t be able to receive help,” said Brett Nicholas, a fraternity brother.

Aside from serving the needs of those within their communities, Sigma Nu members also do their part to help the environment.

On Sept. 11, several of them partnered with United Way, a community-focused organization, to help pick up trash in a Riverside park.

Now that the new school year has begun, Sigma Nu has its eyes on recruiting new members. Its rush began last week and will continue until Oct. 14.

While current Sigma Nu members are excited about new fraternity additions, they want to ensure that like-minded people join. For Jeff Dominguez, like-minded people are “those who live out the values of love, honor, and truth,” he said.

Regardless of how many people show up to their rush events, Dominguez and others will have plenty of good things to say about Sigma Nu. Gue Shalabi, a fraternity brother, has enjoyed Sigma Nu because of the diversity within the group itself.

Meanwhile, Dominguez is proud to have surrounded himself with “gentlemen” who abide by the principles of love, honor, and truth – particularly honors. “Honor is something everyone should have,” he said.

Sigma Nu proudly represents its fraternity. Helping out in the community is one of the many things they do.

For Jonathan Marquez, joining Sigma Nu’s local chapter has been a big step in his life. He didn’t know what to expect. It was really hard to be alone at first but I’m adjusting slowly. I’m trying to get involved as much as I can in groups and activities on campus to meet people,” said Amroyan.

Whatever your pet peeve is, there is always a way to improve your situation so that it doesn’t bother you all the time. Make sure to plan ahead so you won’t get frustrated with these everyday life situations.
CSUSB police shares resources with Chaffey

CSUSB’s University Police Department is working with the Chaffey College Campus Police Department to provide a unique shared police dispatch service.

The combined dispatch operation allows communications with both campus police departments through a single dispatch center.

“Collaborating, partnering and sharing quality services with other law enforcement agencies presents the type of opportunities that law enforcement administrators are seeking to promote in order to both enhance operational efficiency and to save taxpayer money,” said CSUSB Police Chief Jimmie Brown.

Based at CSUSB, the new service was launched on Sept. 1, and both agencies have already benefited from the partnership. CSUSB has a full enrollment of about 17,000 students, while enrollment this semester at Chaffey College in Rancho Cucamonga and its campuses in Chino and Fontana is more than 20,000 students, further elevating the need for student services.

By CSUSB PUBLIC AFFAIRS
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The MLB playoffs are already living up to the hype, starting with a bang as Phillies Cy Young candidate Roy Halladay threw a no-hitter in his first ever playoff start. Halladay did something against the Rays in game one that has only been done once before in postseason play. He joined Don Larson in pitching the first no-hit playoff game since the 1956 World Series. “You know it’s just one of those special things you’ll always remember,” said Halladay during a press conference. “The best part about it is… the playoffs take priority, and it’s pretty neat for me to go out and win a game like that.”

The Phillies finished with a 97-65 regular season record, winning the NL East by six games. In addition to Halladay, Roy Oswalt and Cole Hamels make things difficult for teams who oppose the talented Phillies. The NL Central champion Cincinnati Reds went into the series as one of the best teams in the NL. Dusty Baker leads the group that hit 188 home runs and drove in 761 runs this season, more than any other playoff team, including the Phillies.

Earlier in the day, the first round of the playoffs began with the Tampa Bay Rays and the Texas Rangers, both of whom have limited playoff experience. Manager Joe Maddon led the Rays; whom have limited playoff experience.

The other AL division series between the Yankees and the Twins is one that fans should be familiar with, both teams having Tommy John out for surgery. The Braves counter with three quality starting pitch- ers of their own, Derek Lowe, Tommy Hanson, and Tim Hudson, who was named the comeback player of the year after having Tommy John out for surgery.

In previous years, games one and two were played in New York with the Yankees capturing the home field ad- vantage. This year, the tables are turned. The AL Central champion Twins were posted to take a series lead by winning game one on their home field in Minnesota and put up a good fight but CC Sabathia pitched well enough to earn the Yankees the win.

Although Price didn’t have his best game he brings hope to Rays fans, and leads a starting rotation that is one of the deepest in the league.

The Giants needed all 162 games to defeat the San Diego Padres in order to gain entry into the playoffs, winning the NL West by a mere one game. The Giants are not unlike the Phillies in the sense that they both have dominant starting pitching, including the two time Cy Young win- ner Tim Lincecum, Matt Cain and up-and-comer Jonathan Sanchez.

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The other NL Division Series begins in San Francisco with the Giants and Braves meeting in the playoffs for the first time since 2002, which the Giants won. The Giants needed all 162 games to defeat the San Diego Padres in order to gain entry into the playoffs, winning the NL West by a mere one game. The Giants are not unlike the Phillies in the sense that they both have dominant starting pitching, including the two time Cy Young win- ner Tim Lincecum, Matt Cain and up-and-comer Jonathan Sanchez.

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Football may have passed baseball as America’s national pastime, but fantasy sports may actually be even more popular.

Fantasy sports have become a multi-billion dollar industry where an estimated 21 to 30 million people play fantasy sports per year according to “Fantasy Sports: By the numbers.” In comparison, a little less than 21 million people watched the most popular weekly football program, Sunday Night Football, on Sept. 26, which headlined a game between the New York Jets and the Miami Dolphins.

Fantasy Sports is popular because it is a cheap and simple form of entertainment. The more popular fantasy sites, such as ESPN.com are free, allowing people to be entertained while they manage their dream team at no cost.

The main idea of fantasy sports is that anybody gets to manage his or her own sports franchise. Managers choose different players from within a sport and are allowed to bench, trade, drop and add players at their will.

The managers compete against other managers in a previously established league by comparing the statistics accrued by the managers' players during the sports regular season.

Of the 21 to 30 million people that play fantasy sports, 85 percent play fantasy football, which is by far the most popular sport for fantasy gamers.

A sign of rising popularity, the average age of the fantasy gamer is going down by the year.

In 2005, 35 was the average age; in 2010, the average gamers’ age is 33, and the figures seem to continue to drop. College students represent an estimated 10 percent of the fantasy sports community or about three million players.

The amount of time playing fantasy sports is climbing up to 9 hours per week spent playing fantasy sports. Meanwhile, the amount of time college students spend studying per week is down to 14 hours, according to Stephanie Findlay's article “The Decline of Studying.”

“I definitely spend more time playing fantasy sports than studying,” said Brian Rocke, a CSUSB psychology student.

“First and foremost, I play because it’s fun and, secondly, it gives me a reason to be more involved with every game rather than just those of the teams I like,” Rocke explained.

Companies have identified fantasy sports as an area of massive public interest and have taken advantage of the opportunity.

Companies have developed hundreds of different devices to help fantasy owners manage their teams.

“I have an app on my Blackberry called Yahoo Fantasy Sports 10” that I use to keep track of my fantasy teams while I’m not near a computer,” said Rocke.

Other tools such as the “NFL Red Zone” channel, which switches between games if either team is in the “red zone,” have been developed specifically for fantasy gamers because if one of the managers’ players scores a touchdown, then the manager is awarded points in his or her league.

Companies have benefited from the booming fantasy sports business as well. Even though many fantasy sports sites are free, the sites can garner $1.5 billion just in advertising. Other specialty sites, such as rotopass.com, offer fantasy advice and tools for a fee.

Many managers take fantasy sports to the next level by betting on their respective teams in competition against other managers.

“I never play in free leagues anymore because betting just makes it more exciting,” Rocke said.

Gambling sites have also found an opportunity to attract fantasy players by offering betting lines on fantasy stats. For example, a betting website may offer a bet on which NFL quarterback will accrue the most fantasy points in a specific week.

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Although ranked No. 4 in the Coaches Top 25 Poll, CSUSB women’s volleyball team aren’t content with resting on their laurels.

Already off to a 12-1 start and a 9-0 standing in the conference, they are led by key returning players and recognizable team chemistry. Confidence plays a pivotal role for the team as they set their sights on a national championship.

“Confidence naturally translates into more team chemistry and willing choices which allows the team to play with more aggression and physicality; an also added year of maturity plays into it,” said Head Coach Kim Cherniss.

Along with confidence, having a focused mindset and a level of self motivation and boldness, CSUSB women’s volleyball is expecting a stellar season of the year.

When asked if the team was playing with a chip on their shoulder from last year’s loss to Concordia University in the National Semifinals, Coach Cherniss responded with declaration.

“When you get close to a national championship, it’s tantalizing. You want to go back and do it again. There was no chip on any of our shoulders, we as a team did not do anything untoward,” she said.

“When you get as close as we did last year, you figure that since we are almost there, we are positive we can do this now,” Cherniss continued.

The team is led by senior Jane Chafeh, who had a notable performance last season when she was named the Daktronics West Regional Player of the Year, named to the All-CCAA first team, and picked to the AVCA and Daktronics All-American first team as well as the All-West Region team.

“Chafeh is clearly one of the most dynamic and fierce attackers in the country and is putting up good numbers and hitting for a good percentage. We all suspect that she will continue to only improve and as well as do a great job defensively. She serves a primary role to this team,” said Cherniss.

Though being high-ranked in the polls, CSUSB women’s volleyball is expected to have a strong nationally competitive program. However, the conference this year brings much competition to the courts.

Coach Cherniss feels that this season is much different from the previous one and that the underdog teams are competitive. Teams like CSU Monterey Bay (10-2) and CSU East Bay (12-3) are working just as hard for a championship run.

“We have to play every game like it’s the top seed in the conference, every single team is just as competitive as the next,” said Cherniss.

As far as predictions for the remainder of the season, Cherniss hopes to compete for a conference championship and has driven the team to do so. She says seeing how the second round of play in previous years will contribute to getting the job done for a championship this year.

There is also hope to have a high seed in the NCAA West Regional Tournament and possibly host it and most importantly, play in an Elite 8 Championship.

Next games:
- October 15, against San Francisco State
- October 16, against CSU East Bay

Lady Coyotes aim for conference tournament spot

By KRISTINA TORRES
Staff Writer

Only ten minutes into the game, Coyotes’ Casey Hirsh drives down the field with the ball, and puts it to the right side of the CSU Dominguez Hills goalkeeper, scoring the first goal of the game to give the ‘Yotes an early lead.

Women’s soccer is well under way with ten games so far, and of those games, they have won five and tied once.

In his second season as head coach, Travis Clarke is dedicated to building a successful team who can compete for the CCAA championship. Last year they narrowly missed competing in the post season, which is fueling their drive this season.

“One of our goals is to make it to the conference tournament at the end of the year because we have never made it that far before,” said Chelsea Jones, a redshirt freshman.

The competition is fierce this year, and the girls know what they face up against. “We want to prove we are no longer the underdogs. We want to show everybody that we have the talent and the potential to be a threat,” Jones said.

The Lady ‘Yotes are ranked No. 14 in the nation and No. 2 in the West. This surely put pressure on the team, but Jones described how it drives them to perform well.

“We have a lot to prove to other people. They are now expecting us to do well so we have to meet those standards,” said Jones.

They continue to stay focused and practice hard each week, focusing on the game ahead. They study that week’s opponent, different strategies, and how to fit those strategies to fit the needs of the particular game.

The team has set goals this season, and is determined to reach them.

“We want to show everyone what we are truly made of. To underestimate us would not be a good idea,” said Jones.

So far, the team has faced some tough competition, and they have to make sure they are on all the same page. They have made it a point to have more team bonding time, just to make sure they are on the same page on and off the field.

The lady ‘Yotes have solid leadership in returning players, like as Unity Beddalinga and Katie Libby.

They also have fresh new talent in sophomore Juni Carmona, a transfer from Hawaii Hilo, who has previously played for Clarke.

The team practices hard and it shows on the field. Their quickness and ease with the ball shows off the amazing talent on the team this year.

“We have the tools to be the best team out there. We just have to figure out how to put it all together,” Jones said.

These ladies have some serious drive, and are determined to make this season the best it can be. The talent is there, and so is the dedication.

Look for the team to be very successful this year, and come out to watch their exciting games!

Current 1st place men’s team plan on dominating

By MONIQUE TORRES
Staff Writer

Sixteen minutes in and already CSUSB’s men’s soccer team has taken the lead.

Freshman Martin Esqueda found his way inside and passed to Obi Agwu, who kicked the ball straight past the CSU East Bay goalkeeper for the first goal of the game on JUC.

With a record of 7-2-1, overall and 5-1-1 in CCAA so far, they are striving to make this season count.

“Once our season is going really good, it’s probably one of the best years that the program has had, and it’s just the beginning. We still have a lot of things to accomplish,” said midfielder Maso Martinez.

Under head coach Noah Kooiman the Coyotes plan to make this one of their best seasons yet.

Last season, the team finished with a record of 15-5-1 and made it to the CCAA conference tournament and the NCAA West Regional. This season, they hope to follow the trend and be just as successful.

This year, the team is ranked 8th in the nation according to a recent NCAA top 25 poll.

This season is the first time the CSUSB men’s soccer team has been ranked. They hope to continue to progress and make it to the post season.

“Our main goal is to win the national championship, but as of right now we’re taking everything step by step. Our first goal is to go undefeated at home. Our second goal is to make and win regional and let that momentum carry us through the championship,” said Martinez.

The team has already begun building upon their successes of last year, which shouldn’t prove too difficult with the amount of experience and leaders on the team. With nine seniors and four juniors. The team has a lot of prominent leaders to look up to.

There are also some new faces on the team. Some notable players are freshmen Lee Nishanian, freshmen Julio Ayala, Jordan Rodino (a transfer from Vanguard University), and Zach Walker (a transfer from UC Riverside).

Among the returning members are the team’s top scorers, seniors Agwu and Albert Cabrera. Both Agwu and Cabrera earned all CCAA and all West Region in 2009, and Agwu is cementing his prominence on the team.

This season the players from CSUSB continue to be recognized with Agwu was named CCAA player of the week. Freshman Nishanian was also named ESPN’s Los Angeles Division 1 player of the week.

Last season the team made it to the post season, but was knocked off by CSU Dominguez Hills in the semifinals. This year the ‘Yotes had a score to settle when facing CSUHD.

The two teams met again on Sept. 24, where CSUHD was shut out and the scoreboard showed the Coyotes on top with four.

This game made a statement, considering CSUHD has been ranked, this is the Coyotes first time being ranked. The season has a lot more games to go, so be sure to come out and support your men’s soccer team!

Coyote soccer looking to build on momentum

By CHRISTIAN MARTINEZ
Staff Writer

In his second season as head coach, Travis Clarke is dedicated to building a success- ful team who can compete for the CCAA championship. Last year they narrowly missed competing in the post season, which is fueling their drive this season.

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So far, the team has faced some tough competition, and they have to make sure they are on all the same page. They have made it a point to have more team bonding time, just to make sure they are on the same page on and off the field.

The lady ‘Yotes have solid leadership in returning players, like as Unity Beddalinga and Katie Libby.

They also have fresh new talent in sophomore Juni Carmona, a transfer from Hawaii Hilo, who has previously played for Clarke.

The team practices hard and it shows on the field. Their quickness and ease with the ball shows off the amazing talent on the team this year.

“We have the tools to be the best team out there. We just have to figure out how to put it all together,” Jones said.

These ladies have some serious drive, and are determined to make this season the best it can be. The talent is there, and so is the dedication.

Look for the team to be very successful this year, and come out to watch their exciting games!