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"Informational Message Regarding Coronavirus"

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From: Vice President for Student Affairs <VP_StudentAffairs@csusb.edu>

Date: Thursday, January 30, 2020 at 1:57 PM

To: Students <students@groups.csusb.edu>, Colleagues <colleagues@groups.csusb.edu>

Subject: Informational Message Regarding Coronavirus

Dear CSUSB Students & Colleagues,

Cal State San Bernardino and the university's Student Health Center are aware of the current impact of the coronavirus in the global community and are continually monitoring the situation. While there have been a few confirmed cases in Southern California, no exposures or confirmed cases of coronavirus have been identified at CSUSB or in the local community.

Campus administration and the Student Health Center are committed to the safety, health and wellbeing of all campus community members and campus visitors, and are following the guidance of the federal Centers for Disease Control and Prevention (CDC) as well as State of California, and San Bernardino and Riverside County public health officials.

Information regarding the coronavirus continues to evolve and the situation is currently being monitored by the CDC and "at this time this virus is not spreading in the United States, so the likelihood of someone in the U.S. getting sick with this virus is very low. Right now, the greatest risk of infection is for people in China or people who have traveled to China. CDC continues to closely monitor the situation." (CDC, Novel Coronavirus [2019-nCoV] and You Factsheet).

Further guidance is being offered by the California Department of Public Health (CDPH). For more information regarding the coronavirus, please follow the links below to visit the CDC and/or the CDPH for up-to-date information regarding the outbreak.

The campus community is also reminded that this is high season for possible contact with individuals who have contracted more common strains of colds and flu, which have very similar symptoms to the new coronavirus.

What is the coronavirus?

The coronavirus is a virus identified as the cause of respiratory illness first detected in December 2019 in Wuhan, China. Patients with this virus have reportedly had mild to severe respiratory illness with symptoms of fever, cough, and shortness of breath. While the exact way the virus is spread is not fully known, the CDC stated that person-to-person spread is likely via respiratory droplets produced when an infected person coughs or sneezes, similar to how influenza and other viruses that cause respiratory illness spread. They believe there also may be some spread when a person touches a surface or object that has the virus on it, and then touches his or her own mouth, nose, or possibly eyes.

What can I do?

The CDC recommends many everyday preventive actions to help prevent the spread of all respiratory viruses. These include:

- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid touching your eyes, nose, and mouth with unwashed hands.

- Avoid close contact with people who are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.

If you develop symptoms of influenza-like illness or other respiratory infections, please stay at home and do not come to campus for school or work until you are no longer contagious. Contact your healthcare provider to seek medical attention as soon as you are able.

If you are feeling sick and have traveled to Wuhan, China or any other city or province within China during the month of January or have been in close contact with someone who has, please do the following:

- Stay home and avoid contact with others, except for seeking medical care.
- Seek medical care right away. Before you go to a doctor's office or emergency room, call ahead and tell them about your recent travel and your symptoms.
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when coughing or sneezing.

CDC: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

CDPH: <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/nCOV2019.aspx>

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