ePortfolio as a High Impact Practice: KINE 254 ePortfolio Introduction Assignment

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KINE 254: Field Study – Teaching Philosophy Statement and Portfolium Introduction Assignment and Rubric

This assignment is guided by the Kinesiology Department’s Program Learning Outcomes #2 and #3 which state:

- **PLO #2**: Demonstrate knowledge of cultural, historical, and philosophical dimensions of kinesiology.
- **PLO #3**: Demonstrate knowledge of and competency in the importance and the practice of physical activity in kinesiology.

Guided by these outcomes, the purpose of this assignment is threefold:

1. Students will explore personal beliefs regarding physical education by creating a teaching philosophy statement guided by best practices and research. (Note: Sometimes we do not realize what we know or think about a topic until we are asked to express our beliefs. You will update this philosophy statement in KINE 490: Senior Seminar. It is our desire that you recognize the growth that you have experienced throughout your undergraduate education.)

2. Students will create a shell of an ePortfolio that can be built upon during the Pedagogy program and beyond. (Note: You will continue to add to this ePortfolio, and your final portfolio will be evaluated in KINE 490: Senior Seminar.)

3. Students will reflect on the usefulness of the eportfolio for highlighting value orientations and key information to desired audiences.

This assignment will introduce the Portfolium Platform which is available to all CSUSB students. By creating your ever-updating ePortfolio in KINE 254, you will begin the process of utilizing a tool that will highlight your achievements, position statements, etc. throughout your career. Through this assignment, you will also create your initial physical education teaching philosophy statement (rubrics for
both are below). This portfolio will be updated throughout your time as a Pedagogy major and hopefully beyond. It is the desire of the department that you recognize your development throughout the program, and that you identify and regularly modify key documents and statements that will assist you in understanding your growth and value orientations as a future teacher. In addition, it is our desire that this portfolio will assist you beyond your time at CSUSB. It will hopefully be a tool to show your value to future employers, and assist you in your journey as a teacher.

Portfolium describes itself as “a place where you can curate your achievements, projects, and competencies and use them to launch your career.” Portfolium will be available to you as a student and beyond, meaning that you can use this to promote yourself to possible employers and continue to use it throughout your career. This assignment will ask you to create an account, edit your profile (including your education and skills), and begin your evolving ePortfolio by creating and uploading a thoughtful, and well-organized physical education philosophy statement to the Portfolium system.

**Two-Part Rubric (Portfolium ePortfolio + Teaching Philosophy Statement) = 50 Points**

<table>
<thead>
<tr>
<th>Portfolium ePortfolio Grading Rubric (25 Points)</th>
<th></th>
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</thead>
<tbody>
<tr>
<td>5 Points</td>
<td>No more than 1 error = 5 points</td>
</tr>
<tr>
<td>Proper spelling and grammar should be maintained throughout the portfolio</td>
<td>2-3 errors = 3 points</td>
</tr>
<tr>
<td>Consider: <em>A principal may throw out your application if they see spelling and grammar errors.</em></td>
<td>4 or more errors = 0 points</td>
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<tr>
<td>12 Points</td>
<td>3 points for each bullet point.</td>
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<tr>
<td>Create a Portfolium account and edit your profile including, at minimum, the following:</td>
<td></td>
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<tr>
<td>• Professional Pursuit (future career aspirations – speak to your future employer)</td>
<td></td>
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<tr>
<td>• Education</td>
<td></td>
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<tr>
<td>• Skills</td>
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</tbody>
</table>
- Your Teaching Philosophy Statement with an appropriate title for the document (NOTE: I will be unable to grade your statement if it is not uploaded to your portfolio.)

*Just a thought, consider adding a QR code on your resume in the future to link to this ePortfolio!*

<table>
<thead>
<tr>
<th>Points</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>3 Points</strong></td>
<td>Upload a professional picture of yourself. Attire and quality of the picture will impact these points. Consider visiting the Career Center for a headshot.</td>
</tr>
<tr>
<td><strong>5 Points</strong></td>
<td>Reflection about Portfolium, it’s usefulness, and your philosophy statement. (Note: The reflection prompts can be found on Blackboard in the Assignments Folder.) To be turned in on Blackboard a week after the assignment due date.</td>
</tr>
</tbody>
</table>

**Teaching Philosophy Statement Rubric (25 Points)**

A teaching statement is concise and specific to what you believe about teaching and learning in physical education. You should also provide the reason as to why you believe what you do. (Note: I am not asking for you to use references but make sure what you say is logical.) Just focus on the aspects that are of most importance to you. Consider this as an overview of what you think, I understand that it will not be all-encompassing.

Take a look at this philosophy statement description and use it as a guide: [https://teachingcenter.wustl.edu/programs/graduate-students-postdocs/applying-for-academic-positions/writing-a-teaching-philosophy-statement/](https://teachingcenter.wustl.edu/programs/graduate-students-postdocs/applying-for-academic-positions/writing-a-teaching-philosophy-statement/)

NOTE: Your views should have some sort of foundation (ex. our textbook, research, etc. that provides some legitimacy to your views. You do not need to use sources, you just need to make sure that what you are saying does not go against what we know to be true about physical education. Claims that have no foundation may result in loss of points. Also, using other people’s work will result in 0 points. The SHAPE America website is always a good place to find legitimate information about PE.
### 4 Points
Your teaching statement is concise and specific to what you believe about teaching and learning in physical education.

Be clear and concise. Points will be reduced if you:
- Take a negative tone.
- Talk about what other teachers fail to do – focus on what you will do!
- State that PE is the cure for obesity. There are too many factors that are influencing the obesity epidemic. Focus on how we provide tools for lifelong physical activity.

### 6 Points
The statements made in your philosophy statement are supported and justifiable.

Your statements can be supported by research or best practices documents.

### 4 Points
Clear beginning and end to your statement. (Review other PE philosophy statements online to gather ideas but don’t cut and paste)

Multiple paragraphs are necessary. Usually an introductory paragraph, a body paragraph or two, and then an ending or summary paragraph.

### 6 Points
At least three bullet points from below *** are discussed within your statement.

2 points per bullet point = 6 points

### 5 Points
Proper spelling and grammar. The statement follows the guidelines listed here.

2 points
- Keep your statement to no more than one page, single spaced, Times New Roman, Arial or Calibri, 12 point font, and 1 inch margins.

3 points
- Please pay attention to spelling and grammar.

Have someone proofread for you. I guarantee you that your grade will be higher on this assignment if you finish it early and make an appointment for the Writing Center to review your statement. [https://www.csusb.edu/writing-center](https://www.csusb.edu/writing-center)

***The following bullet points are some things that you might include (not necessarily all):

- What is critical for students to learn from you?
• What content is important to teach in PE? (I do not mean specific activities, think bigger picture (ex. health-related fitness))

• How does teaching relate to learning?

• What do you see as your role as a teacher in a modern school?

• What do you view as the most important issue in PE or schools today?

• What kind of relationship do you hope to form with your students/classes?

• How will you motivate your students?

• What makes an excellent teacher and what steps will you take to excel? 
  *NOTE: Be humble but sure of your abilities.*

**Sample Teaching Philosophy Statements to Guide Your Writing:**

See Sample #1 (It is not a PE statement but it is well written and will help you with structure.) Note how the statement had an intro paragraph, body paragraphs led by the intro, and a closing paragraph with a strong summary.  
[https://oregonstate.edu/instruct/ed416/sample.html](https://oregonstate.edu/instruct/ed416/sample.html)

Here is a PE Philosophy Statement that has some good components to it.  
[https://mersdphysicaleducation.blogspot.com/p/teaching-philosophy.html](https://mersdphysicaleducation.blogspot.com/p/teaching-philosophy.html)

On your own, search out philosophy statements that are related to PE but don’t “copy and paste” their thoughts. Start with your beliefs and use the structure to guide you.

**One More Document to Assist**
This is an older statement on “Why Quality PE” from SHAPE America, but it might help you as well. Remember, you are not trying to list research in your teaching philosophy, you are just providing those that will hire you with your goals as a teacher and your thoughts on quality PE content. 
https://www.shapeamerica.org//upload/Top-10-Reasons-for-Quality-Physical-Education.pdf

NOTE: One spelling mistake when provided to a principal might be enough for him/her to throw out your resume. Once again, consider using the Writing Center. I guarantee you will get a better grade on this assignment. 
https://www.csusb.edu/writing-center