February 8th 2016

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Recommended Citation
CSUSB, "February 8th 2016" (2016). Coyote Chronicle. 691.
https://scholarworks.lib.csusb.edu/coyote-chronicle/691

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California Faculty Association (CFA) Trustees were presented with a “Sustainability Plan” by CSU schools at a conference in Long Beach this past week and immediately rejected the proposal, according to the CFA.

The proposal focuses on increasing reliance in private funding and student tuition instead of public support to pay for CSU professors and faculty salary increases, according to ccalcu.org.

“It is time that the trustees examine their budget as a moral document, one that should put our core mission of instruction at the center, keep tuition as low as possible to ensure access to the people of California, and pay faculty a decent wage that allows us to fulfill this core mission,” stated CFA Bargaining Team Chair and Sociology Professor Kevin Wehr in a news release.

The sustainability plan was a result of trying to consider how to manage the cost, revenue, and resources of the CSU’s in the most effective way, according to the CFA.

“Adding these proposed fees year after year on top of the huge increases already imposed since 2000 would be unfair to CSU students and counterproductive to the CSU’s mission of access and affordability,” said former president of CFA Lillian Taiz.

Student tuition won’t increase this year or next, but annual fee increases will cause inflation in later years.

The DEN (Delivering Emergency Nourishment), CSUSB’s Food Pantry, received a $1,219.95 donation from Sodexo on Jan. 13.

According to news.csusb.edu., the donation was 20 percent of the sales made from Sodexo’s grand opening event at the CSUSB Commons on Sept. 30, 2015.

The CSUSB Dining Services and Sodexo approached The DEN, seeking ways to help contribute and help with the needs of students. CSUSB is among eight other CSU campuses that now operate student food pantries, according to sacbee.com.

“About 91 percent of San Bernardino city students are on free or reduced lunch, so when they come here [CSUSB], it shouldn’t be a surprise that they don’t have lunch,” said Diane Pedolske, director of the Office of Community Engagement.

The DEN is located in the Faculty Office Building Room 227, and is available to all CSUSB students who are in need of assistance.

Minority students close in on the achievement gap with an increase in graduation rates.

The achievement gap, as defined by the National Education Association (NEA), serves as a representation of the academic difference between groups of students based on race, ethnicity, gender and socioeconomic status.

According to an article in The Press Enterprise, the six-year graduation rate for Latino freshmen reached a total of 51 percent in 2009, two points away from the 53 percent rate of white students.

“The CSU has long acknowledged the existence of an achievement gap - but we should not be, and are not, satisfied that only half of our undergraduates from under served communities graduate within six years. That is simply not inclusive,” said Chancellor Timothy White in his 2016 State of the CSU address.

Many programs, such as the DREAMers Resource and Success Center, have been created to further bridge the achievement gap and provide the resources minority students need to succeed at CSUSB.

“At the end of the day, we all - the state and the university - share a common cause in seeing more students succeed at higher rates, so they can go on to design their future,” said White.

Women’s equal pay movement
Men and women will get equal pay

By Kyle Richardson

President Barack Obama proposed a new rule to help create equal pay for同等 women in the workplace on Wednesday, now after the seventh anniversary of the Lilly Ledbetter Fair Pay Act. A topic that isn’t too openly spoken about, equal pay, has always been a big commodity in the United States history.

Today women in the United States, on average, are paid on average 79 cents to a man’s dollar according to the Associated Press.

“As a society, we need to acknowledge that women are just as important,” said CSUSB student, Katherine Vargas, a junior.

“It’s a big deal that women are still getting paid less than men, but we have people out there not even aware that still, in 2016, are trying to get equal pay for women,” said Loydie Burmah, a CSUSB student.

The Lilly Ledbetter Fair Pay Act was the first bill that Obama had signed back in January of 2009. This bill was named after Lilly Ledbetter who back in 2007 took her case to The Supreme Court, where she found out that her employer was paying her less than the men at her workplace for the same job.

Women have taken change in the workforce for years. Many students estimated in the fact that Hillary Clinton is a leading candidate to the next president of The United States. “The more women come into power, the more the issue arises, and with Hillary Clinton as a favorite she wins the democratic ticket, it would make sense that she’s in the mix,” said CSUSB student, Sara Eigel.

“A woman is running for President of The United States in this upcoming election, that glass cliff myth needs to be demolished, women should be able to do anything that a man does,” said CSUSB student, Brian Puller.

“I don’t think there should be a difference in the pay between men and women, gender shouldn’t be a result of the pay because in how much you paycheck comes out,” added Harris.

In the United States, the average median for full time working women year around $35,400 while a man’s median, for the same criteria, is $50,400, according to whitehouse.gov

According to whitehouse.gov, the proposed plans by the president and Equal Employment Opportunity Commission (EEOC) would partner with the Department of Labor to annually collect summaries from companies with at least 100 employees. The data collected would be divided by gender, race and ethnicity.

The proposal rule expands on a previously published rule by Department of Labor, which would’ve applied only to federal contractors, according to CNN.

“This would result in data from 63 million employees in the U.S., according to whitehouse.gov. September 2017 looks to be when the first rules of the proposed bill will be finished, if adopted.

At the White House reception about the proposed rule, Obama commented on the situation.

“We have a lot of work to do to close the pay gap between men and women and ensure that no women ever were faced with the kind of discrimination that Lilly faced on the job,” Obama also said.

The Chenille Chronicle published an editorial every Friday for 100 years on Wednesday during the academic year distributed by the Communication department. The newspaper existed in the Chenille Chronicle as a student-written and -edited, and not the interests of any one person. The Chenille Chronicle does not promote any type of advertisement in the Chenille Chronicle does not promote any type of advertisement in the Chili Chronicle does not reflect the views of the student body or administrators. The Chenille Chronicle reserves the right to edit or remove all material submitted to the paper.
CC Briefs:

**Spending more on weed than snacks** (Feb. 2)

Americans have spent more money on legal marijuana than on Cheetos and Doritos combined in 2015. A total of $5.4 billion was spent on legal marijuana, which does not account for sales of illegal marijuana, while $4.9 billion was spent on Doritos, Cheetos, and Fritos combined. The total includes over $1 billion in legal marijuana sales in California, $1 billion in Colorado, and half a billion dollars in sales in Washington state, according to The Denver Post.

Despite the numbers, investors are still weary of the federal restrictions in which marijuana is still 100 percent illegal. Marijuana business stocks were down 44 percent in 2015, according to ArcView.

**Elon Musk plans to get to Mars** (Jan. 29)

Elon Musk, CEO of SpaceX and Tesla Motors, said he plans to reveal plans for a new rocket that would take astronauts to Mars by 2025. The new rocket, which Musk dubbed the "Mars Colonial Transport," will be separate from the current Falcon and Dragon series, which are currently being tested by SpaceX for missions to the International Space Station, according to an article on IFL Science.

The projected date of 2025 will be 10 years ahead of NASA’s own plans to get astronauts to Mars by 2035.

**Nestlé admits slavery in Thailand** (Feb. 1)

Nestlé, along with Cargill and Archer Daniels Midland, face legal action for the alleged use of child slave labor in cocoa farming in the Ivory Coast.

Last November, Nestlé admitted that they found forced labor in its supply chains in Thailand towards the production of its Fancy Food cat food brand, according to The Guardian.

This puts the company in position where they are fighting the allegations of child slave labor in one area while at the same time, disclosing slavery in another part of the world.

**Ketamine, a drug that is medically used as an anesthetic in emergency rooms, has shown to have a 75 percent effectiveness towards treatment in patients with severe depression.**

Studies have shown that a low dose of ketamine produces a rapid antidepressant effect and puts a quick end to suicidal thoughts, while traditional antidepressants and mood stabilizers can take weeks or months, according to an article on the Washington Post.

Even low doses of the drug can cause intense hallucinations, with patients reporting a kind of lucid dream state. Ketamine is also known as a date rape drug.

**Gene editing gets the go-ahead** (Feb. 1)

UK scientists have been approved by the fertility regulator to genetically modify human embryos. This has caused a controversy among people who believe this will set the stage for “designer babies.” However, it is still illegal to implant modified embryos in women, according to an article on BBC News.

This authorization was just for research purposes.

**Smokers in Italy hit with new fines** (Feb. 2)

Italy passed a new law, which could make smokers face fines up to 500 euros ($600) if they light a cigarette in a car with a child or pregnant woman present.

The smoking bans also extend to offices, restaurants, theaters and other public places as part of a new initiative from the government to dissuade young people from taking up the habit, according to the Associated Press.

An estimated 70,000 to 83,000 deaths a year are attributed to tobacco smoke in Italy.

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Opinions

Marriage has lost its value

By SERENA GOMEZ
Staff Writer

The institution of marriage is filled with fewer fairy tales and more economic security.

First, you fall in love, then comes marriage and children.

Today, however, it seems like divorce is becoming one of the traditional parts of the plan as well.

“About 40 to 50 percent of married couples in the United States divorce,” according to the American Psychological Associations.

In the past, it’s been said that girls imagine their huge Cinderella wedding with the perfect dress, location and most importantly, Prince Charming (in some cases another Cinderella)—dreaming that one day they will have the perfect life with the most romantic significant other.

It was known as “the best day of your life” and it is often said that, “you only get married once,” which may not always be the case.

The U.S. Census Bureau’s latest surveys show, “17 percent of Americans said, ‘I do’ two or more times.”

In my opinion, over the centuries there has been a shift in priorities toward more of a money hungry and conceived lifestyle.

There are some couples that join together in marriage for legal matters such as: deportation, tax benefits, or even just to split rent.

“While marriage is in decline, unmarried cohabitation is on the rise. Fifteen times the number of couples today live together outside of marriage than in 1960. Almost half of cohabiting households include children,” wrote Aja Gabel in UVA magazine.

Just in a matter of weeks I heard of people getting married because it was just “time,” for tax purposes or insurance benefits.

Some people get married because they feel safe, secure and comfortable in their relationships.

There are others who don’t want to “rock the boat,” by trying to start all over with someone else.

Then there are those who are interested with the idea of being in a relationship and having that other person there for them at all times.

Sometimes they are just focused on having someone rather than having the right person for them.

People jump so quickly into a relationship, they don’t think about how the two will workout out or if they are the right fit.

It can be a bit difficult picking that person you want to spend the rest of your life with because you don’t know the future, feelings and people can change, so divorce may be the right choice in certain situations.

Why be in a marriage if you aren’t happy? It is meant to be a positive union but there are a lot of people that see marriage as a negative thing.

Marriage is meant to be a commitment between two people that promise to be there for each other through thick and thin.

Today, more people are running from their marital problems, or even worse, not wholeheartedly committing to the love of their life.

Having extramarital affairs is scandalous and repulsive but our society instigates it by people actively showing off more than they need to on social media.

People even come up with dreadful nicknames such as side boo/main boo.

Chivalry is dying and not helping the romantic air flow either.

What happened to falling in love with your spouse?

Gender wage gap needs reform

By STEFFANIE MARTINEZ
Staff Writer

The fact the gender wage gap is still an ongoing issue is a sad reality of 2016.

On average, women not only earn less than men but they also must work longer for the same amount of pay.

In the United States, women are paid 79 cents for every dollar paid to men, according to the National Partnership for Women & Families.

Women of color earn even less; they earn 55 to 64 cents to the dollar white men earn.

“Women are not getting the fair shot they deserves,” stated President Barack Obama on the seventh anniversary of signing the Lilly Ledbetter Fair Pay Act.

The Fair Pay Act ensures that those affected by unfair pay discrimination are able to state their right in a court of law.

This act was signed back in 2009, so why is the gender gap issue still not resolved?

Much has changed since then; there are countless numbers of women doing the same jobs as men, yet their pay does not reflect that.

This past week Obama discussed the new rules that come as part of the Fair Pay Act—rules that will be expected to take effect September of this year.

Companies with more than 100 workers have to provide the government with data of employees’ salaries broken down by sex and race.

It is an exciting move considering it will give transparency to the gender pay gap issue, giving insight into which companies are part of the problem.

However, not everyone is behind the Fair Pay Act.

It is not surprising that some companies would be against this act, considering it would allow their employees the opportunity to file a law suit against them if they feel discriminated against in terms of unequal pay.

Unequal pay can be difficult to talk about.

If one finds out that their coworkers earn more or less than you, it can become an uncomfortable situation.

However, some women in the workforce are simply lacking awareness about unfair pay wages.

How can you fight against discrimination you are not aware of?

There are many theories as to why the gender wage gap exists.

Those theories include: men being more aggressive in terms of moving up, women taking maternity leave, lack of women in certain job fields, among other things.

Regardless of those theories mentioned, women making 55 to 79 cents in comparison to the dollar a man is unacceptable.

Moving forward with the Fair Pay Act will not only give the public perspective of what’s going on, but hopefully encourage companies to hire more women in areas that are lacking, and minimize the wage gap.

As a full time female employee working for a company who puts women in the forefront, I have hope that when I enter the workforce in regards to my career the wage gap will not be a problem.

There’s no reason why a woman should not be getting paid the same amount of money as a man.

I want to encourage women who are personally affected by the wage gap to feel empowered and speak up.

The government is taking small steps in the right direction, but who better to tackle this issue than women who are actually experiencing it?
The media exploits violence

By NICHOLAS WHITT
Staff Writer

Violence has always been a serious affliction of humanity. And now the media exploits the incidents of violence, which makes us hypersensitive to such situations. Media may incite people to behave in a certain way but in terms of causing violent behaviors, that is our own doing.

“If they [media] were a major cause of problems in society we’d know by now. But the evidence just isn’t there,” said Christopher Ferguson of Stetson University in an interview with CBS News.

The media does not have control on humanity’s reaction, nor does it affect whether individuals will be influenced by them. Instead, it highlights violence happening around us, making us less ignorant about where we reside.

There is an average of 293,000 instances (victims age 12 or older) of sexual assault each year according to rainn.org.

Organizations like Family Watchdog inform us about perpetrators who have sexually assaulted people; this information is openly available to the public.

“Almost 40 years, after, the mainstream press made date rape the issue of the moment; women are still highly likely to be sexually assaulted by an acquaintance such as a date; little changed, it seems, from the media spotlight, however distorted it was,” said Paul L. Thomas, associate professor from Fairman University. Media allows viewers the opportunity to receive factual information, instead of talking ignorantly out of their hat.

Police brutality is a controversial topic in the media. Especially now since people have the ability to record unfortunate wrongful incidents of police brutality.

In the first 24 days of 2015, police in the U.S. fatally shot more people than police did in England and Wales combined, over the past 24 years, according to The Guardian.

Police authorities are supposed to be keepers of peace—without media this concept would still be true in people’s eyes.

Police officers in 2015, according to the findings in a study by The Guardian study, recorded a final tally of 1,134 deaths at the hands of law enforcement officers this year.

However, there are many incidents covered by media outlets that have negatively affected societal views, causing people to form seemingly ignorant opinions about violence.

“The media is exploiting the terrible death of 17-year-old Trayvon by convicting the man who shot him, George Zimmerman, of wrong doing on television,” Fox News commenting to News Max Media. Police brutality is normally never thought as justice done correctly, but Zimmerman, who never had police training, killed Martin and was portrayed by media as righteous for shooting the 17-year-old.

This event sparked controversy across the U.S., with people protesting about the incident.

Media in reality does have the ability to adversely influence individuals to react accordingly to how they see fit, but only depending on how impactful the event may be.

Furthermore, media can also have a somewhat positive influence on how viewers see certain situations.

With inadequate government controls, the media was now able to publish uncensored pictures and videos showing the brutality of the war in Vietnam and, thus, vastly influenced American public opinion in unprecedented proportion, according to thevietnamwar.info.

The media had a large enough influence over the U.S. to make the final decision for them on why they pulled out of the war.

The reason for this is not because of people following the media like mindless robots, but because they found out the truth, which never could have been known without the media.

Media is essential for society to become less ignorant about the world and become involved with how certain lives are affected.

It is a powerful tool, allowing for control over individuals will; but that depends on if those individuals do not have enough knowledge to maintain informed.

Rejection should not lead to violence

By RACHEL RUNDENGAN
Staff Writer

It is not a mystery nor is it a secret that being rejected sucks. I can safely say that everyone has at least been rejected 10 times, by the age of five.

As we grow older though, rejection becomes a little bit more intense and we begin to notice just how much damage a rejection can cause.

There have been too many incidences of violence against women due to the outcome of rejection.

“More than 80 percent of women worldwide experience some form of street harassment in their lifetime,” stated Lauren McEwen, a writer for the Washington Post.

“One out of every six women in the U.S. have been the victim of completed or attempted rape, and almost three out of every 10 women have been the victim of physical assault, rape, or stalking at the hands of an intimate partner,” continued McEwen.

A simple “no” from a woman could backfire and take her on a ride of foul consequences, even if it meant well, we have the tendency of blaming ourselves for the things we lack, making the pain worse.

According to British novelist Graeme Shimmin, being unable to deal with rejection is not a male or female trait, it is a human trait.

“MRI studies show that the same areas of the brain become activated when we experience rejection as when we experience physical pain—this is why rejection hurts so much neurologically speaking,” stated Guy Winch, psychologist and author of Emotional First Aid.

“MRIs show that the same areas of the brain become activated when we experience rejection as when we experience physical pain—this is why rejection hurts so much neurologically speaking.”

Psychologist and author Guy Winch

As a result, rejection can really ruin a person’s self-esteem—even if it meant well, we have the tendency of blaming ourselves for the things we lack, making the pain worse.

“When a man interacts with a woman, his greatest fear is sexual rejection and humiliation,” stated Tucker Max and Geoffrey Miller, writers of thoughtcata- log.com.

“This causes him to spend as much time and energy on defensive strategies to protect against rejection as he does on mating strategies to attract women,” continued Max and Miller.

It is unfair for a woman to have to worry about rejecting a man’s sexual advances.

“This places too much responsibility for women,” said Dr. Liliana Gallegos.

We shouldn’t have to intently think about the outcome if we refuse to comply with a guy’s and his approach.

“Men have to be actively educated,” concluded Gallegos.

These ladies of violence against women can be prevented by expression of compassion, applying the golden rule, and withholding retaliation from rejection.

To the man who has physically hurt a woman after she rejected you, put yourself in her shoes and ask yourself, how wonderful it is to be beaten, attacked, and punished for refusing to do something you just don’t want to do?

Ask yourself: how punishing a woman for saying no to you makes you a man.

And if that’s not enough, then I suppose you were never really one.
Features

Valentine’s Day survival guide

By ERENDEY TORRES
Staff Writer

Valentine’s Day is right around the corner and do you know what that means? Bingo—you guessed it: first dates, roses, chocolates, teddy bears, and potential new relationships.

“Ah, the romanticism. Or it can be completely opposite: single, stuffing your face with chocolate ice cream, watching reruns of ‘Friends,’ and wiping your runny nose on your cat.”

Though the second scenario sounds quite tempting, you will not spend Valentine’s Day alone.

“The ratio of single men in their 20’s to single women in their 20’s is 1.2 to 1, according to the website Statistic Brain Research Institute. You will not be part of either of those ratios. Having a successful Valentine’s date is the goal—we need to avoid disasters at all cost.”

Student Gabriela Fernandez shared an interesting first date story.

“When her date picked her up from her house, he had a surprise for her. "When he told me [he had a surprise], I got really anxious. Especially because he reached to open the backseat of the car. I thought a puppy would jump out or there would be a big flower arrangement waiting for me," continued Fernandez.

“‘Here’s the problem with bringing up your former flame (let’s call him Brad): if you trash his name, he will be the biggest deal breaker. Mentioning any of these two things will make the date extremely awkward—not to mention the biggest deal breaker. ‘“When you’re miserable, people feel sorry for you. Not only that, they often feel obscurely guilty, as if your misery might somehow be their fault,” stated Cloe Madanes in the article, ‘The 14 Habits of Highly Miserable People.’

“Do not mention your ex or bring your sex-life into the conversation. Mentioning any of these two things will make the date extremely awkward—not to mention the biggest deal breaker.”

“‘The time that it takes to watch the cute animal videos is not a waste of time to me, because when I watch the cute animal videos, I’m so happy,’ said student Jaejun Ka.

“‘I also think the cute animal videos bring joy and have been shown in some studies to reduce tension and improve mood.

“Many studies have even suggested that watching internet cats "could be used as a form of digital pet therapy or stress relief," according to Jessica Gall Myrick, who surveyed nearly 7,000 Internet users.

“I have two puppies. Watching the cute animal videos reminds me of my puppies whenever I watch the videos, especially the cute puppy videos. The puppies that act like humans in the videos are one of the cutest animal videos," said student Kiyoung Baek.

“When the cute animals act like humans in the videos, they really look like babies and they are so cute. They also look like idols, but the action like idols is also really cute and funny. Those actions make me really happy,” said student Seungkyoung Baek.

“Like Baek, when people who have a puppy or a cat watch cute animal videos, their puppies or cats immediately come to mind.

“The time that it takes to watch the cute animal videos is not a waste of time to me, because when I watch the cute animal videos, I’m so happy. The cute puppies and kittens in the videos are very similar to my puppies," said student Sooin Moon.

“I also think the cute animals, such as kittens and puppies, are really similar to my puppies. My puppies sometimes act like the cute animals from the videos," said Baek.

“Even for people who may not have pets, they watch adorable animal videos as a distraction from their worries. ‘I don’t have a puppy or kitten, but I really like to watch the cute animal videos. When I am irritated or annoyed about something, watching the cute animal videos makes me happy and helps me relieve stress," said student Jaekun Ka.

“The cute animals’ actions make people happy and smile. They help people relieve their stress, because the actions are so funny.

“When conducting a task that’s stressful, people actually experienced less stress when their pets were with them than when a supportive friend or even their spouse was present,” according to Elizabeth Scott, M.S., a Stress Management Expert.

“Watching cute animal videos is not a waste of time—we time it well spent.”

For the love of all things cute

By JAEYEON KIM
Staff Writer

Cute animal videos have taken over the Internet with the help of YouTube, Facebook, Instagram, and other internet sites.

“Funny Animal Videos - Over 13 Minutes of Hilarious And Cute Animal Moments” on YouTube has 5 million views. Other videos of funny animals on YouTube have 2 or 3 million views. People are so addicted to watching adorable animals videos because they are so cute and funny.

Cute animal videos bring joy and have been shown in some studies to reduce tension and improve mood.

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“The time that it takes to watch the cute animal videos is not a waste of time to me, because when I watch the cute animal videos, I’m so happy.”

Sooin Moon
Student
Millennial struggles

By MARIA DE LOURDES CAMPOS

Several years ago, there may be many adults whose minds were taken by the unexpected social media phenomenon known as the "Ice Bucket Challenge." This challenge was popular about two years ago and gained much attention due to its simplicity and appeal. The challenge involved pouring ice water over one's head and then naming three friends to do the same. The Ice Bucket Challenge was popular about two years ago and gained much attention due to its simplicity and appeal. The challenge involved pouring ice water over one's head and then naming three friends to do the same. The main goal of the challenge was to raise awareness and funds for ALS, a disease that affects nerve cells in the brain and the spinal cord, leading to motor neuron disease. The Ice Bucket Challenge was able to raise millions of dollars for ALS research and awareness.

The Ice Bucket Challenge was not just a social media phenomenon; it was also a great social campaign. After the challenge is finished, participants tag three to five friends to continue the challenge, sharing the video or photo on social media platforms. This creates a chain of challenges that can go viral, encouraging people to participate and support the cause. The Ice Bucket Challenge has been successful in raising funds and awareness for ALS, as well as promoting the importance of supporting research and finding a cure for this disease. It is a reminder that social media can be a powerful tool for spreading awareness and making a positive impact on society.

The cinnamon challenge is another concerning trend that has gained attention on social media. The challenge involves swallowing a large spoon of cinnamon powder without drinking anything for 60 seconds. The cinnamon powder can irritate the throat and cause coughing, which can lead to choking. The challenge has been linked to several cases of severe injury, including hospitalization and death. In one case, a 12-year-old girl choked to death playing this challenge. The cinnamon challenge is not just dangerous and potentially life-threatening; it is also distressing to watch and copy. It is important to remember that social media challenges can have serious consequences and that it is essential to prioritize safety and health.

The Kylie Jenner Lip Challenge is another harmful trend that has been popular among young people. The challenge involves applying a thin layer of lip gloss, then applying a pop of color, and finally removing the color by licking the lips. This trend has been criticized for promoting body image issues, as it focuses on external appearance and beauty standards. The challenge has also been linked to cases of oral trauma, as people may accidentally bite down on the lip gloss or use too much pressure when applying the color. It is crucial to be aware of the potential risks and consequences of social media challenges and to prioritize safety and health.

The "Chubby Bunny" challenge is yet another trend that has gained attention on social media. The challenge involves suckling in a stuff animal while a person is forced to say "Chubby Bunny." This trend is not only distressing to watch and copy; it is also distressing to participate in. The "Chubby Bunny" challenge has been linked to cases of trauma, as people may accidentally bite down on their own lips or use too much pressure when applying the face mask. It is important to remember that social media challenges can have serious consequences and that it is essential to prioritize safety and health.

The "Water Bottle Challenge" is another trend that has gained attention on social media. The challenge involves pouring water over one's head and then naming three friends to do the same. The main goal of the challenge is to raise awareness and funds for a particular cause. The "Water Bottle Challenge" has been successful in raising funds and awareness for various causes, as well as promoting the importance of supporting research and finding a cure for this disease. It is a reminder that social media can be a powerful tool for spreading awareness and making a positive impact on society.

The "Blackout Challenge" is another trend that has gained attention on social media. The challenge involves swallowing a large spoon of cinnamon powder without drinking anything for 60 seconds. The cinnamon powder can irritate the throat and cause coughing, which can lead to choking. The challenge has been linked to several cases of severe injury, including hospitalization and death. In one case, a 12-year-old girl choked to death playing this challenge. The cinnamon challenge is not just dangerous and potentially life-threatening; it is also distressing to watch and copy. It is important to remember that social media challenges can have serious consequences and that it is essential to prioritize safety and health.

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A$AP Rocky has been changing the hip hop scene since he was first noticed rapping around New York with the A$AP Mob. While he has been breaking barriers down in the music scene, he has also made a pretty interesting impact on the world of fashion.

The same man who showed up to his appearance on 106 & Park wearing a dress, Rocky is officially setting the standards for the future world of modern day fashion.

Growing up in the streets of New York, he wore the common name brands of the time. Rocawear, South Pole, and Ecko were just some of the brands he was known to rock as he was coming up. Since becoming famous, he has ditched the urban wear and ventured into the side of high fashion.

He is now known to be walking down the streets of New York City, wearing designers such as Raf Simons, Rick Owens, Alexander Wang, and Versace. Through these designers, Rocky is testing society's view on gender appropriate attire, modern day culture, and artistic expression.

However, Rocky takes pride in not being a fashion designer, referring to himself as a trendsetter or “ghetto hipster,” as stated in an interview with Forbes. He has recently collaborated with Guess in their new line Guess Original.

The debut collection is for men and women, focusing on denim such as acid wash frayed shorts, bomber jackets, and overalls.

When it comes to his style of fashion it’s all based on individuality, his fashion can be viewed as a way of expressing his individual thoughts, likes and dislikes. In fact, he has no desire in becoming a fashion role model of any kind, even though it is apparent that he has become one, as stated in a GQ interview.

Rocky is not your typical hip hop icon, being that he is not afraid to step outside the typical “rap star” style of fashion as can be heard in his songs “Fashion Killa” and “Peso.”

“I think that ASAP Rocky is very trendy, I like his style. I would say he’s in a category by himself fashion-wise. His style is a reflection of his music, and they both fit him,” stated student A’shaaree Brown.

Rocky’s “ghetto hipster” appeal has led him to a few collaborations with some of his favorite designers, like a limited edition collection of sweaters and t-shirts with Raf Simons 1995, as well as a series of black winged Adidas sneakers with Jeremy Scott, released in Fall 2013. Rocky also has a possible collaboration with Balenciaga’s creative director Alexander Wang, which is in the planning stages.

“He’s for sure going to have his fans supporting him and individuals who like his sense of fashion,” stated Brown.

Not afraid to show creativity with a pair of skinny jeans, an expensive silk scarf, marijuana covered boxers, a blazer, and a pair of Adidas, Rocky is definitely pushing the boundaries and making a huge impact on the youth of today.
DOES & DON’Ts OF FASHION

By JAYNENE MORENO

Shoppers are always making good and bad style choices when dressing themselves in the morning, forgetting that fashion makes a statement. “When you’re in the mood in the morning I grab the quickest thing possible,” said student Carmen Reyes. “And although I’m comfortable, I know I don’t look my best. Keeping the cold weather in mind as a trend when choosing your outfit to start your day off right.

“Everyone can wear whatever they want, but it is stylish to wear short shorts in the winter,” said student Chelsie Bilotto.

A way to wear shorts in cold weather while avoiding freezing your butt off, is to style them with a cute pair of stockings underneath.

When aiming to dress to impress, it is important to consider the color and fit the particular clothing pieces you decide to wear.

Dark colors such as navy blue and burgundy are good for the winter, while warm colors are far too bright for this overcast weather. It comes to styling your clothes into take consideration of the season that it doesn’t matter if the style is trendy, what matters is if it is the perfect color in order to top you.

One way to lay above the的事实 are not for everyone or, it is definitely not necessary to show skin to grab attention. The fashion is yours, you are wearing your clothes, you can dress your hair as appropriate.

Accomplishing the best features of your body, while showing less skin is something that gets great feedback. Extremely baggy clothes on both women and men can be very flattering. You can balance baggy t-shirts with fitted pants or vice versa, bell bottoms or boyfriend jeans. You can look comfortable and look good while doing it. It’s a way to be able to make yourself appear taller, leaner, and thinner.

Another thing to think twice about is wearing graphic tees because what they display can send out a message you are not trying to send. The tees can be helpful, making you stand out, CDs, opening up an opportunity, or just plain silly.

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By JARITZA MENDOZA  
Staff Writer

Sundance Film Festival concluded with “Birth of a Nation,” setting a new record, while Netflix and Amazon became the biggest buyers.

One of the most talked about films presented at Sundance 2016 was “The Birth of a Nation,” which won the U.S Grand Jury Prize: Drama and Audience Awards: U.S. Dramatic, and has already created buzz on as being an Oscar contender for next year.

The film written, directed, and starred by first time filmmaker Nate Parker, which shares the title with D.W. Griffith’s 1915 “The Birth of a Nation.” The two films have nothing in common.

Parker’s film focuses on the slave rebellion Nat Turner lead during the harsh 1830s. Griffith’s controversial film, however, focuses on the rise of the Ku Klux Klan and depicts African-Americans as illiterate rapists.

“When it comes to what happened here, so many things have been sanitized that we don’t know the truth from the lies,” said Parker in an interview with The Hollywood Reporter.

Parker’s film broke the record for biggest purchase in Sundance history after choosing Fox Searchlight’s $17.5 million bid as opposed to Netflix’s offer of $20 million, most likely due to Fox Searchlight’s larger film distribution.

Although Netflix lost the bid for “Birth of a Nation,” both Netflix and Amazon dominated the festival, obtaining six films each. Netflix’s largest purchase was $7 million for “The Fundamentals of Caring,” starring Paul Rudd and Selena Gomez.

The film focuses on Ben (Rudd), an unemployed father, who becomes the caregiver of a teen with muscular dystrophy, while mourning the death of his son, and embarks on a road trip where he meets a runaway (Gomez), and a pregnant woman, Peaches (Megan Ferguson). Netflix’s other purchases included “Tallulah,” starring Ellen Page ("Juno") as a free-spiritual traveler who takes a baby from a negligent mother and passes the baby off as her own with the help of her ex-boyfriend’s mother, played by Allison Janney (“The Help”).

Amazon went home with the second biggest deal with Kenneth Lonergan’s drama “Manchester by the Sea,” for $10 million. Deemed a must-see by many attendees, the film focuses on Casey Affleck’s character who travels to his hometown after his brother’s death and learns he must become the guardian of his teenage nephew, played by Lucas Hedges (“Moonrise Kingdom”).

Another film acquired by Amazon included Clay Tweel’s “Gleason,” which follows the story of ex. NFL player Steve Gleason who was diagnosed with Amyotrophic Lateral Sclerosis at age 34. Last year, Amazon had walked away without purchasing a single film, while Netflix acquired one documentary; this year, however, we can assume that the future of independent movies is gearing towards streaming companies.

When asked her opinion how this might affect movies, student Jasmine Turner said, “Honestly, I think audience attendance will start to decrease because these streaming companies make things easier and cheaper for audiences.”

Through the fierce bidding of the streaming companies, many films valued were raised, including the Directing Award: U.S. Dramatic winner “Swift Army Knife,” starring Daniel Radcliffe as a corpse with a continuous flatulence problem and Paul Dano as someone stranded on an island who uses Radcliffe’s body to escape the island.

Other buzzed about films included the fraternity-hazing drama “Goat,” starring singer Nick Jonas and John Krasinski’s family drama “The Hollars,” starring Anna Kendrick and John Krasinski.

With Sundance films’ rising controversy towards other corporate companies, it is harder to consider that this might be the end all, be all of film festivals.
Women’s basketball falls on the road

By KIARA PAUL
Asst. Sports Editor

Coyote women’s basketball now have three more losses to add to their record. The trio of losses began on Jan. 28 when the Coyotes headed to Pomona to face off with the Cal Poly Pomona Broncos.

The Coyotes field goal percentage was 24 percent in this game against the Broncos, which was significantly lower than their average field goal percentage of 38 percent. The Coyotes did have a higher three point field goal percentage of 33 percent, when they typically average around 27 percent.

The Coyotes had a rough start as the Broncos were up by 10 in the first quarter. Coyote Chelsea Austin made a three-pointer and nearly seconds later, Chelsea Barnes followed up with a jump shot, bringing the score to 10-5.

The first quarter ended with the Broncos in the lead, 16-5. The second quarter started with a jump shot by Sophie Bhasin with an assist by Austin. The Coyotes stepped up their game within the second quarter, both teams tied 23-23 at half time. The Coyotes would not tie with the Broncos again until the beginning of the fourth quarter.

The Coyotes headed up north for their next game against the Humboldt State Lumberjacks.

The Lumberjacks beat the Coyotes 80-73, after a battle over four quarters and a period of overtime. The Lumberjacks' Kiama Brown completed a layup, the Lumberjacks and Coyotes were tied 68-68. Five minutes were added to the clock for overtime, Harden made a jump shot, which brought the Coyotes up by two points. The Coyotes and Lumberjacks were neck-and-neck the entire game. By the end of the third quarter, it looked like the Lumberjacks had the game when they were up by 13 points. At the end of the fourth quarter the Coyotes finally caught up to the Lumberjacks.

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The Coyotes and Lumberjacks played, matching each other score for score. Tied up once again in the fourth quarter, Coyotes fouled the Sea Lions which gave the Sea Lions the opportunity for free throws. Sea Lion Sydney Tonack, stepped up to the free-throw line and made both shots. Once the Sea Lions gained the lead they did not stop with the points.

The fourth quarter ended with the Sea Lions’ win by 11 points. Sea Lions beat the Coyotes 67-56.

The Coyotes return home Feb. 12 and 13 to take on the Stanislaus State Warriors and Chico State Wildcats.

Coyote Adriana Brodie then added three more points to the score board, which put the Coyotes in the lead. The Lumberjacks quickly caught up when Harden fouled Jacks’ Amanda Kunst. Kunst made both free throws and tied up the game again. The Lumberjacks kept their momentum and racked up the points, winning the game in overtime, 80-73.

The final game the Coyotes played was against the Point Loma Sea Lions. Barnes was the point leader in the game against the Sea Lions, with 20 points. The Coyotes were a bit under their average field goals percentage, coming in at 34 percent.

The Coyotes put up a tough fight, while the Sea Lions held the lead for three quarters. The Coyotes finally tied up the game when Alexcia Mack made two free throws after Sea Lion Madison West fouled her. The Coyotes and Sea Lions played, matching each other score for score. Tied up once again in the fourth quarter, Coyotes fouled the Sea Lions which gave the Sea Lions the opportunity for free throws. Sea Lion Sydney Tonack, stepped up to the free-throw line and made both shots. Once the Sea Lions gained the lead they did not stop with the points.

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**Baseball takes 2 out of 3 to start season**

By WILLIS TORRES
Staff Writer

Coyote baseball is in full swing as the team has just taken 2 out of 3 games from the Sonoma State Seawolves.

The Coyotes scored 18 points in the first half against the Broncos as Cal Poly would have better luck against the Lumberjacks.

The Coyotes took on the Seawolves in a doubleheader on Jan. 30, where they took the first game a 1-0 shutout. An RBI single by Luke Carter was all they would need.

If the Coyotes play, they will be playing an exhibition against the Lumberjacks this week.

The next two games will both be home games as the Coyotes are on fire with a score of 5-1 and continued to stay on fire.

The Coyotes will return home on Feb. 10 to play the Vaqueros of the University of Hawaii at Hilo in a double header. The first game of the double header will be at 2 p.m. and the second game at 5 p.m.

**Softball sweeps Mercyhurst to kick off season**

By JACQUE MONARREZ
Staff Writer

The Coyotes swept the Lakers of Mercyhurst University on Feb. 12.

The first game in the series of the season was with a bang. The Coyotes played a double header against the Lakers of Mercyhurst University.

The Coyotes were 0-1 in the opening game as they were outscored by the Lumberjacks 14-1.

A 4-0 shutout loss put the Lakers up 2-0, Brown went 3-for-4 while Gannell went 1-for-2.

Coyote Amanda Herren earned a fielder’s choice RBI by driving in Brown and Harandec, putting the Coyotes up 4-1.

The Coyotes ended the fourth inning with a score of 5-1 and continued to stay on fire.

Junior Cassandra Williams allowed no hits striking out seven batters in the fifth innings that she pitched against the Lakers.

Caelan Smith hit a double to left center, bringing in Cassie Daniel to start the scoring in the bottom of the fifth.

With 41 seconds left on the clock, the Lumberjacks regained the lead with a three-pointer by the Lumberjacks’ Thomas Wiltzer. The final score was 92-93 with the Coyotes taking the lead.

The Coyotes ended the game by scoring nine points on a home run to make it 92-93.

The next game in the series was with a bang. The Coyotes were 0-1 in the opening game as they were outscored by the Lumberjacks 14-1.

The Coyotes continued to score one run after the other, eight after, Aquilini tied an RBI, bringing in Brown.

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Coyotes sweep in the double, showcasing on their tournament as they walk. The Coyotes beat a total of three home runs, four doubles and one triple in the opening series against Mercyhurst to sweep their series with a 2-1 win.

“armer’s pitch makes artist.”

The Coyotes women’s softball team opened the 2016 season with a bang.

The Coyotes scored twice in the first home game of the season for the Coyotes will be a doubleheader against the University of California, San Diego on Feb. 27.

The third and final game of the series was a nail bitter as it ended in extra innings.

In game one, Sophomores Jessica Brown and Kaylee Gannell both had solo home runs in the second inning, putting the Coyotes up 2-0.

In the bottom of the fourth inning Brown hit a double, which advanced pitcher Jessica Brown.

Coyote Amanda Herren earned a fielder’s choice RBI by driving in Brown and Harandec, putting the Coyotes up 4-1.

The Coyotes made sure to fire back, scoring in the bottom of the fifth. The Coyotes scored twice in the first home game of the season for the Coyotes will be a doubleheader against the University of California, San Diego on Feb. 27.

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Coyote Amanda Herren earned a fielder’s choice RBI by driving in Brown and Harandec, putting the Coyotes up 4-1.

The Coyotes continued to score one run after the other, eight after, Aquilini tied an RBI, bringing in Brown.

With 41 seconds left on the clock, the Lakers retook the lead, making the score 7-6 until the bottom of the sixth when the Coyotes kicked it into high gear.

Sophomores Monica Maddox and Ashley Leffingwell scored putting the Coyotes back in the lead 8-7.

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