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2017

### The CBA Way

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#### Recommended Citation

Buckley, Annie, "The CBA Way" (2017). *Teaching Tips*. 6.  
<https://scholarworks.lib.csusb.edu/teach-tips/6>

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## **The CBA Way**

Our curriculum is focused on facilitating the development of personal agency and the power of self-expression and communication among our participants. To do this, we integrate technical skills in art alongside creative and expressive skills and practices, collaboration, and co-creation.

The classroom environment is important to our program. We collaborate with participants to create a calm, focused, positive, and supportive learning environment for all participants.

Our classes are based on the needs and interests of our participants and the expertise and ingenuity of our teaching teams. To that end, we have developed a series of core classes that we offer at most sites and we also continually revise, adapt, and enrich our program content.

We want our participants to know that they are part of a larger story of art and history. To achieve this, we bring guest artists to share their work and all our regular programming includes three parts: a) historical and/or cultural content, b) creative practice, and c) reflection.

## **Program Goals**

### **1. *Collaboration and Planning***

Community-based Art actively engages in collaborative planning by seeking feedback from participants, teaching artists, administration, and faculty with the goals of: fostering connections, facilitating organic growth, empowering all members, and encouraging mutuality and shared learning.

### **2. *Supporting Interpersonal and Intrapersonal Skills***

Community-based Art supports the development of interpersonal and intrapersonal skills (confidence, communication, patience, relaxation, decision-making) alongside the development of creative and technical skills in art.

### **3. *Integrated Art Education***

Community-based Art facilitates a cohesive and integrated approach to art education that includes art making, reflection, and art history/art appreciation in every class and a range of artistic styles and mediums across the program, and a diversity of art and artists from across the globe and throughout time.